



EUROPEAN HANDBALL
FEDERATION

2018 EHF Licence Renewal Seminar

15 - 18 January 2018 in Porec / CRO





Host City - Porec, Croatia

If you are looking for activity, remarkable experiences and rich cultural heritage, Porec with its 100 years of experience in hospitality and supreme tourist offer, is the place for you.

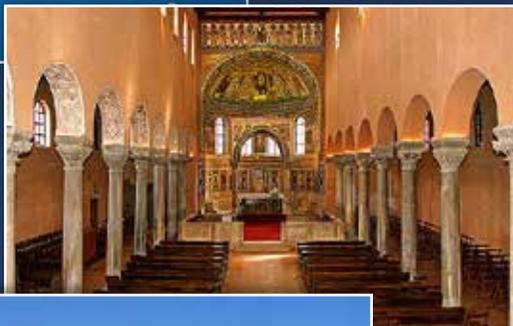
Feel the touch of eternity!

In this former Roman colony you can enjoy the sights of Romanesque architecture with beautiful Venetian gothic palaces that will make your walk a truly memorable experience. Its orthogonal set of streets has been completely preserved till today! During the reign of the Byzantine emperor Justinian, Porec reached its highest peak. This will become obvious to you once you see the Euphrasius' basilica, beyond doubt a breathtaking sight. It was built in the middle of the 6th century in the Byzantine style, and the mosaics on its front and interior are truly one of the most beautiful works of art in the world! The whole edifice has been included in the UNESCO's World Heritage list. Entering the basilica, you will feel the ghosts of past centuries and will be able to touch the eternity!

We recommend a visit to the mediaeval Romanesque house with an interesting wooden balcony. The gothic pentagonal tower once served as the town gate, and now it is the entrance to an exceptional world of new all-evening gastronomic discoveries.

You can choose among numerous sporting activities. During the last couple of years, Porec has become a popular destination for professional and recreational sportsmen from all over Europe. Find accommodation in one of the numerous camp-sites, apartment villages or hotels, and you will find out why Porec and its surroundings have a reputation for being an exceptional Adriatic tourist center.

Rich tourist offer can also be found in the neighboring small places. Enjoy one of many restaurants and native Istrian taverns with all the enchantments of the real Mediterranean cuisine. Get rid of stress by visiting lovely picturesque villages settled in the hinterland and lead the calm "true Mediterranean" life.





EHF Methods Commission

Education, Further Education and Training are part of the core activities of the EHF Methods Commission (MC). With the aim to inspire handball coaches all over Europe and to exchange knowledge, experience and new ideas, the EHF has been organising various coaching courses since 1996:

Youth Coaches' Courses

- 1998: Partille / SWE
- 1999: Estoril / POR
Rotenburg / GER
- 2001: Luxembourg / LUX
- 2002: Gdansk / POL
- 2003: Presov / SVK
- 2004: Zlin / CZE
- 2005: Vienna / AUT
- 2007: Izmir / TUR
- 2009: Győr / HUN
- 2010: Bratislava / SVK
- 2011: Brno / CZE
- 2012: Hard / AUT
- 2013: Gdansk / POL
- 2014: Gdansk / POL

Top Coaches' Seminars

- 1996: Paris Bercy / FRA
- 1998: Bressanone / ITA
- 2000: Zagreb / CRO
- 2004: Ljubljana / SLO
- 2006: Zurich / SUI
- 2008: Skopje / MKD
- 2010: Vienna / AUT
- 2012: Belgrade / SRB
- 2016: Krakow / POL

Women's Coaches' Course

- 2000: St. Raphael / FRA

Open Master Coach Course

- 2012: Belgrade / SRB (1st module)
Hard / AUT (2nd module)
Belgrade / SRB (3rd module)
- 2014: Silkeborg / DEN (1st module)
Balatonfoldvar / HUN (2nd module)
Gyor / HUN (3rd module)
- 2016: Krakow / POL (1st module)
Szczyrk / POL (2nd module)
Gothenburg / SWE (3rd module)

The 2018 EHF "License Renewal Seminar" renews the EHF Pro Licence for 2018/19 (Validation period up to 2021). In addition the participants are welcome to see the matches of the 2018 Men's EURO in Porec / CRO. We really hope that the programme worked out by the MC and the EHF Lecturers will be interesting for you. We look forward to meeting you in Porec.

