



2009 EHF Youth Coaches' Course

20th – 23rd August 2009 in Győr, Hungary



EHF Competence
Academy & Network



Hosting City Győr

For those working and living in the world of handball, Győr is a city, which does not require any special introduction. The city is not only famous of its women's club team, Győri ETO, but in the past 10 years, it has been a constant host for different age category international tournaments, such as the 1995 Women's World Championship, 2001 Women's Junior World Championship and last, but not least the 2004 Women's European Championship.

It has not only proved its excellent organizational skills during these events, but that those people leaving in and around Győr love and understand this sport very well.

Győr is also called the city of meetings. It is located half way between two capitals, Budapest and Vienna; and only 80 kilometers south from the Slovakian capital, Bratislava. It is along the most important highway that crosses Europe. Residing in the heart of Central Europe, it is the place where East meets West.

The city is prepared to welcome its visitors with Hungarian hospitality, nice restaurants with local and international ambience, diverse nightclubs, bars, casinos and accommodation for all needs.

Landmarks and places to visit...



...the heart of the city: Baross street



...Bishops' Castle



... Esterházy Palace and Art Museum



...Town Hall

EHF Methods Commission

Education, Further Education and Training are part of the core activities of the EHF Methods Commission (MC). With the aim to inspire handball coaches all over Europe and to exchange knowledge, experience and new ideas, the EHF has been organising various coaching courses since 1996:

Youth Coaches' Courses

1998:	Partille / SWE
1999:	Estoril / POR
	Rotenburg / GER
2001:	Luxembourg / LUX
2002:	Gdansk / POL
2003:	Presov / SVK
2004:	Zlin / CZE
2005:	Vienna / AUT
2007:	Izmir / TUR

Top Coaches' Seminars

1996:	Paris Bercy / FRA
1998:	Bressanone / ITA
2000:	Zagreb / CRO
2004:	Ljubljana / SLO
2006:	Zurich / SUI
2008:	Skopje / MKD

Women's Coaches' Course 2000: St. Raphael / FRA

This year a Youth Coaches' Course is planned to take place in Győr / HUN coordinated by the EHF Competence Academy & Network (EHF CAN). Youth coaches from Europe and also from other continents are heartily invited on the final weekend of the 2009 Women's 19 European Championships.

We really hope that the programme worked out by the MC and the EHF lecturers will be interesting for you.

We look forward to meeting you in Győr.

The MC remains with best regards,

Frantisek Taborsky / Chairman

Bogdan Macovei / Coaching

Wolfgang Pollany / Education and Training

Jerzy Elias / Youth, School and Non-competitive Sports

Allan Lund / Development



EHF/EHF Competence Academy & Network (EHF CAN) - Organiser

The European Handball Federation (EHF) is the governing body of Handball in Europe! Its 50 Member Federations represent and stand for 50 different kinds of national and international handball know-how. Those individual national handball schools/philosophies shall be made use of by involving experts in order to contribute to the variety of handball education in Europe!

Handball know-how exchange and transfer in Europe shall be fostered as an EHF service for the EHF Member Federations by making use of national and international handball experts as well as external lecturers from sport science, medicine, other sports, economy (marketing, equipment suppliers) and media (press, TV, Internet).

The EHF Competence Academy & Network (EHF CAN) shall be established as an educational service centre for EHF Member Federations with the possibility of granting scholarships in order to minimize or delete financial burdens for them. The same holds good for internal EHF Office management training on the job.

The EHF "CAN" shall be established to develop and deliver sport specific educational and training programmes in order to ensure that coaches, officials, athletes and administrators from all over Europe (and the world) have access to the highest quality education relating to "handball know-how" and competence in e-learning, blended learning, interdisciplinary educational courses of various duration, summer schools or mainstream 2-4 semester courses within the European Education Credit Transfer System (ECTS framework).

The EHF "CAN" shall set-up Business Executive Education programmes for further educating and training sporting administrators, resort managers and event executives in the Handball Event Management Business, e.g. also in event-related courses.

The EHF "CAN" shall contain a documentation centre including production of modern teaching aids and media as well as cooperation agreements with research&developing partners, suppliers, universities and testifying institutions.

HUN Handball Federation – Local Organiser
www.handballnet.hu



**EHF Competence
Academy & Network**



Contact Information & Sport Event

ORGANISER

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HUNGARY

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SEMINAR ACCOMMODATION & VENUE

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Fax: + 36 96 / 547 721

www.hotelfamulus.hu

EHF Women's 19 European Championship

14th – 23rd August 2009 in Hungary

Friday, 21st August 2009

Semi finals

Sunday, 23rd August 2009

Finals

Course Basics

On the occasion of the Women's 19 European Championship in Hungary the 2009 EHF Youth Coaches' Course will take place in Győr from Thursday 20 August 09 – to Sunday 23rd August 09. All coaches working with youth teams are kindly invited by the EHF to attend the seminar that will be organised in cooperation with the Hungarian Handball Federation (HHF).

