



European Handball Federation





EHF Competence Academy & Network

Where do we come from?

Where are we now?

Where do we want to go?



Handball – **Europe's** Top Indoor **Team Sport**





Competition Cycle, Calendar & Format





Game Development, Research & Facilities





Rules, Regulations & Officiating





Event Management





Daily Business





Cooperation with EHF





Handball Vision, Mission & Strategies





Know-How Transfer, Education & Training on the Job



EHF Motion No. 4 "Educational Facilities" 8th EHF Ordinary Congress 2006 in Vilamoura/POR

Both European Union Educational Programmes (ENSSEE = European Network of Sports Science, Education and Employment, AEHESIS = Aligning a European Higher Education Structure In Sport Science, etc.) and Certification (ECVET = European Credits for Vocational Education and Training) form a new educational background in Europe.

Our facilities:

- ► European Handball Know-how/Experts in the National Federations and Clubs/Partners
- ► EHF Coaching/Referee/Delegate Training Courses
- ► EHF Rinck Convention (14 Member Federations)
- ► EHF Commission Members/Lecturers/Mentors
- ► EHF Workshops/Conventions/Seminars with National Federations, Organising Committees, Teams, Clubs
- ► EHF Programmes for administrators, athletes, business executives and post-graduates
- ► EHF Development/Foster Project
- ► EHF Documentations/Publications/Websites

"LET'S CREATE THE BASIS FOR PROFESSIONALLY MANAGING EUROPEAN HANDBALL KNOW-HOW!!!"



Since the start of the EHF in 1992 the EHF Technical Commissions as the EHF technical bodies have worked on/handled all educational matters within the EHF.

EHF Statutory Basis/Responsibilities:

The EHF Competitions Commission (CC)

The Competitions Commission is the EHF's technical body for competitions.

It is subordinate to the Executive Committee, which may assign to it areas of authority and responsibility in addition to those laid down in EHF statutes and regulations. The CC consists of a chairman and four individually elected members with responsibility for:

Chairman:

1. Men's competitions

2. Women's competitions

3. Refereeing

4. Club competitions

Jan Tuik/NED

Jesus Guerrero/ESP

Helga Magnusdottir/ISL

Sandor Andorka/HUN

Leoplod Kalin/SLO



The EHF Methods Commission (MC)

The Methods Commission is the EHF's technical body for methodical matters.

It is subordinate to the Executive Committee, which may assign to it areas of authority and responsibility in addition to those laid down in EHF statutes and regulations. The MC consists of a chairman and four individually elected members with responsibility for:

Chairman:

- 1. Methods and coaching
- 2. Education and training
- 3. Youth, school sports and non-competitive sports
- 4. Development

Frantisek Taborsky/CZE
Ton van Linder/NED

Wolfgang Pollany/AUT

Itzhak Teomim Frenkel/ISR

Allan Lund/DEN



The EHF Beach Handball Commission (BC) – as of September 2008

The 8th EHF Extraordinary Congress 2007 in "Rome/ITA voted in favour of introducing a Beach Handball Commission as an additional EHF Technical Commisssion to deal solely with the sport of Beach Handball. This will consist of a chairman and four members to be elected at the 9th EHF Ordinary Congress 2008 in Vienna/AUT, with the following tasks:

| Chairman: | ? |
|------------------------------|---|
| 1. Events and Competition | ? |
| 2. Officiating | ? |
| 3. Game Design and Coaching | ? |
| 4. Development and Promotion | ? |



EHF Lecturers



















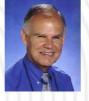












































EHF Mentors

































EHF CAN - The Idea



EHF CAN
EHF Competence
Academy & Network



Competence Network

Academy Service

EHF Member
CAN Federations
Services Experts

Know-how/
Competence
Transfer Network

Partners & External Experts
Handball Public & Media

EHF Congress
EHF Member Federations
EHF Executive Committee
EHF Finance Delegation
(Budgeting)
EHF Secretary General
EHF Commissions
(Competitions/CC, Methods/MC, Beach
Handball/BC,
Court of Appeal COA)
EHF Technical Advisory Board
(CC, MC and BC Chairmen)
EHF Office
(Business Groups)
EHF Marketing

