

**2017 EHF “RINCK” Convention Seminar
9-10 February 2017 in Vienna / Austria**

2016 EHF Open Master Coach and Licensing Course (structure, curriculum, theses)

Peter Kovacs/ HUN

EHF Lecturer

EHF Methods Commission Member

Education and Training Expert



EHF Competence Academy & Network



**2017 EHF “RINCK” Convention Seminar
9-10 February 2017 in Vienna / Austria**

Structure

- **EHF Master Coach Certificate (the title is valid for life time)+ PRO Licence (valid 2+2 years)**
 - Minimum 160 hours of education (40% Theory, 60% Practice)
 - Either 3 EHF Licencing Modules or 1 National Course with EHF Lecturers, awarded by EHF
- **Category III: 200 hours of education/ EHF Coaching Licence/ organized by National Federation**
- **Category II: 180 hours of education - organized by National Federation**
- **Category I: 60 hours of education - organized by National Federation**



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Licence Renewal:

- **IHF Coaching Courses**
- **EHF Top Coaches Seminars**
- **National Coaches Seminars with EHF Lecturers**
- **Requirement: minimum 16 hours/units**



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**2017 EHF “RINCK” Convention Seminar
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Basic Data Module 1

**1st module in Krakow / POL from 14 – 21 January 2016
55 participants out of 18 nations, 1 guest from QAT**

EHF Lecturers:

*** Zoltan Marczinka / HUN / EHF Lecturer**

*** Paul Landure / FRA / EHF Lecturer**

*** Peter Kovacs / HUN / EHF MC**

*** Helmut Höritsch / AUT / EHF Office**

*** Peter Fröschl / AUT / EHF Office**

*** Marko Sibila / SLO / EHF Lecturer**

*** Monique Tijsterman / NED / EHF
Lecturer**

*** Johann Ingi Gunnarsson / ISL /
Coaching Expert**



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Program:
2016 EHF "Rinck" Convention Open Master Coach and Licensing Course / 1st module

	Check of conference room and sport hall facilities	Conference Room + Sport Hall + EURO Hall	Presenters
Thursday, 14th Jan. 2016			
09.00 – 11.00	Leaders' meeting - course organization		EHF, local organizer
Until 12:00	Individual Arrival / Check-In / Accreditation		
12.30	Lunch		
14.00 – 14.30	Opening	Conference Room	EHF, local organizer
14.30 – 15.30	Coaching in Europe	Conference Room	Peter Kovacs / EHF MC
15.30 – 16.00	Coffee Break		
16.00 – 17.00	2015 Men's WChs analysis	Conference Room	Zoltan Marczinka / EHF Lecturer
17.00 – 18.00	Final 4 men's winner analysis	Conference Room	Marko Sibila / EHF Lecturer
19.30	Dinner	Hotel	
Friday, 15th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 – 10.15	Man to man defence	Sport Hall	Marczinka
10.15 – 10.45	Coffee Break		
10.45 – 12.00	Regain the playing ball with regular tools	Sport Hall	Sibila
12.30	Lunch	Hotel	
14.00 - 15.15	Circuit training	Conference Room	Marczinka
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Cooperation between 2 and 3 defense players	Sport Hall	Sibila
18.00 / 20.30	2016 EURO matches	EURO Hall	
	Dinner	EURO Hall	
Saturday, 16th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 – 10.15	Cooperation between 2 and 3 players in offence	Sport Hall	Marczinka
10.15 – 10.45	Coffee Break		
10.45 – 12.00	Substitution tactics	Sport Hall	Sibila
12.30	Lunch	Hotel	
14.00 - 15.15	International trends in offence	Sport Hall	Marczinka
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Offence strategy of Barcelona	Sport Hall	Sibila
17.30 – 18.30	Joint Discussion	Conference Room	
19.30	Dinner	Hotel	
Sunday 17th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 – 09.45	The EHF Licensing System	Conference Room	Helmut Horitsch / EHF Office
09.45 - 10.15	Coffee break		
10.15 – 11.15	Referee topic	Conference Room	Lars Geipel / EHF Referee
11.15 – 12.00	Closing Top Coaches' Seminar	Conference Room	Kovacs, Cervar
12.30	Lunch		
14.00 - 15.15	Transfer of defence system related to the offence tactics	Sport Hall	Marczinka
15.15 - 15.45	Coffee Break		
15.45 - 17.00	3-2-1 defence	Sport Hall	Sibila
18.00 / 20.30	2016 EURO matches	EURO Hall	
	Dinner	EURO Hall	



