# EHF-Course NO. 5 for <br> EHF Beach Handball Referee Candidates 

Match Preparations

European Handball Federation

# Beach folks are true friends! 

http://www.youtube.com/watch?v=x-kGj97rIOA

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## Personal preparations for the match

## - Before the game

- In time (hello to the people around)
- Shake-hands with officials (eyes/hand)
- Say HI or nick to the players (not shake)
- Warming up on (near) the court
- Everyone can see that you are serious
- Follow your routine
- Check goals, sand, lines, balls, accessories
- Substitution Area, match report
- Official A - NBNBNBNBNBNBNB
- Coin toss 5 minutes before match
- Shake-hands with captains, small talk

- "We expect your team to PLAY FAIR, Agree?"
- Don't forget the caps during anthems!


## Personal prep.......(you are still at work)

- During the match
- Work, move, you are athletes (not overkill!)
- Never look angry and mad if you do not use it in progressive actions
- Smile when something special happens
- Look nice, not arrogant!!!
- In the break, still show that you are working
- Check the score sheet, lines, small talk
- Use your body in progressive actions
- Use "referees 360" in high level spectacular goals
- Clear body language and clear signs to the table

- Tell timekeeper- and scorekeeper to copy


## Personal........(you cannot finish before you have left the court)

- After the match
- Shake-hands with your partner
- Then the players will come to you
- Do not go to or after the players
- Shake-hands with the officials

- Only those coming to you
- Then go to table for the Score sheet
- Remember reports (injured or disciplinary)
- If official \& players will talk about the match, ask them kindly to wait until you are finished
- Big talks, you ask kindly if you can meet the coach off the court.
- ANALYZE (briefly) the match
- with your partner (IMPORTANT)
- Expect 2 good topics from the delegates)


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## Evaluation

- EChs and EHF Courses
- Officials' and Delegates' report
- And an overall report
- Average during the tournament
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- And an overall report
-Average during the tournament
- Refs to refs report



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