Course Fee: €140

Course Fee includes: Course participation and documents
"Get together party"
Tickets for the semi-finals and finals

Travel: The participants have to organise their travel arrangements and to pay for their own travel expenses

No. of participants: Maximum 180 (entries follow a "first come, first served" basis)

Course language: English

Lecturers: Bert Bouwer / NED
Peter Kovacs / HUN
Tamas Neukum / HUN

Main Topic: Specific legwork in offence and defence

Registration form: see enclosure

Deadline: 26 June 2009

Accommodation: Price per person per night + full board: €52 in double rooms
Please note: in case you would like to order single rooms, please contact HHF.

Bank Account: Account holder: Hungarian Handball Federation,
Istvánmezei u. 1-3, 1146 Budapest
Bank and address: K and H Bank, Vigadó tér 1, 1051 Budapest
Account no: 1040 0126 2141 3218 0000 0000
IBAN code: HU92 1040 0126 2141 3218 0000 0000
SWIFT (BIC) code: OKHBHUHB
Note: 2009 EHF Youth Coaches' Course





Presenters



Bert Bouwer / NED

EHF Lecturer

As a player: 140 matches in National team, 14 years player in the highest league (EC), Player of the year

As a trainer: Dutch champion Sittardia

From 1995 – 2002 various participations in European and World Championships with the Dutch female youth and senior teams

2004 Head coach “dameliga GOG Denemarken”

2005, 2007/08 Headcoach Japan Handball Association

2009 Director NL education for coaches in all sports



Peter Kovacs / HUN

EHF Lecturer & EHF Master Coach

Technical director of Turkish Handball Federation since Oct 07

Sporting success as a player: 8 times Hungarian Champion, German Champion & Cup winner

Runner-up 1986 in SUI at WCh Championship

CHL winner in 1982 with Honvéd Budapest

Top scorer 1978 at WCh in DEN & at Olympic Games

Sporting success as a coach: Hungarian Cup winner

3 times runner-up in Hungarian league



Tamas Neukum / HUN

EHF Lecturer

Head Coach Italian National Woman Team (indoor)

Head Coach Italian National Woman Team (beach)

Head Coach of Honvéd Budapest men team (indoor)

Head Coach of AXA Beachstars Budapest

Member of Board of Hungarian Handball Coaches.



Bogdan Macovei / ROU

EHF Methods Commission Member since 2008

Secretary Federal / Federatia Romana de Handball



Nicole Huang / EHF

EHF Office Staff Member since 2002

Business Unit Methods

Course Schedule

Thursday
20.08.09

08.00 - 09.00	Arrival, Accreditation
09.00 - 09.30	Opening
09.30 - 10.15	Speed in attack & technical skills in ball handling
10.15 - 10.30	Break
10.30 - 11.15	Proprio-receptive work
11.15 - 11.30	Coffee break
11.30 - 12.15	Injury prevention focusing on lower extremities
12.30	Lunch
13.30	Departure to Sport Hall
14.00 - 15.15	Injury prevention focusing on lower extremities
15.15 - 15.45	Coffee break
15.45 - 17.00	Local stabilisation: Sensomotoric training for lower extremities and the lumbar muscular system
17.00 - 18.00	Working session in language groups: Summary and evaluation of Day 1
20.00	"Get together party"

Friday
21.08.09

08.30	Departure to Sport Hall
09.00 - 10.15	Speed in attack & technical skills in ball handling
10.15 - 10.45	Coffee break
10.45 - 12.00	Drills for goalkeepers
12.30	Lunch
13.15	Departure to ECh Sport Hall
14.00 + 16.30	ECh semi-finals
18.30 - 19.30	Working session in language groups: Summary and evaluation of Day 2
20.00	Dinner