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Monday 18th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 - 09.45	EHF Lecturers Education Courses of EHF Lecturers' Manual	Conference Room	Peter Fröschl / EHF Office
09.45 - 10.45	Performance optimization and flow of the game	Conference Room	Michal Barda
10.45 - 11.00	Coffee Break		
11.00 - 11.45	Core training	Conference Room	Paul Landure / EHF Lecturer
12.30	Lunch		
14.00 - 15.15	Transition in offence	Sport Hall	Barda
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Core training	Sport Hall	Landure
17.30 - 18.30	Evaluation of EURO matches	Conference Room	Kovacs
	Dinner	Hotel	
Tuesday 19th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 - 10.15	Goalkeeper drill – positioning and saving of distance shots	Sport Hall	Barda
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Offence in numerical superiority and inferiority	Sport Hall	Landure
12.30	Lunch		
14.00 - 15.15	Decision making training	Sport Hall	Barda
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Collective fast break and quick retreat	Sport Hall	Landure
18.00 / 20.30	2016 EURO matches	EURO Hall	
	Dinner	EURO Hall	
Wednesday 20th Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 - 09.45	Psychological topic	Conference Room	Gunnarsson
09.45 - 10.45	Psychological topic	Conference Room	Gunnarsson
10.45 - 11.00	Coffee Break		
11.00 - 11.45	Psychological topic	Conference Room	Gunnarsson
12.30	Lunch		
14.00 - 15.15	Goalkeeper in 1:1 game situation	Sport Hall	Barda
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Warming-up and small games	Sport Hall	Landure
17.30 - 18.30	Evaluation of EURO matches	Conference Room	Kovacs
19.30	Dinner	Hotel	
Thursday 21st Jan. 2016			
08.00 - 09.00	Breakfast		
09.00 - 09.45	Comprehensive ECh analysis	Conference Room	Kovacs
09.45 - 10.15	Coffee break		
10.15 - 11.15	Referee topic	Conference Room	Dragan Nachevski / EHF MC
11.15 - 12.00	Closing	Conference Room	EHF, local organiser
12.30	Lunch		
Afternoon	Departure		



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**2017 EHF “RINCK” Convention Seminar
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Basic Data Module 2

**2nd module in Szczyrk/ POL from 18 – 25 June 2016
51 participants out of 17 nations, 1 guests from QAT**

EHF Lecturers:

Peter Kovacs / HUN / EHF MC

Klaus Feldmann / GER / EHF MC

Alexandru Acsinte / ROU / EHF Lecturer

Rolf Brack / GER / EHF Lecturer

Ole Bruun Andersen (Goalcha) / DEN

Bojana Jelcic / CRO

Lars Bojsen Michalsik / DEN

Peter Fröschl / AUT / EHF Office



EHF Competence Academy & Network



Programme: 2016 EHF "Rinck" Convention Open Master Coach and Licensing
Course - 2nd Module