The MC remains with the best regards,

EHF Methods Commission

Jerzy Eliasz / Chairman MC

Sjors Röttger / Methods and Coaching

Peter Kovacs / Education and Training

Klaus Feldmann / Youth, School and Non-competitive Sports

Pedro Sequeira / Development

Marta Bon / Member



EHF / EHF Competence Academy & Network (EHF CAN)

The European Handball Federation (EHF) is the governing body of Handball in Europe! Its 51 Member Federations represent and stand for 51 different kinds of national and international handball know-how. Those individual national handball schools/philosophies shall be made use of by involving experts in order to contribute to the variety of handball education in Europe!

Handball know-how exchange and transfer in Europe shall be fostered as an EHF service for the EHF Member Federations by making use of national and international handball experts as well as external lecturers from sport science, medicine, other sports, economy (marketing, equipment suppliers) and media (press, TV, Internet).

The EHF Competence Academy & Network (EHF CAN) shall be established as an educational service centre for EHF Member Federations with the possibility of granting scholarships in order to minimize or delete financial burdens for them. The same holds good for internal EHF Office management training on the job.

The EHF "CAN" shall be established to develop and deliver sport specific educational and training programmes in order to ensure that coaches, officials, athletes and administrators from all over Europe (and the world) have access to the highest quality education relating to "handball know-how" and competence in e-learning, blended learning, interdisciplinary educational courses of various duration, summer schools or mainstream 2-4 semester courses within the European Education Credit Transfer System (ECTS framework).

The EHF "CAN" shall set-up Business Executive Education programmes for further educating and training sporting administrators, resort managers and event executives in the Handball Event Management Business, e.g. also in event-related courses. The EHF "CAN" shall contain a documentation centre including production of modern teaching aids and media as well as cooperation agreements with research & develop partners, suppliers, universities and testifying institutions.



Contact Information

ORGANISER

European Handball Federation

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AUSTRIA

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CROATIA

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ACCOMMODATION

HOTEL LAGUNA MOLINDRIO

Contact: Ana Brcic

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TRANSFERS

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COURSE FEE

Contact: Sladjana Pihler

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office phone: +38514573033

Sport Event



2018 Men's European Championship

12 – 28 January 2018 in Croatia

Tuesday, 16 Jan. 2018

Preliminary round matches in Porec



Course Basics

Course fee:	€ 250 (booking at HOTEL LAGUNA MOLINDRIO) € 350 (when not booking at the nominated hotel)
EURO 2018 tickets:	Included in the course fee
Course fee includes:	Course participation and documents. Course documentation in the internet (http://activities.eurohandball.com) Internal transfers (hotel, event venue, EURO sport hall) Coffee breaks
Travel:	The participants have to organise their travel and to pay the travel expenses themselves
Local transport:	Airport Trieste - HOTEL LAGUNA MOLINDRIO - Airport Trieste: €50 (both ways)
Number of participants:	Maximum 40 (entries follow a "first come, first served" basis)
Course language:	English
Main lecturers:	Peter Kovacs / HUN / MC Member Wolfgang Pollany / AUT Lars Bojsen Michalsik / DEN Johann Ingi Gunnarsson / ISL Peter Fröschl / EHF Office
Registration:	EUROPEAN HANDBALL FEDERATION, Hoffingergasse 18, 1120 Vienna, AUSTRIA froeschl@eurohandball.com Your registration will be confirmed by EHF.
Deadline:	1 November 2017
Hotel price:	Single room: € 110 per night / per person Double room: € 85 per night / per person (TAX, VAT, full board are included in the price, free WI-FI)
Payment:	After registration, HRS will send an invoice which must be paid by the deadline given. The accommodation costs should be paid on 15 Dec. 2017 at the latest – invoice will be sent by UNILINE AGENCY.
Account for course fee:	CROATIAN HANDBALL FEDERATION, METALCEVA 5, 10000 ZAGREB, CROATIA IBAN: HR6823600001500046528 Swift-Bic: ZABAHR2X Zagrebacka banka Trg bana Josipa Jelacica 10 Zagreb, CROATIA
Account for accommodation:	UNILINE AGENCY, Raiffeisen bank Austria d.d. Zagreb, Podružnica Pula Swift code: RZBHR2X IBAN HR3024840081500154861 (check-in 14:00)
Cancellation	This is only possible when provided in writing, and according to the following: 5-10 days prior to arrival 100% 11-15 days prior to arrival 75% 16-60 days prior to arrival 50% 60 days and more prior to arrival 25%