Competence/Task/
Management Training, Curricula, Lecturer Staff,
Certification, Documentation, Research,
Courses,e-Learning, Teaching Aids,ECTS points

relating to a "5 Pillar System"

EHF Member Federations
EHF Officiators
EHF Partners
EHF Office Staff
Handball/Sport Public
Media&Public



EHF CAN - Preamble

- The European Handball Federation (EHF) is the governing body of handball in Europe! Its 50 member federations represent and stand for 50 different kinds of national and international handball know-how and competence. It goes without saying that the unique national handball schools/philosophies shall preserve and by no means be replaced by a centralized, uniform and directive handball education!
- Handball research, know-how exchange and competence transfer in Europe shall be fostered as an EHF service for the EHF member federations by making use of national and international handball experts as well as external lecturers from sport science, medicine, other sports, economy (marketing, equipment suppliers), media (press, TV, Internet) and other team sports.



EHF CAN – The Objectives

The EHF CAN shall be regarded as an

- educational service centre for EHF Member Federations with subsidies and scholarships granted
- educational service centre for EHF Officials'/Office management training on the job

The EHF CAN shall

- develop and deliver sport specific educational and training programmes
- ensure that coaches, officials, athletes and administrators from all over Europe have access to the highest quality education relating to "handball know-how" by offering competences in e-learning, blended learning, interdisciplinary courses of various duration, summer schools or mainstream 2-4 semester courses

The EHF CAN shall

- set-up business executive educational programmes for further educating and training sporting administrators, resort managers and event executives in the handball event management business, e.g. in event-related courses

The EHF CAN shall

- build-up a documentation centre including the production of modern teaching aids and media as well as cooperation agreements with research&developing partners, suppliers and testifying institutions

Activity Areas:

Technical/Officiating/Coaching Know-how
Management/Event/Marketing/Legal Know-how
Scientific & Research/Game Development/Promotional Know-how



EHF CAN – The Objectives

Target Groups:

EHF Member Federations

EHF Officiators

EHF Partners

EHF Office Staff

Handball/Sport Public

Competence Modules:

Handball official-related education (referee/delegate courses as already carried-out)

Handball coach-related education (Rinck Convention/ENSSEE, European coaching clinics as already carried-out)

Event management and training on the job (office staff and key personnel)

Sport science-related education, studies and research (universities, EHF partners)

Athlete-related education

Sport management training (post graduate education, ECTS=Education Credit Transfer System points)

EHF Lecturers and Mentors

Currently 30 EHF Lecturers from 19 EHF member nations and 15 EHF Mentors from 15 EHF member nations (including commission members) are in those functions.



EHF CAN Activity Areas

EHF Member Federations

RINCK Convention Activities

Coaching Courses

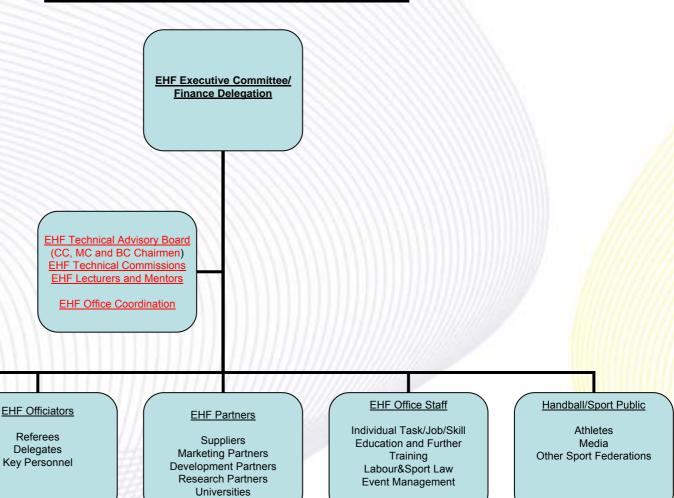
Medical Courses

Sport Management Courses

Lecturer

Recruitment&Courses

SG Conferences
Volunteering at EHF





EHF CAN Activity "Activation"

EHF CAN Activity Activation

(for implementing 2008 – 2012 EHF educational and research services)

Activation of EHF CAN activity areas/activities by the EHF Executive Committee only!