EUROPEAN HANDBALL
FEDERATION

	Check of conference room and sport hall facilities	Conference Room + Sport Hall	EHF
Sat, 18 June 2016			
09.00 - 11.00	Leaders' meeting - course organisation	Conference Room	EHF/POL OC
12.30h	Lunch	Hotel	
until 14.00	Indiv. Arrival / Check-In / Accreditation		
14.00 - 14.30	Opening	Conference Room	EHF/POL OC
14.30 - 15.30	Findings EURO 2016	Conference Room	Peter Kovacs / MC Member
15.30 - 16.00	Coffee Break		
16.00 - 17.00	Theory	Conference Room	Goalcha
17.00 - 18.00	Numerical superiority	Conference Room	Kovacs
20.00h	Dinner		
Sun, 19 June 2016			
09.00 - 10.15	Communication within the whole team on match-day	Conference Room	Bojana Jelcic
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Time-out in theory and practice	Conference Room	Jelcic
12.30h	Lunch	Hotel	
14.00 - 14.45	Practical exercise - part 1	Sport Hall	Goalcha
14.45 - 15.30	Practical exercise - part 2	Sport Hall	Goalcha
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Numerical superiority	Sport Hall	Kovacs
20.00h	Dinner	Hotel	
Mon, 20 June 2016			
09.00 - 10.15	The phenomenon of psychological momentum in handball	Conference Room	Jelcic
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Tabs & Apps / Matchobservation and -analysis	Conference Room	Klaus Feldmann / EHF Lecturer
12.30h	Lunch	Hotel	
14.00 - 15.30	Techniques of defence: Stealing, traps and blocking	Sport Hall	Feldmann
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Active defence	Sport Hall	Feldmann
20.00h	Dinner	Hotel	
Tue, 21 June 2016			
09.00 - 10.30	Tactical learning process of the youth handball players	Sport Hall	Feldmann
10.30 - 10.45	Coffee Break		
10.45 - 12.15	General agility & Fastbreak	Sport Hall	Feldmann
12.30h	Lunch		
16.00 - 17.30	Physical demands in elite team handball	Conference Room	Lars Bojsen Michalsik
17.30 - 17.45	Coffee Break		
17.45 - 19.15	Aerobic and anaerobic training	Conference room	Michalsik
20.00	Dinner	Hotel	



Wed, 22 June 2016			
09.00 - 10.15	Plyometrics in handball / Proprioceptive training in handball	Conference Room	Alexandru Acsinte / EHF Lecturer
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Aerobic and anaerobic training	Sport Hall	Michalsik
12.30h	Lunch		
14.00 - 15.15	Proprioceptive Work	Sport Hall	Acsinte
15.15 - 15.45	Coffee Break		
15.45 - 17.00	Proprioceptive Work	Sport Hall	Acsinte
20.00h	Dinner	Hotel	
Thu, 23 June 2016			
09.00 - 10.15	Beach Handball: Basics + how to start	Conference Room	Peter Fröschl / EHF Office
10.15 - 10.45	Coffee Break		
10.45 - 12.00	7:6 status quo and quo vadis with new rules	Conference Room	Rolf Brack / EHF Lecturer
12.30h	Lunch	Hotel	
14.00 - 15.30	7:6 with new rules: Offence systems with 2 and 3 pivot players	Sport Hall	Brack
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Organising of the offence: ideas, areas after transition from wings and centre back	Sport Hall	Brack
17.30 - 19.00	Participants' presentation / discussion	Conference Room	
20.00	Dinner	Hotel	
Fri, 24 June 2016			
09.00 - 10.15	Beach Handball: Rules + Tactics + 2 point goals	Conference Room	Fröschl
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Analysis of the performance of German team in the EURO/2016/POL	Conference Room	Brack
12.30h	Lunch	Hotel	
14.00 - 15.30	Simple crossing combinations and variations of the German team in the EURO 2016	Sport Hall	Brack
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Condition and coordination exercises combined with shots	Sport Hall	Kovacs
20.00h	Dinner	Hotel	
Sat, 25 June 2016			
09.00 - 10.30	Offence in small groups: 2-2, 3-3, 4-4, 5-5	Sport Hall	Kovacs
10.30 - 11.00	Coffee Break		
11.00 - 12.00	Thesis Information + Final Meeting	Conference room	Kovacs / all
12.30h	Lunch		
13.30	Departure		



