



Slovenian handball federation

2018 EHF Club Management Seminar in Cologne

“The role of players in Marketing - Club environment - Best practice”

Mateja Kavčič

What works well in my federation?

History:

- ▶ founded in 1949, it is the most successful Slovenian collective association
- ▶ organization of big events (last year Womens Euro U18, this year Mens Euro U20)
- ▶ Handball classes at Gimnazija Šiška secondary school Ljubljana

Handball classes at Gimnazija Šiška secondary school Ljubljana

- ▶ The first HANDBALL CLASS at Gimnazija Šiška in the 2003/2004 academic year
- ▶ This year welcomed the 15th generation of handball players in the handball class
- ▶ In the 4 existing handball classes, 24 boys and 36 girls aged from 15 to 19 from different handball clubs
- ▶ Since the school was established, most girls have been members of RK Krim Mercator Ljubljana handball club

The project partners cooperating in the project are:

- ▶ Slovenian Handball Federation - ensures quality trainings, provides equipment and coaches
- ▶ Gimazija Šiška - manages the organization of the academic process in a way which enables the students to successfully combine their academic work with their sports obligations
- ▶ Ministry of Education, Science and Sport - co-finances the coaches
- ▶ Handball clubs and their coaches - clubs' coaches also participate in morning trainings

Characteristics of work in the handball classes

- ▶ extra tutorial lessons
- ▶ daily help of a school counsellor
- ▶ psychologist who is also the class coordinator
- ▶ sports psychologist
- ▶ physiotherapist

Organisation of the trainings

- ▶ four trainings a week
- ▶ two handball trainings
- ▶ one athletic training
- ▶ acrobatics class which is called sports games (1. and 2. year)
- ▶ coordination development, balance and explosive power training in the school gym (3. and 4. year)
- ▶ School competitions - national competitions, world championships

Extra curriculum activities

- ▶ Referee seminar for a junior referee
- ▶ Individual work with a sports psychologist - workshops for psychological preparation of the students
- ▶ Lectures in sports theory - sports nutrition and rules of sports training.
- ▶ School camps - In the first school year sport camps are organised twice a year in summer and in winter, and once a year in the second and third school year. At the sport camps students take part in sports activities, which are not part of their normal training routine. Students go cycling, hiking, cross-country skiing, snowboarding, surfing and snorkelling.



The best handball players