1) based on proposals by the EHF Technical Advisory Board (EHF CC, MC and BC Chairmen) resulting from their Commissions/the Office

2) based on proposals by the EHF Executive Committee themselves



2008 EHF CAN Activity Masterplan

Beach Handball:

2008 Beach HB Education course refs,del, coaches dated 3-6 July 08 in Misano Adriatico/ITA

Coaches:

- 2008 EHF Rinck Convention Seminar dated 14-15 June 08 in Vienna/AUT
- 2008 EHF Top Coaches' Seminar dated 11-14 December 08 in Skopje/MKD

Referees:

- 3rd EHF Referee Candidates' Course dated 25-31 March 08 in Lagoa Algarve/ POR
- 4th EHF Referee Candidates' Course dated 19-24 May 08 in Lignano/ITA

Delegates:

- 8th EHF Regional DEL Course dated 19-22 March 08 in Innsbruck/ AUT
- 9th EHF Regional DEL Course dated 26-28 March 08 in Vilnius/LTU
- 10th EHF Regional DEL Course dated 7-11 August 08 in Brno/CZE



2008 EHF CAN Activity Masterplan

<u>Event Management Activities – OC, LOC, National Federation, Partner and HDS Workshops</u> (internal and external):

- Men's EHF Euro 2008 Officials' Conference dated 14-16 January 08 in Oslo/NOR
- EHF/adidas Meeting dated 13 March 08 in Vienna/AUT
- EHF/Gerflor Meeting dated 29 May 08 in Vienna / AUT
- Men's 2008 M20 European Championship Officials' Conference dated 23-24 July08 in Bucharest/ROU
- Men's 2008 M18 European Championship Officials' Conference dated 6-7August in Brno/CZE
- Women's EHF Euro 2008 Head of Delegation Seminar dated 1 3 October 08 in Skopje/MKD
- Women's EHF Euro 2008 Officials' Conference dated 31 November 1sDecember 08 in Skopje/MKD

Studies, Projects & Publications:

- EHF/IMSB Euro 2008 Injury Study
- EHF Toolkit "Handball 4 All" including Websolution
- EHF Glossary of Handball Terms and Expressions
- EHF/Swiss Timing Scouting Manual
- EHF/University of Bochum Cooperation on "Safety in Sports"
- EHF Manual on Basic Handball Hall Utilization
- EHF Event Management Toolkit Revision



FOCUS ATHLETES

EURO 2008 INJURY STUDY

MINOR INJURIES

MEDIUM INJURIES

SERIOUS INJURIES

0 - 1 days

2 - 7 days

2 – 25 weeks

26

11

10



FOCUS ATHLETES

EURO 2008 INJURY STUDY

CONTUSION

STRAIN / RUPTURE

OTHERS

18 CASES

20 CASES

9 CASES

38,3 %

42,5 %

19,2 %



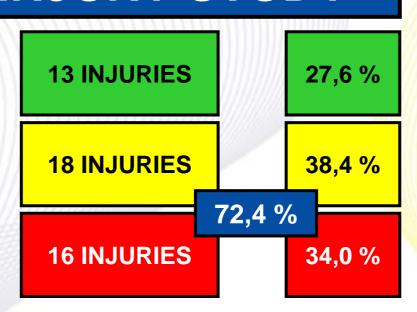
FOCUS ATHLETES

EURO 2008 INJURY STUDY

 $0 - 30 \, \text{min}$

 $30 - 45 \min$

46 - 60 min





FOCUS ATHLETES

EURO 2008 INJURY STUDY

? REASONS?

