

Qualification and units								
- Qualification: Vocational qualification in sports coaching - Occupational field : Coaching a sport								
Level		Units	Title/Description	Characteristics			Credit points	
EQF	Nal	7 units					Number	EQF Level
3	Upper secondary	Qualification	Coach of beginner sports people	Nature	Validity	Accreditation of Prior Learning	120	3
3		Unit 1	Basic training of beginner sports people	Compulsory	5 years	X	35	3
3		- Sub unit	Planning of sessions	Compulsory	5 years	X	20	3
3		- Sub unit	Delivery of sessions	Compulsory	5 years	X	15	3
2		Unit 2	Level of play	Compulsory	5 years	X	30	2
3		Unit 3	Sport science	Compulsory	5 years	X	20	3
3		Unit 4	Equipment and facilities	Optional	5 years	X	20	3
3		Unit 5	Native language	Optional	3 years	X	20	3
3		Unit 6	First aid in sport	Optional	5 years	X	8	3
3		Unit 7	Rules and regulations in the sport	Compulsory	3 years	X	7	3