



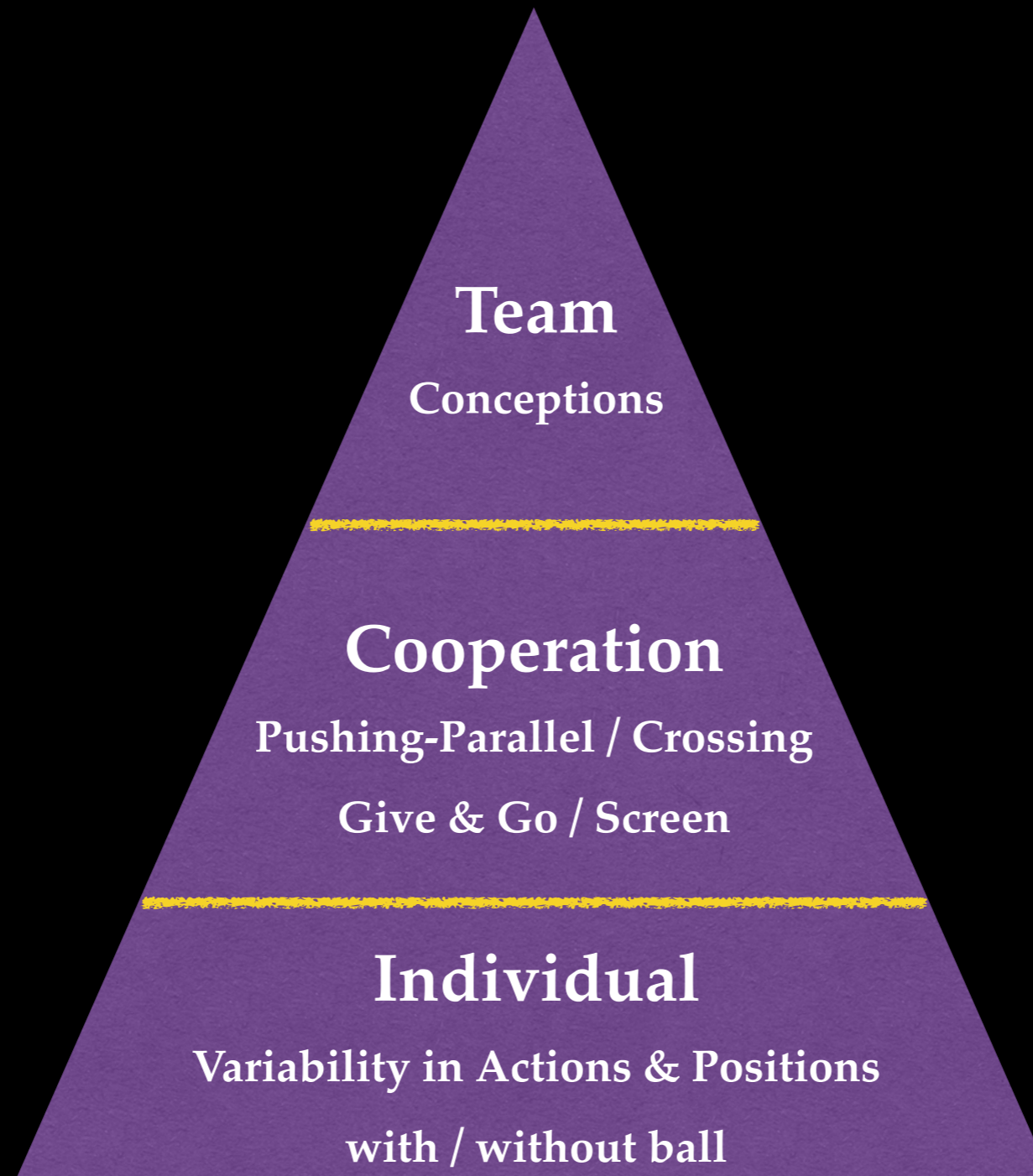
Variable defence



- **Structure & Characteristics**
- **Classification, Cooperation & Variability**
- **Wing- & Half-Defenders**