FOUL

CONDI / COO

FATIGUE



FOCUS ATHLETES

EURO 2008 INJURY STUDY

? CONSEQUENCES?

PREVENTION

PREPARATION

LIMITS



FOCUS ATHLETES

CONSEQUENCES

TOP PLAYER

REDUCTION
OF
MAYOR
COMPETITIONS

1 / y



FOCUS ATHLETES

CONSEQUENCES

TOP PLAYER

MORE
REST DAYS
DURING
TOURNAMENTS

Tr / Re



FOCUS ATHLETES

CONSEQUENCES

TOP PLAYER

PERIODISATION

CYCLISATION



Toolkit



http://activities.eurohandball.com/hb4all

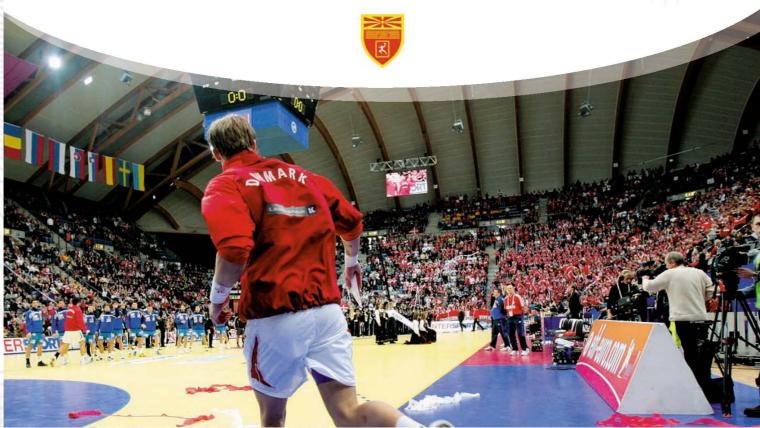




2008 EHF Top Coaches' Seminar

 $11^{th}-14^{th}$ December 2008 in Skopje, FYR Macedonia







Hosting City Skopje

The city of Skopje for the first time has been mentioned by Klaudie Diolomej, under its ancient name "Skupi". In the 3rd century B.C. Skupi was founded by the Dardanians, and later with the coming of the Romanians it came under their rule. In this period, the city experienced real bloom on several fields, it became a large religious centre with its own bishop. In the year of 518 the city was destroyed by a disastrous earthquake.

Wonderful architectonic buildings, numerous public baths and the antic amphitheatre built in a roman style, large basilica with mosaic floors have completely disappeared from the earth's face. Since then Skupi is not mentioned any more. The Skopje valley got a new city centre called "Unstiniana Prima".

By the end of the VI century, in front of the ramparts of the city the Slavic people have showed up, which managed to occupy and to slavicize it for a period of only one century. This area was settled by the Slavic tribe Beregheziti and gives the city the new name Skopje. During the existence

of the first Macedonian state and the Macedonian czar Samouil, the city becomes part of the Samouil's empire. In the later years a lot of conquerors have passed through the streets of the city, Bulgarians, Bysantiums, Serbians.

In the year of 1392, the city falls under the Turkish rule. Up to 1453 Skopje was a throne of the Turkish sultans and later it developed in a significant craftsmen and commercial centre. A lot of authors who write about their travels have expressed their delight from the city. The Turkish writer Dilger Zede who has visited the city in the XVII century says, "I travelled for a long time across that country of Rumelija and I saw a lot of beautiful cities and I was amazed from the Alah blessings, but not one has impressed and delighted me so much as the heavens city of Skopje across which passes the river Vardar".

On 25th of October 1689 in front of the city gates, arrives the Austrian general Picolomini with its army. An event with an outstanding significance for Skopje. "I decided to burn the city in order not to leave the enemy something that could be of use to him. Although it is not easy, I decided to turn the city into ashes." From the hillsides of the Vodno mountain, Pikolomini was observing the fire. "I am sorry for the houses such as I have not seen at all in this war. The mosques are from the highest quality marble and porphyry, decorated with thousands lamps on a golden plated holders, which one would devote equal attention even in Rome. I feel sorry for the nice antiquities, gardens and places for entertainment." The fire was raging for two days and except the massive stone buildings, the city was completely destroyed.