**2017 EHF “RINCK” Convention Seminar
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Basic Data Module 3

**3rd module in Gothenburg / SWE from 9 – 16 December 2016
49 participants out of 18 nations, 1 guest from QAT**

EHF Lecturers:

Peter Kovacs / HUN / EHF MC

Marta Bon / SLO / EHF MC

Zoltan Marczinka / HUN / EHF Lecturer

Wolfgang Pollany / AUT / EHF Lecturer

Branislav Pokrajac / SRB / EHF Lecturer

Andreas Vock / AUT

Helmut Höritsch / AUT / EHF Office



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Preliminary Programme:
2016 EHF "Rinck" Convention Open Master Coach and Licensing Course -
3rd Module
2016 EHF Licence Renewal Seminar (13 - 16 Dec. 2016)



EUROPEAN HANDBALL
FEDERATION

Thu 8 Dec. 2016			
Afternoon / evening	Indiv. Arrival / Check-In optionally		
Fri 9 Dec. 2016			
Until 12:00	Indiv. Arrival / Check-In / Accreditation		
09.00 - 10.30	Leaders' meeting - course organisation		EHF/SHF
12.30h	Lunch		
13.30 - 14.00	Opening	Conference Room	EHF/SHF
14.00 - 15.30	Thesis defending	Conference Room 1 + 2	Bon, Marczinka, Pollany, Kovacs
14.00 - 15.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Burger, Filz, Kramer
14.00 - 15.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Pevnitskiy, Papic, Sostaric
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Lepp, Kekki
16.00 - 17.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Lindholm, Elkedim
19.00	Dinner		
Sat, 10 Dec. 2016			
09.00 - 10.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Ongaro, Bansa, Lugli
09.00 - 10.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Vago, Oskarsson, Sveinsson
10.30 - 11.00	Coffee Break		
11.00 - 12.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Savini, Juskenas, Rašimienė
11.00 - 12.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Savukynas, Skarbalius, Markovski
12.30h	Lunch	Hotel	
13.30 - 14.30	Preview EURO matches - task distribution	Conference Room 1 + 2	Kovacs / Participants
14.30 - 15.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Nijdam, van Erp
14.30 - 15.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Janiszewski, Jarzabek
15.30 - 16.00	Coffee Break		
16.15 + 18.30 + 20.45	EURO Matches		
Sun, 11 Dec. 2016			
09.00 - 10.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Kisiel, Lisiewicz,
09.00 - 10.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Markuszewski, Marzec, Ovidiu Mihai
10.30 - 11.00	Coffee Break		
11.00 - 12.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Parecki, Peplinsky, Pilch
11.00 - 12.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Skórski, Smolarczyk, Struzik
12.30h	Lunch	Hotel	
14.00 - 15.30	Review EURO matches - discussion	Conference Room	Kovacs / Participants
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Tomaszewski, Ziemkiewicz
16.00 - 17.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Andrésson, Arlehall Lång
19.45h	Welcome dinner		



