



## PROFILE/ EXPECTATION OF TODAYS REFEREES

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## Preparation like the teams:

- theoretical/tactical
- physical



– teamwork/cooperation







## Theoretical preparation :

knowing of actual trends in tactic and strategy

- presentations
- practical applications
- specific game-situations (pivot, wing, acting)



- Physical preparation :
  - like a players



- regular training program
- fitness and nutrition program
- running paths, position on field



- Mental /psychological preparation:
  - Concentration skills
  - Reaction ability
  - Anticipation





Teamwork/Cooperation :



- position -,moving-, to get better angle
- different defence and attack systems
- personality and behaviour
- avoid compensation- consistency