Up until the half of the XIX century, the city could not recover back its previous appearance in front of which the numerous people who write about their travelling have stopped with a delight. In the XIX century, the city becomes an important traffic centre. Moving towards the countries from the middle east, Napoleon has found out the road through Skopie. A lot of merchants with their endless

through Skopje. A lot of merchants with their endless caravans loaded with various goods have been passing through the city. In this period the city reaches the biggest development of the handicrafts. Later, Skopje begins to change its appearance.

After the First World War on the right side of the river Vardar a modern city has been built. 26th of July 1963 is remembered as the longest day in the history of the city. Strong earthquake, of two severe and a few weaker shocks, turned the city into ruins. Numerous cultural monuments were seriously damaged or erased from the face of the earth. In today's conditions the city is experiencing its own renaissance for many times in its history.



EHF Methods Commission

Education, Further Education and Training are part of the core activities of the EHF Methods Commission (MC). With the aim to inspire handball coaches all over Europe and to exchange knowledge, experience and new ideas, the EHF has been organising various coaching courses since 1996:

Youth Coaches' Courses

1998: Partille / SWE

1999: Estoril / POR

Rotenburg / GER

2001: Luxembourg/LUX

2002: Gdansk / POL

2003: Presov / SVK

2004: Zlin/CZE

2005: Vienna / AUT

2007: Izmir / TUR

Top Coaches' Seminars 1996: Paris Bercy / FRA

1998: Bressanone / ITA 2000: Zagreb / CRO

2004: Ljubljana / SLO 2006: Zurich / SUI

Women's Coaches' Course 2000: St. Raphael / FRA

This year another course is planned to take place in Skopje / MKD, coordinated by the EHF Competence Academy & Network (EHF CAN). Top coaches from Europe and also from other continents are heartily invited on the final weekend of the 2008 Women's European Championships.

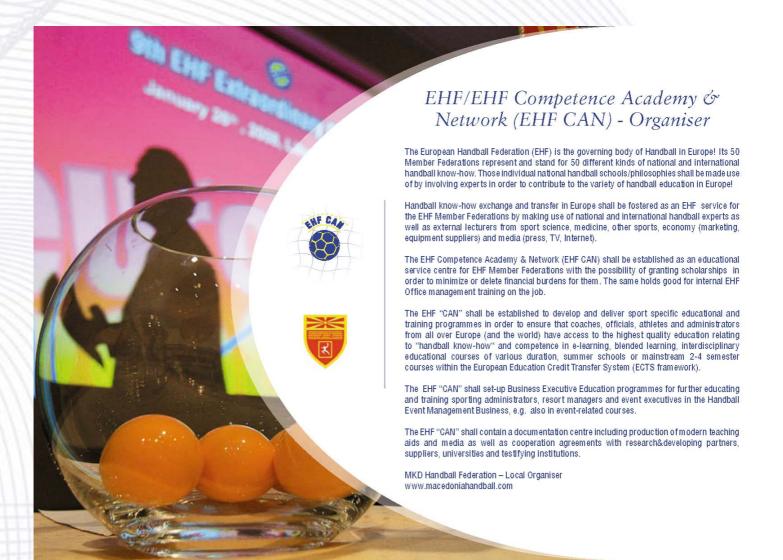
We really hope that the programme worked out by the MC and the lecturers - Claude Onesta, national coach of France and Mats Olsson, national coach of Portugal - will be interesting for you.

We look forward to meeting you in Skopje. The MC remains with best regards,

Frantisek Taborsky / Chairman Ton van Linder / Coaching Wolfgang Pollany / Education and Training Itzhak Teomim-Frenkel / Youth, School and Non-competitive Sports Allan Lund / Development













Course Basics

On the occasion of the EURO 08 in FYR Macedonia the 2008 EHF Top Coaches' Seminar will take place in Skopje from Thursday 11.12.08 to Sunday 14.12.08. All coaches working with top teams are kindly invited by the EHF to attend the seminar that will be organised in cooperation with the Macedonian Handball Federation (MHF).