Presenters



Peter Kovacs

HUN

EHF Methods Commission Member since 2012
Professional handball coach



Wolfgang Pollany

AUT

EHF Lecturer & Master Coach
Professional handball coach



Lars Bojsen Michalsik

DEN

Specialist of Sport Science and Clinical
Biomechanics



Johann Ingi Gunnarsson

ISL

Psychologist
Former Top Coach in GER Bundesliga
Lecturer at the IHF World Championship 2009 in CRO and
the 2016 EHF Men's EURO in POL



Peter Fröschl

EHF

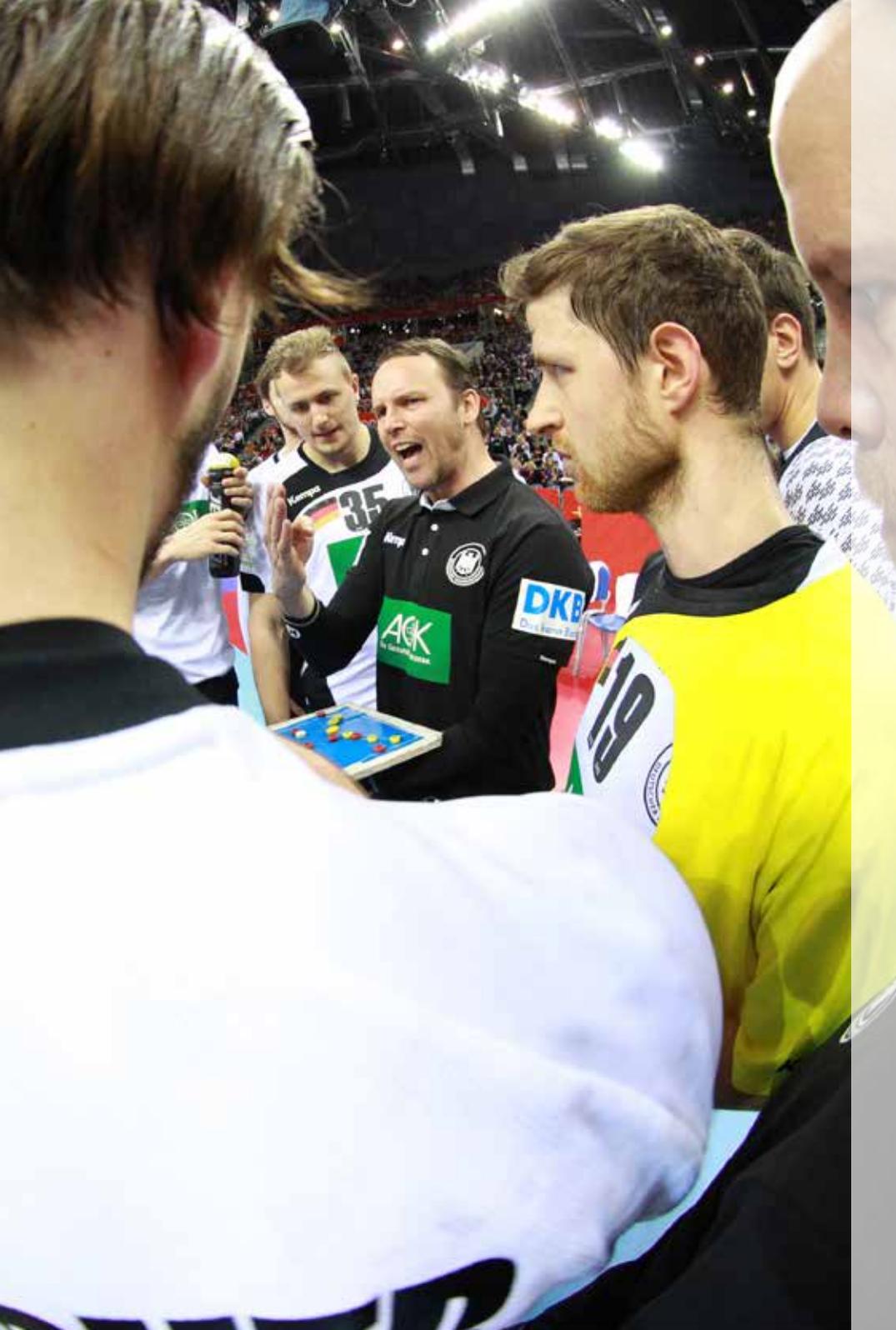
EHF Office Staff Member since 1997
Business Units Methods and Beach Handball
Senior Manager Beach Handball