Mon, 12 Dec. 2016			
09.00 - 10.30	Thesis defending	Conference Room 1 (Kovacs, Marc.)	Larholm, Schneider, Zuta
09.00 - 10.30	Thesis defending	Conference Room 2 (Pollany, Bon)	Arin, Öztürk, Fiege
10.30 - 11.00	Coffee Break		
11.00 - 12.30	Preview EURO matches - task distribution	Conference Room	Kovacs / Participants
12.30h	Lunch		
14.00 - 15.30	Team fast break and turnover play, transition play defense - offense	Sport Hall	Marczinka
15.30 - 16.00	Coffee Break		
16.00 - 16.30	Micro Handball + Midi Handball	Sport Hall	Pollany
16.30 - 17.30	Complex Offense Drills	Sport Hall	Pollany
18.30 + 20.45	EURO Matches		
Tue 13 Dec. 2016			
09.00 - 10.30	Theory	Conference Room	Vock
10.30 - 11.00	Coffee Break		
11.00 - 12.30	Review EURO matches - discussion	Conference Room	Kovacs / Participants
12.30h	Lunch		
14.00 - 15.30	Speed & Endurance	Sport Hall	Vock
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Core Stability	Sport Hall	Vock
20.00h	Dinner	Hotel	
Wed 14 Dec. 2016			
09.00 - 10.00	Brain Concepts and Theories	Conference Room	Pollany
10.00 - 11.00	Mirror Neurons and Performance Control	Conference Room	Pollany
11.00 - 11.30	Coffee Break		
11.30 - 12.30	Social Structures and Roles in Teams	Conference Room	Pollany
12.30h	Lunch	Hotel	
14.00 - 15.30	A call for more variety in feinting	Sport Hall	Pokrajac
15.30 - 15.45	Coffee Break		
16.15 + 18.30 + 20.45	EURO Matches		
Thu 15 Dec. 2016			
09.00 - 10.00	EHF - Team Sport Governance	Conference Room	Hörtsch
10.00 - 11.00	Application of substitution tactics in terms of the rule modifications	Conference Room	Pokrajac
11.00 - 11.30	Coffee Break		
11.30 - 12.30	EHF CAN and Rinck Convention Update	Conference Room	Hörtsch
12.30h	Lunch		
14.00 - 15.30	"Zone pressing" and "Doubling" implicated in handball defense	Sport Hall	Pokrajac
15.30 - 16.00	Coffee Break		
16.30 - 17.30	Developing speed endurance by means of defense drills	Sport Hall	Pokrajac
20.00h	Dinner	Hotel	
Fri 16 Dec. 2016			
09.00 - 10.00	Theory	Conference Room	Ref. Responsible
10.00 - 10.15	Coffee Break		
10.15 - 11.15	Comprehensive ECh analysis	Conference Room	Peter Kovacs
11.15 - 12.00	Closing / Certificates	Conference Room	EHF + local organiser
12.00h	Lunch		
Afternoon / evening	Individual departure		



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Content of the Course

- Theory /handball/: 32 topics
- Psychology: 8 topics
- Practice:
 - Tactic: 23 topics
 - Technique: 7 topics
- Physical preparation: 11 topics
- EHF EURO matches watched live during the course: 13



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Amount of participants by countries:

AUT: 3

BLR: 1

CRO: 2

EST: 1

FIN: 2

FRA: 2

GBR: 1

GER: 2

HUN: 2

IRL: 1

ITA: 2

LTU: 4

MKD: 1

NED: 3

POL: 17

SWE: 6

TUR: 2



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2017 EHF “RINCK” Convention Seminar 9-10 February 2017 in Vienna / Austria

Theses

- Till the end of the 2nd Module the participants had to choose the topic of their thesis and provide it to the EHF Office.
- EHF Lecturer, Wolfgang Pollany/AUT, supervised the theses first and gave a feedback to the participants.
- 49 coaches defended their thesis successfully and received the EHF Master Coach Diploma, as well as the EHF Pro Licence.



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2017 EHF “RINCK” Convention Seminar 9-10 February 2017 in Vienna / Austria

Submission Guidelines for the Theses

The thesis should contain 15 to 20 pages including all the images and tables.
All text shall be written using the Program MS Word for Windows 6.0 or more recent.
Types shall be Times New Roman, 12-point, single-spaced, justified.
Images, tables and figures may be included made with MS Word and/or MS Excel.
Tactical graphics have to be done by computerized programs compatible with MS Word and therefore adjusted and included into the written text.

A summary of a maximum of 15 lines has to be attached.

