

GOALCHA™

STREET HANDBALL

A game for everybody!



Handball – Status Quo

In spite of all popularity handball is practically not played outside the organized environment of handball clubs.

Handball is rarely part of school sports.

Specifications – Preconditions – Standards

- Fixed preconditions for the sizes of goals, balls and playing fields
- A fixed number of players is necessary
- Numerous complex rules
- The players have to possess a high degree of skills and fitness
- Handball depends on a organized environment and on sports halls
- A referee or coach is required

Fear of Pain

- The usual ball is hard and especially hurts the children when catching it
- Beginners are discouraged by the body-oriented aspect of the match (e.g. tacklings)



GOALCHA is...

inclusion

a leisure time
sport and
modern type of
handball game

team play &
fair play

no competition

is a game
without referees
and trainers

flexible &
uncomplicated

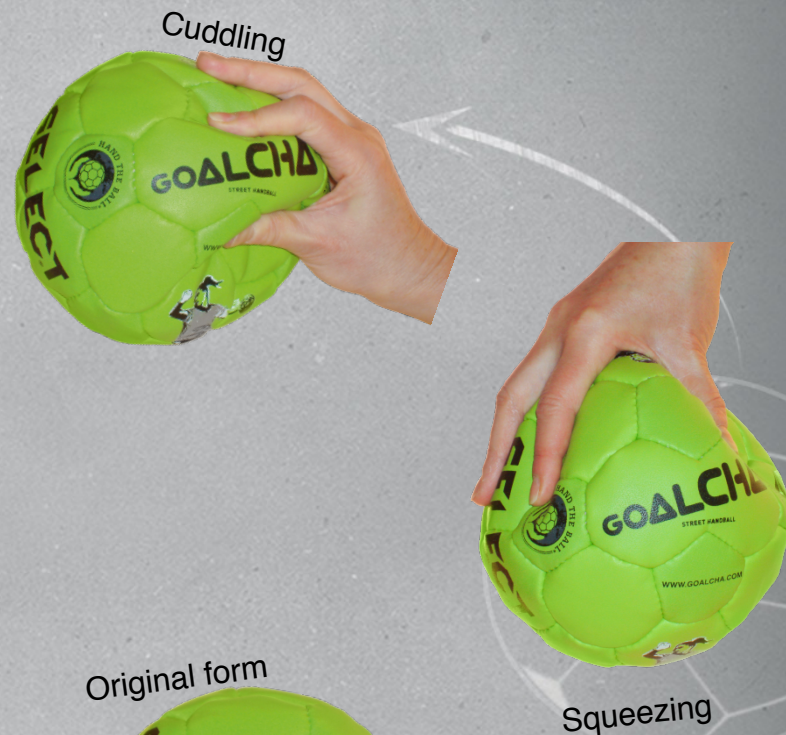
reduced to a
minimum in his
necessary
equipment

can be played on
every surface,
indoor as well as
outdoor



The GOALCHA-Ball

- Cuddling & squeezing - the GOALCHA-Ball can easily be compressed and always turns back to the original form
- The GOALCHA-Ball is hand sewed out of synthetic leather and filled with synthetic wool
- The ball is not inflated. It is cushy to catch, does not bounce and cannot be dribbled!
- The GOALCHA-Ball is available in two sizes, circumference 42 cm and 47 cm



GOALCHA in Practice

- GOALCHA is subdivided in the...

leisure time sport GOALCHA Street Handball



... and in the GOALCHA Activities



GOALCHA Activities

GOALCHA Activities:

- The GOALCHA Activities mostly deal with exercises, juggling and different challenges with the GOALCHA-Ball
- How can "I", can "we", interact with the environment when there is no 'right' or 'wrong'?
- The aim is to achieve self-confidence and a feeling of skillfulness in the handling of the GOALCHA-Ball.
- Coordination between hand and eyes as well as the individual skills shall be improved by the physical activity
- By motivation and rejoice in the game with the GOALCHA-Ball will be enhanced