Course Schedule

Monday 15.1.18	8.00 - 09.00	Breakfast
	09.00 - 09.45	Cooperation between goalkeepers and defenders of the GER Men's and NOR Women's in the 2016 EUROs
	09.45 - 10.45	Current situation of numerical superiority in offence
	10.45 - 11.00	Coffee Break
	11.00 - 12.15	Saving of goalkeepers against short distance shots
	12.30	Lunch
	14.00 - 15.15	Numerical superiority: Principles and solutions
	15.15 - 15.45	Coffee Break
	15.45 - 17.00	Preparation for handball: Small games
	17.30 - 18.30	Comparison of the men's and women's EURO 2016
19.30	Dinner	
Tuesday 16.1.18	08.00 - 09.00	Breakfast
	09.00 - 09.45	Tactical meaning: player for goal keeper
	09.45 - 10.45	Physical demands in elite team handball
	10.45 - 11.00	Coffee Break
	11.00 - 11.45	Physical demands in elite team handball. Physiology and physical training principles: Aerobic
	12.30	Lunch
	14.00 - 15.15	Defence tactic in small groups
	15.15 - 15.45	Coffee Break
	15.45 - 17.00	Physiology and physical training principles: Aerobic training
	18.00 / 20.30	2018 EURO matches
Dinner		
Wednesday 17.1.18	08.00 - 09.00	Breakfast
	09.00 - 10.15	Formal (off-court) aerobic training
	10.15 - 10.45	Coffee Break
	10.45 - 12.00	The role and task of the wing players in handball nowadays
	12.30	Lunch
	14.00 - 15.15	On-court aerobic training
	15.15 - 15.45	Coffee Break
	15.45 - 17.00	Cooperation of back court-and line players
	17.30 - 18.30	Evaluation of EURO matches
	19.30	Dinner
Thursday 18.1.18	08.00 - 09.00	Breakfast
	09.00 - 09.45	Comprehensive EURO analysis
	09.45 - 10.15	Coffee break
	10.15 - 11.15	Practical meaning of the use and application of the new rules and interpretation
	11.15 - 12.00	Closing
	12.30	Lunch
	Afternoon	Departure



2018 EHF Licencing Renewal Seminar in Porec / CRO

Registration / Confirmation

Name	
Address	
Country	
Name of your Club / Federation	
Description of your function	
International Phone	
Email address	

ACCOMMODATION INFO

HOTEL LAGUNA MOLINDRIO - see invitation letter. *(please complete as appropriate)*

Single room Double room

Number of nights Price per night € Total amount €

SCHEDULE

Arrival Date Departure Date

Signature Date

Please return to EHF by 1 November 2018

e-mail: froeschl@eurohandball.com

Booking: The inscription for the 2018 EHF Licensing Renewal Seminar has to be done by fill in the registration form. By the receipt of the inscription the contract between the participant and the EHF is valid. Your entry will be confirmed in writing by the EHF. The EHF is not liable for any printing mistakes or changes of the programme.