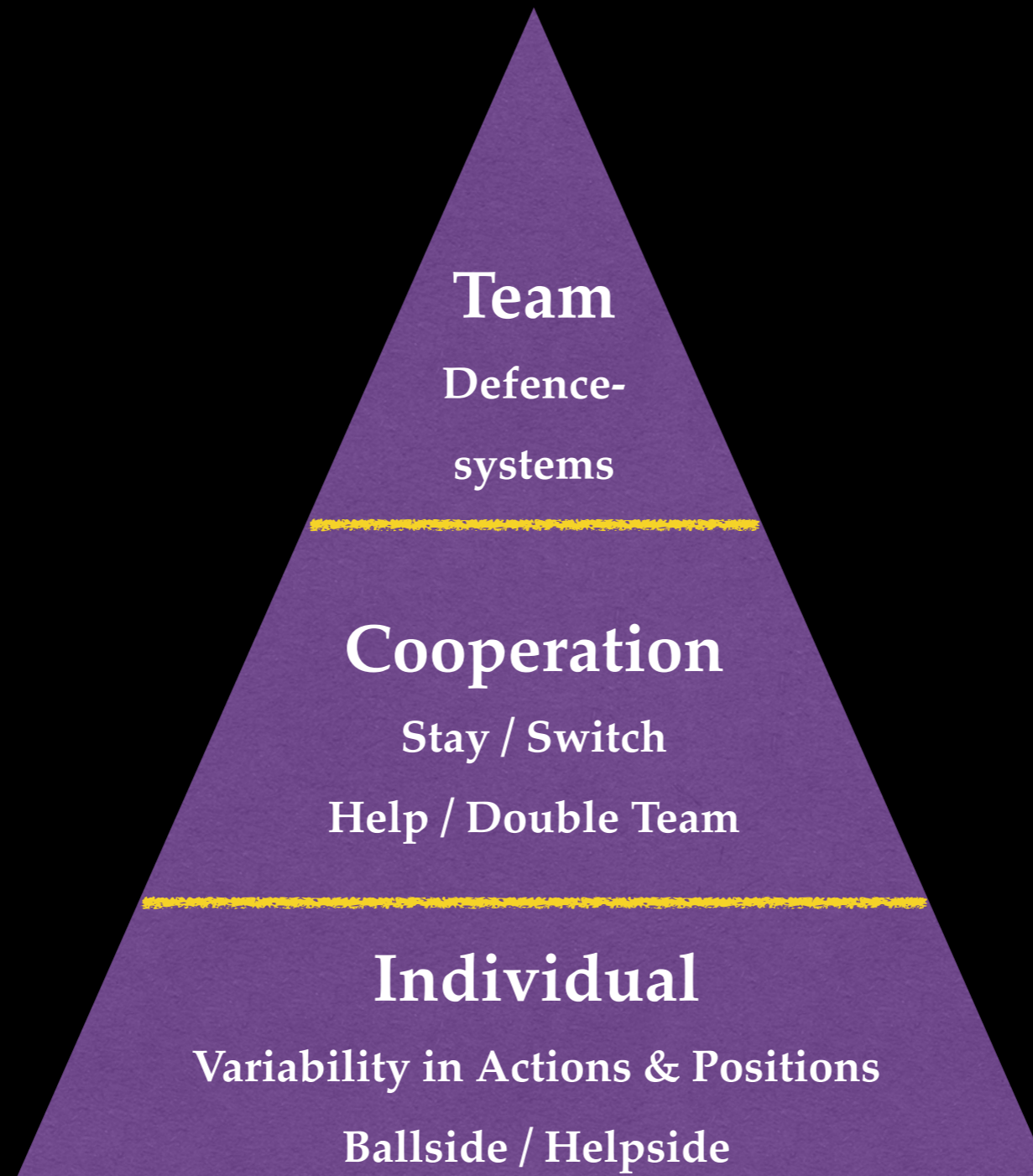
Variable defence



Structure & Characteristics



Variable defence



Structure & Characteristics



Variable defence



- **Attack teaches Defence**
- **Defence structures Attack**

Structure & Characteristics



Variable defence



- **Characteristics of offensive defence:**
 - ▶ **The defence covers the space in the depth in front of goal. The gaps between the defenders are big.**
 - ▶ **The defence offers big space for wing-players and pivot.**
 - ▶ **Open space is given inside the defence.**
 - ▶ **The ball-circulation is disturbed.**

