



**Beach  
Handball**

European Handball Federation

# **Defensive systems analysis**

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**Beach  
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## What to consider when choosing system ?

1. Your team skills
2. Your players individual skills
3. The concrete situation
4. The opponent team
5. Skills of the opponent team players

*not necessarily in this order*



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## **Basic :**

1. To press the shoots away from central position (wider out / longer distance)
2. To disturb the shooter with a block or other possibilities
3. To disturb the team so they make mistakes



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**Basic :**

*But we also want to decide...*



# Beach Handball

## Task:

How would you  
choose ?

### **Brasil:**

Many inflights, *springy* players  
PM play good passes (often as specialist)  
Tall defenders, good in block

### **Norway:**

Many spinshoots  
Playing for the specialist (normally on one  
side)  
PM in the middle driving the game  
Tall defenders, good in block



# Beach Handball

## Task:

How would you choose ?

### **Brasil:**

Many inflights, *springy* players  
PM play good passes (often as specialist)  
Tall defenders, good in block

### **Spain:**

Spinshoots/inflights 50/50  
“Small”, fast players (in attack and defense)  
PM both in the middle and on one side, has not the best shoot from distance.



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## **Task: 1**

**How will I become  
a Champion again  
???**

# **HELP.....**

**I need your help to beat Greece next year, both in European Championship and in the World Beach Games.**

**Give me advice. You should focus on every part of the game.**



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## Task: 2

**Be a Greek patriot...**

**OR**

**You can help the Greek to stay at the top of the podium next year, both in European Championship and in the World Beach Games.**

**Give them advice. How they can beat Norway again.....**