The head should be centered and contain the following lines:

- The title of the thesis in capitals and bold letters.
- The author's full name
- The federation and country

Order of the text:

Title, Summary, Keywords (5 as max.), Introduction, Methods, Development, Results and Discussion, Conclusions, References.

References and quotations have to be done as follows:

Ref.: COX, R. H.: Sport Psychology (3rd ed.), Dubuque 1994

Quot.: „.....“ (COX, 1994, p. ..)

References and quotations taken from the internet have to follow international use.



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Submission Guidelines for the Theses 2

The thesis might be done in your first language but a justified translation in English language has to be submitted to the EHF office in electronic form to the following address:

froeschl@eurohandball.com

Submission deadline is Oct.12th (first submission), feedback will be sent by Oct.29th the latest.

In case of any correction necessary the deadline for the second edition will be Nov. 16th.

Along with the submission of the thesis a CV has to be sent to the said address.

All your contributions will be collected by the EHF office and a unified layout will be done in order to issue a special edition of the EHF periodical in the internet.

Criteria of the evaluation of your submission will be formal on one hand rating and in terms of content, originality and stringent of the ideas and follow through on the other hand.

In case of any further questions do not hesitate to contact me by phone or e-mail.



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Topics of submitted theses:

	Nat.	Name	Topic	Confirmed
1	AUT	Burger	Development of the game plan of two games from the 2016 EURO men(GER:ESP)	Kovacs
2	AUT	Filz	Goalkeeper analysis of the 2016 ChL Final men	Kovacs
3	AUT	Kramer	Universal fast break concept working against any not yet organized defence	Kovacs
4	BLR	Pevnitskiy	Standard tactical combinations in handball and education of innovative approaches	Kovacs
5	CRO	Papic	Psychomotor speed in handball and its development in childhood	Kovacs
6	CRO	Sostaric	Annual training plan and program of a top level women's handball team in CRO: Locomotive Zagreb	Kovacs
7	EST	Lepp	The prototype of ideal elite adult team coach according the knowledge and ideas of Master Coach 2016 participants!	Kovacs
8	FIN	Kekki	Attack with an extra player and without goalkeeper: advantages and disadvantages	Kovacs
9	FIN	Lindholm	Mental preparation before a game (one week until the game)	Kovacs
10	FRA	Carrara	Study of playing in numerical superiority in offence (6 against 5) during the men's and women's Final4. Comparison and impact on the final result	Kovacs
11	FRA	Degouy	Analysing the construction of the offence 7 against 6 of the ARG men's National Team	Kovacs
12	GBR	Elkedim	The future multi skilled goalkeeper	Kovacs
13	GER	Bansa	Analysis of the offence in numerical inferiority of the German Team in the Euro 2016. And its influence on winning the Championship	Kovacs
14	HUN	Bohus	2016 EURO / POL: Analysis of the efficiency of the line players performance	Kovacs
15	HUN	Vago	2016 EURO / POL: Analysis of GER team actions in numerical superiority and inferiority	Kovacs
16	IRL	Ongaro	Investigation on the use of accelerated learning technique with non-professional players	Kovacs
17	ISL	Oskarsson	How basketball training could improve the defence skills of handball players	Kovacs
18	ISL	Svensson	Timing and efficiency of TTOs in the 2016 men's EURO	Kovacs
19	ITA	Lugli	Investigating teams attack in numerical superiority during 2016 Men's EHF Cup Final Four	Kovacs
20	ITA	Savini	Open defence solutions in women's elite handball	Kovacs
21	LTU	Juskenas	Fast break actions in handball team Dragunas, Klaipeda and comparison with National men team Lithuania	Kovacs
22	LTU	Rasimienė	PHYSIOLOGICAL DEMANDS OF SEMI-PROFESSIONAL FEMALE HANDBALL PLAYERS DURING MATCH-PLAY	Kovacs
23	LTU	Savukynas	Length of attack and game intensity comparison in team handball in different European countries championship	Kovacs
24	LTU	Skarbalius	Monitoring sport performance in semi-professional female team handball	Kovacs
25	MKD	Markovski	Individual, group and collective fast breaks and the development of the fast breaks from various defence systems	Kovacs
26	NED	Fiege	The importance of man advantage and man disadvantage in handball games	Kovacs
27	NED	Neijdam	The success of the Dutch female Handball Academy	Kovacs