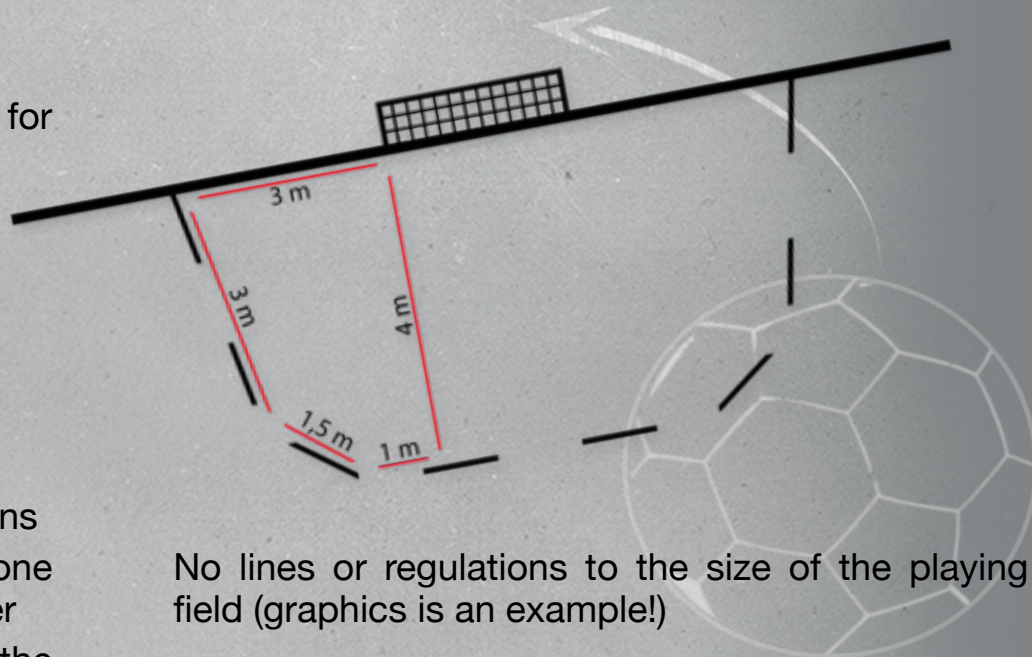


GOALCHA Street Handball

These are the Basic Rules!

(They can be adapted or changed by the players for their own game)

- Play on one (small) goal
- No body contact
- 3 steps – no dribbling
- Fair play – no referees
- Play e.g. 2 versus 2 or 4 versus 4
- After a goal or a goal attempt, the teams take turns
 - The attackers are now the defenders - one defense player is appointed as goal keeper
 - Before an attack can be launched, the offensive players must stand with the ball behind the line of the goal area



No lines or regulations to the size of the playing field (graphics is an example!)

Philosophy

Motivation:

- Most of the time every participant has a ball in his hand
- There is no 'right' or 'wrong'

Inspiration:

- The participants' competences and skills must be involved in the activities
- Time for experimentation
- Involvement of different cultures of movement, like gymnastics, parkour and entertainment, etc.



Education:

- The participants must be able to organized activities with the GOALCHA-Ball on their own
- The participants must spread the GOALCHA-concept according to the youth to youth principle
- The participants must involve the GOALCHA-ball in various existing games and playing activities

Inclusion pedagogy:

- Everybody participates in the process and the activities
- All participants are to be seen, recognized and, thereby, appreciated

Target Groups

Children – „action“

(8-11 year-old)

- Inherent desire to be active
- Adopting the leisure hour sports

activities of the teenagers (Copying the teenagers)

Family entities – „appreciation“

- Positive interest in new collective leisure hour activities for children
- Acknowledgement of their social responsibility – supportive of innovative and creative projects

Youngsters – „experience“

(14-18 year-old)

- Searching for new trends – striking an interest in cool sports



Clubs – „involvement“

- Positive interest in variable and straightforward measures for training
- Want to inspire and motivate the players

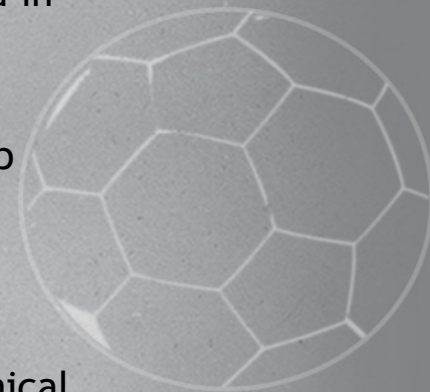
Schools – „information“

- Keen interest in new school and leisure hour activities
- Handball is not unquestionably part of school sports supply
- Ambition to inspire and invoke fun and enthusiasm by sports and physical collective activity among pupils

Technical Handball Training

The purpose of using the GOALCHA-Street ball in the technical handball training is to

- promote the learning situation and the development phase of children's and youngsters' technical skills with the ball, MOTORSKILLS
- develop the patterns of movement, coordination, timing and change of speed in different forms of passes, variations of shots and tricks, etc.
- players are successful in the learning phase and are not limited by failing grip and control.
- When the patterns of movement with the GOALCA ball are adopted, they are never forgotten, and the precondition of executing and performing the technical detail with a traditional handball is literally at hand.



Passes and shooting

The grip is important and improves:

- various types of passes and shots
- use the arm in many different positions
- An “open” or high arm - better chances of variations and selecting
- involving the hand-wrist
- placing the ball around in the goal



Tricks

A good grip and control of the ball has a big importance for the players' ability to:

- focus on the movements
- the timing
- change of speed
- use their shooting arms in connection with the trick getting a free and open arm in the last part of the trick
- the final phase placing the ball around in the goal



Training at Home

With the GOALCHA Street ball the handball players get a technique and education ball, which they can use in their development and for training purposes, but also as part of their playing practices at home, in school, among their friends, etc.

- experiments and test self-selected technical details, without the interference of the coach.
- players' initiative, creativity and experience often result in new possibilities and potentials for the players' individual development.

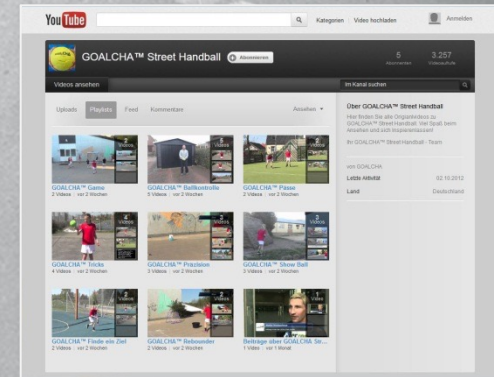


GOALCHA on the internet



www.GOALCHA.de

Education APP??



www.youtube.com/user/GOALCHA



www.facebook.com/GOALCHA

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Thank you for your participation!
Have a good time!