Course Fee: €100

Tickets: €50 (ECh semi finals 13 Dec. and finals 14 Dec. 08).

Course Fee includes: Course participation and documents.

Course documentation on CD ROM / DVD (to be completed by EHF and sent out after the seminar).

Lunch, snacks and coffee breaks from 11 Dec. - 14 Dec. 2008.

"Get together party"

Travel: The participants have to organise their travel arrangements and

to pay for their own travel expenses

"Get together party": Thursday 11 Dec. 08

No. of participants: Maximum 150 (entries follow a "first come first served basis")

Course language: English

Lecturers: Claude Onesta / FRA

Mats Olsson / SWE Gino Strezovski / MKD

Main Topic: Heritage of High Speed Handball

Registration form: see enclosure

Deadline: 20 September 2008

Accommodation: Price per person per night + full board: €80 in double rooms

Please note: in case you would like to order single rooms,

please contact MHF.

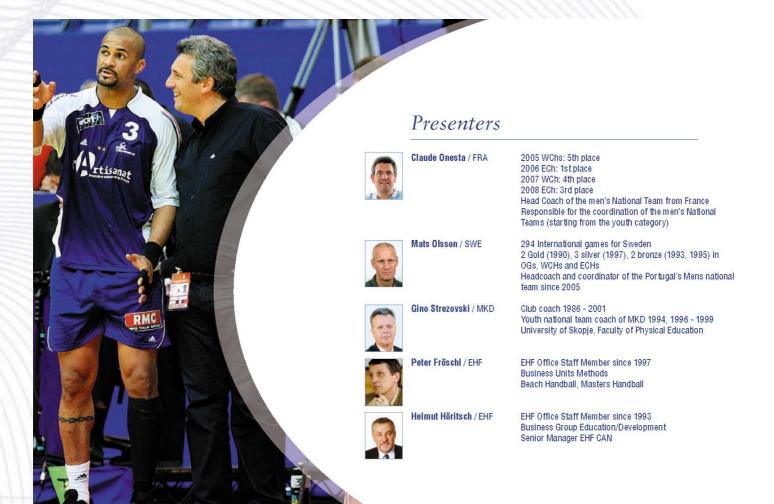
Payment mode: Your registration will be confirmed by MHF. MHF will send an

invoice which must be paid by the deadline given.

A deposit of €100 is required within 10 days after invoicing by MHF. The remaining costs should be paid by the latest on arrival, in cash.













| | 2008 EHF Top Coaches' Seminar Registration |
|----|---|
| | Name |
| | Address |
| | Country |
| | Name of your Club / Federation |
| | Description of your function |
| | International Phone |
| | International Fax |
| | E-mail address |
| | ACCOMMODATION INFO |
| | Name of the hotel: (see invitation letter) |
| | Double room Single room (please tick as appropriate) |
| | |
| R. | Number of nights Price per night in Euro Total amount in Euro |
| | Tickets for semi finals and finals: Yes No (please tick as appropriate) |
| | Arrival Date Departure Date |
| 4 | Signature Date |
| | Please return to MHF by 20 th September 2008 Fax: + 389 2 2401 773 |
| | e-mail: handball@macedoniahandball.com |
| | Booking: The inscription for the 2008 Top Coaches' Seminar has to be done by filling in the registration form. On the receipt of the inscription the contract between the participant and the Macedonian Handball Federation is valid. Your entry will be confirmed in writing by the Macedonian Handball Federation. The Macedonian Handball Federation is not liable for any printing mistakes or changes of the programme. |
| | Cancellation: Cancellations bave to be submitted in writing. Participation can be cancelled up to 7 days before the start of the Coaches' Seminar, 50% of the participation fee has to be paid. For cancellations after this period, no refund will be paid. By nominating a substitute person no costs arise. |
| | |



THANK YOU!