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Topics of submitted theses 2:

28	NED	van Erp	Dynamic change and game play to a 4:2 attack and defence solutions	Kovacs
29	PLO	Lisiewicz	Differences in game play of POL and GER National Team wing players in the men's EURO 2016	Kovacs
30	POL	Janiszewsky	Physical education of 18 years old male handball players in POL handball teams	Kovacs
31	POL	Jarząbek	Characteristic effort start-up as an indicator of functional training in team handball	Kovacs
32	POL	Karkut	Decision making during key moments of the 2016 women's Final4	Kovacs
33	POL	Kisiel	Strategy of attack in numerical superiority	Kovacs
34	POL	Konitz	Psychological and mental attributes in modern handball	Kovacs
35	POL	Markuszczyk	Comparison of numerical superiority game systems using the example from leading teams of the 2016 men's EURO	Kovacs
36	POL	Marzec	Comprehensive analysis and data comparison of the 2015 and 2016 women's CHL winner's in offence	Kovacs
37	POL	Obrusiewicz	Offence game analysis of MKS Zagłębie Lubin in 2015/16	Kovacs
38	POL	Parecki	The influence of goalkeepers' performance on match results on example of POL National Team during OGs qualification tournament in Gdansk	Kovacs
39	POL	Peplinski	Agility comparison of youth players depending on the sport career duration	Kovacs
40	POL	Pilch	Analysis of wing players offence game at the M20 EURO in DEN	Kovacs
41	POL	Skórski	Comprehensive analysis of offensive play of youth national team (POL U18) during the 2016 M18 EURO in CRO.	Kovacs
42	POL	Smolarczyk	Comprehensive studies on numerical superiority offensive gameplay of polish national team during World Championships in Qatar 2015	Kovacs
43	POL	Struzik	Goalkeeper, characteristics of the position, playing technique, training	Kovacs
44	POL	Tomaszczyk	U18 youth POL National Team preparation period before the M18 EURO in CRO	Kovacs
45	POL	Wleklak	Polish National handball team: Analysis of the offence in 2015 WCh and EURO 2016	Kovacs
46	POL	Ziembkiewicz	Similarity and differences between various levels of team statistics	Kovacs
47	ROU	Tirca	A study on back players efficiency at the women's european competition between 2011 and	Kovacs
48	SWE	Andrésson	Back checking in mens team handball to defend the phases of fast breaks from the opponent.	Kovacs
49	SWE	Arlehall Lång	Methods of measuring Readiness in elite Handball players and implications of these findings in training.	Kovacs
50	SWE	Larholm	Key points to create a successful defence 5 – 6	Kovacs
51	SWE	Schneider	How to take advantage of teams that change players from offence to defence	Kovacs
52	SWE	Zuta	Defensive play for wing players in 3-2-1 formation	Kovacs
53	TUR	Akın	Analysis of the performance of BJK (Istanbul) in the CHL (group A)	Kovacs
54	TUR	Öztürk	Analysis of the TUR men's National Team to compare with top level teams from EURO 2016	Kovacs



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The European Championship analyses include the official result bulletin, the referees' statistics based on the delegates' reports, the quantitative analysis (individual, team and cumulative statistics provided by Swiss Timing for senior categories and the Sport Data Gdansk for Younger Age Categories), as well as the qualitative analysis (trends) commented by EHF experts.