Saturday
22.08.09

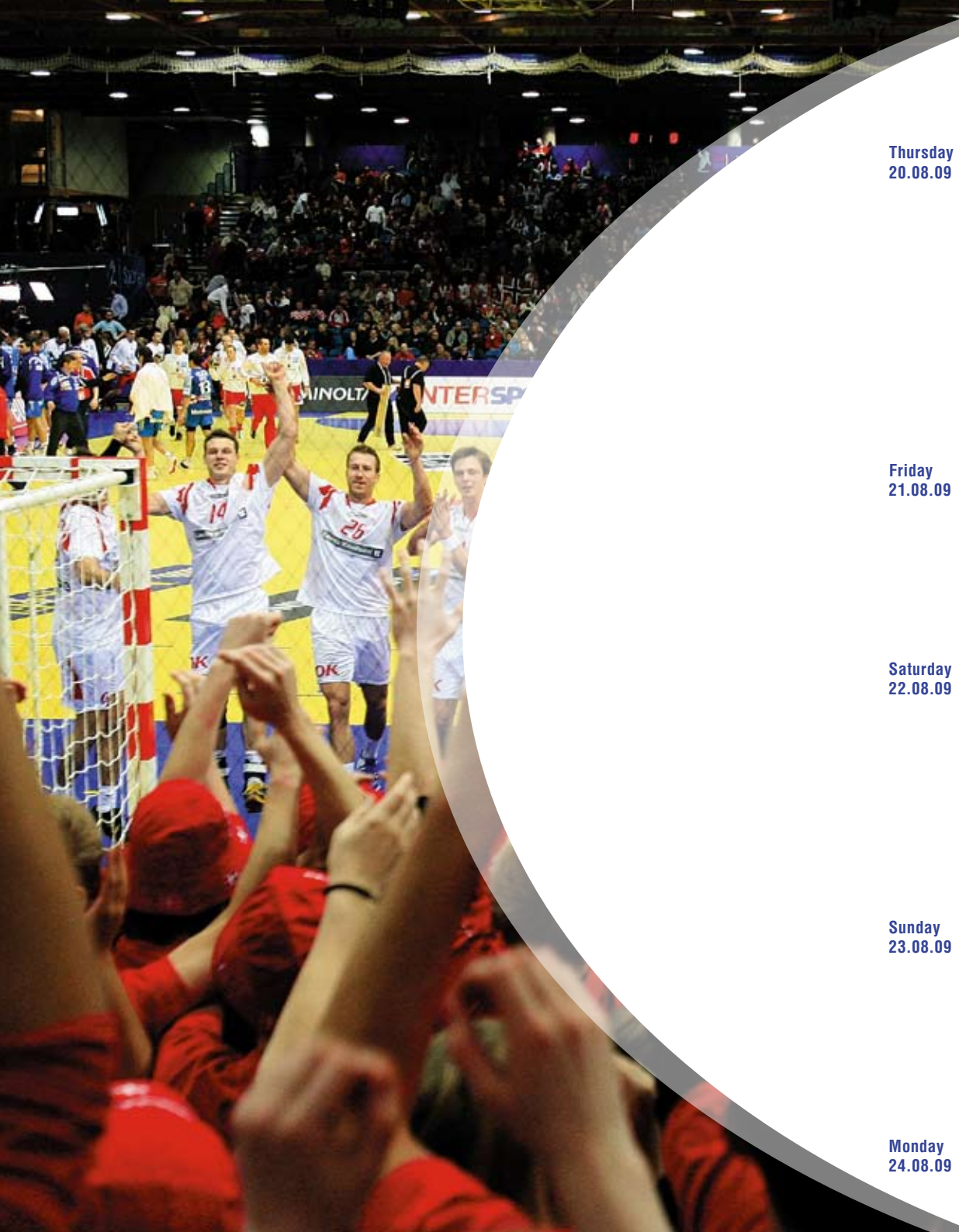
08.30	Departure to Sport Hall
09.00 - 10.15	Station set training focused on legwork
10.15 - 10.30	Coffee break
10.30 - 11.45	Fast break and turn over play
12.15	Lunch
13.30	Departure to Sport Hall
14.00 - 15.15	Legwork in Offence (Indiv. technical movement)
15.15 - 15.45	Coffee break
15.45 - 17.00	Legwork in Defence (Indiv. technical movement)
17.00 - 18.00	Working session in language groups: Summary and evaluation of Day 3
19.00	Dinner
Evening	Györ at night (indiv.)

Sunday
23.08.09

09.00 - 09.45	Comprehensive ECh analysis
09.45 - 10.30	Discussion
10.30 - 10.45	Coffee break
10.45 - 11.15	Seminar summary / conclusion
11.15 - 11.45	Closing
12.15	Lunch
13.00	Departure to ECh Sport Hall
14.00 + 16.30	ECh finals
19.00	Dinner
Evening	Individual departure

Monday
24.08.09

Individual departure



2009 EHF Youth Coaches' Course Registration

Name	
Address	
Country	
Name of your Club / Federation	
Description of your function	
International Phone	
International Fax	
E-mail address	



ACCOMMODATION INFO

Name of the hotel: *(see invitation letter)*

Double room ☐ Single room ☐ *(please tick as appropriate)*

Number of nights Price per night in Euro Total amount in Euro

Tickets for semi finals and finals: Yes ☐ No ☐ *(please tick as appropriate)*

Arrival Date Departure Date

Signature Date

Please return to HHF by 26th June 2009

Fax: + 361 460 6824

e-mail: marczinkaz@handballnet.hu

Booking: The inscription for the 2009 Youth Coaches' Course has to be done by filling in the registration form. On the receipt of the inscription the contract between the participant and the Hungarian Handball Federation is valid. Your entry will be confirmed in writing by the Hungarian Handball Federation. The Hungarian Handball Federation is not liable for any printing mistakes or changes of the programme.

Cancellation: **Cancellations have to be submitted in writing.** Participation can be cancelled up to 7 days before the start of the Coaches' Course, 50% of the participation fee has to be paid. For cancellations after this period, no refund will be paid. By nominating a substitute person no costs arise.