



PROVISIONAL PROGRAM FOR COACHES COURSE IN TEL AVIV

Friday, 19.3.2010 - 8.30 – 11.00

1. Developmental tendencies of contemporary handball: case of zone defence 6:0
2. Theory of 3:2:1 zone defence
3. Developmental tendencies of contemporary handball: case of attack and defence in specific circumstances - numerical inferiority and superiority

Saturday, 20.3.2010 – 9.00 – 13.00

1. Development of fast attacks from various defence systems
2. Fast execution of throw off after a goal was scored
3. Return passes in handball – against set zone defense

Sunday, 21.3. 2010 – 8.30 – 11.00

1. Goalkeeper in Handball: a) Analyses of technik and tactic; b) Methodic
2. Handball goal-shot analysis