- 2016 12TH MEN'S EURO POL Final Round
 - Quantitative Analysis
 - Cumulative Statistics
 - Match Statistics
 - Individual Statistics
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- 2016 MEN'S M20 EURO DEN Final Round
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- 2016 MEN'S M18 EURO CRO Final Round
 - Quantitative Analysis



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2016 EHF Licence Renewal Seminar
13.12.2016-16.12.2016 IN GÖTTENBURG (SWE)

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2016 EHF "Rinck" Convention Open Master Coach And Licensing Course (3rd Module)
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2016 EHF Course For Beach Handball Referees, Delegates And Coaches
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 - Cumulative Statistics
 - Match Statistics
 - Individual Statistics
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 - Trend Analysis
- 2016 12TH WOMEN'S EURO SWE Final Round
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 - Cumulative Statistics
 - Match Statistics
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NEWS REPORT: All theses from the 2016 Master Coach courses in Portugal/Spain, Germany and Serbia are now available on the EHF Activities website

COMPILATION OF EHF MASTER COACH THESES AVAILABLE

A compilation of all the theses submitted and defended by the participants of the Master Coach courses licensed by the EHF, which took place in Germany, Portugal/Spain and Serbia in 2016, is now available.

All titles and topics of all theses can be found in the downloadable pdfs below.

[EHF Master Coach Theses from Portugal/Spain course](#)

[EHF Master Coach Theses from Germany course](#)

[EHF Master Coach Theses from Serbia course](#)

Furthermore the thesis of Marco Trespidi of the Italian Handball Federation, a participant of the latest EHF Master Coach Course, can be downloaded [here](#).

The actual theses can be found and downloaded on the [EHF's activities website](#).

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The EHF's Competence Academy & Network has published a range of videos related to practical handball demonstrations showcased at the 2016 EHF "RINCK" Convention Open Master Coach and Licensing Course

VIDEOS FROM EHF MASTER COACH COURSE MODULES PUBLISHED

The EHF's Competence Academy & Network (CAN) has published a range of videos related to the practical handball demonstrations showcased at the second and third module of the 2016 EHF "RINCK" Convention Open Master Coach and Licensing Course.

The videos are available on the [EHF CAN Youtube channel](#).

At the second module which was held from 18 to 25 June 2016 in the Polish city of Szczyrk, the presentations were held by GOALCHA expert Ole Bruun Andersen from Denmark together with EHF Lecturers Peter Kovacs, Alexandru Acsinte, Klaus Feldmann and Rolf Brack.



At the third module which took place in Gothenburg from 9 to 16 December on the fringes of the Women's EHF EURO, presenters included Zoltan Marczinka, Wolfgang Pollany, Andreas Vock and Branislav Pokrajac.



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With reference to the 3rd Module of 206 EHF "Rinck" Convention Open Master Coach & Licensing Course in Gothenburg/SWE in December 2016 the following practical demonstrations were presented by the EHF Lecturers Zoltan Marczinka /HUN, ... Mehr

Alle ansehen

Teilen

Speichern


1



Team fast break and turnover play, transition play defense-offense by EHF Lecturer Zoltan Marczinka

von EHF CAN


2



Micro Handball + Midi Handball by EHF Lecturer Wolfgang Pollany

von EHF CAN


3



Complex Offense Drills by EHF Lecturer Wolfgang Pollany

von EHF CAN


4



Speed & Endurance by EHF Lecturer Andreas Vock

von EHF CAN


5



Core Stability by EHF Lecturer Andreas Vock

von EHF CAN

6



A Call for More Variety in Feinting by EHF Lecturer Branislav Pokrajac

von EHF CAN

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**2017 EHF “RINCK” Convention Seminar
9-10 February 2017 in Vienna / Austria**

Awarding

- **Master Coach Certificate**
- **EHF Pro Licence / EHF Licence**
- **3rd module participation**
 - **Confirmation of status**



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9-10 February 2017 in Vienna / Austria**

***Thank you very much for your kind
attention!***

**Peter Kovacs
kovacsp3@freemail.hu**



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