Structure & Characteristics



Variable defence



- **Characteristics of defensive defence:**
 - ▶ **The defence covers the space in the width in front of goal. The gaps between the defenders are small.**
 - ▶ **The defence offers few space for wing-players and pivot.**
 - ▶ **Open space is given in front of the defence.**
 - ▶ **The ball-circulation ist not disturbed.**

Structure & Characteristics



Variable defence



- **Structure & Characteristics**
- **Classification, Cooperation & Variability**
- **Wing- & Half-Defenders**



Variable defence



- Structuring elements: opponent order space
 - ▶ man-to-man / sinking man-to-man
 - ▶ 1:5 / 3:3 / 3:2:1 / 5:1 / 6:0 / 4:2 / ...
 - ▶ combined systems: 5:0+1 / 4:0+2

Classification, Cooperation & Variability



Variable defence



- **basic principles in
defence-systems 1. rank**
 - ▶ **assignment to the opponent**
 - ▶ **basic position between opponent
and goal**
 - ▶ **observe opponent and ball**
 - ▶ **help**

Classification, Cooperation & Variability



Variable defence



◎ Forms of cooperation

- ▶ Stay
- ▶ Switch
- ▶ Help
- ▶ Double team

Classification, Cooperation & Variability

- **Individual Variability**
 - ▶ offensive or defensive
 - ▶ ballside / helpside
 - ▶ steering to the side or into the central area





Variable defence



- **Structure & Characteristics**
- **Classification, Cooperation & Variability**
- **Wing- & Half-Defenders**



Variable defence



● Variable Wing-Defenders

LWD & RWD	offensive	defensive
Ballside	anticipative Wing-pressing	

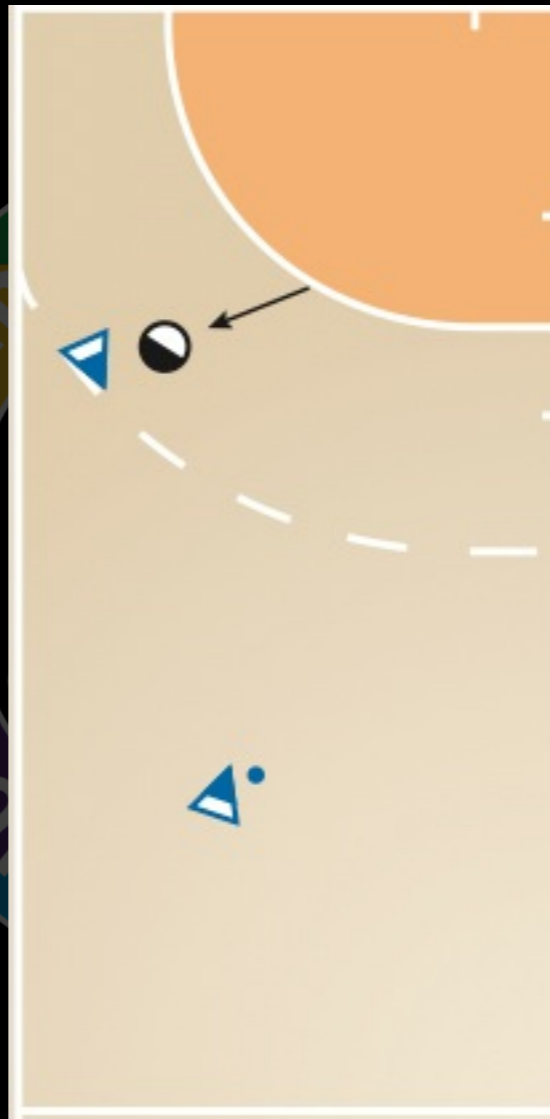
Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders

LWD & RWD	offensive	defensive
Ballside	anticipative Wing-pressing	basic position 6m allow ball-possession

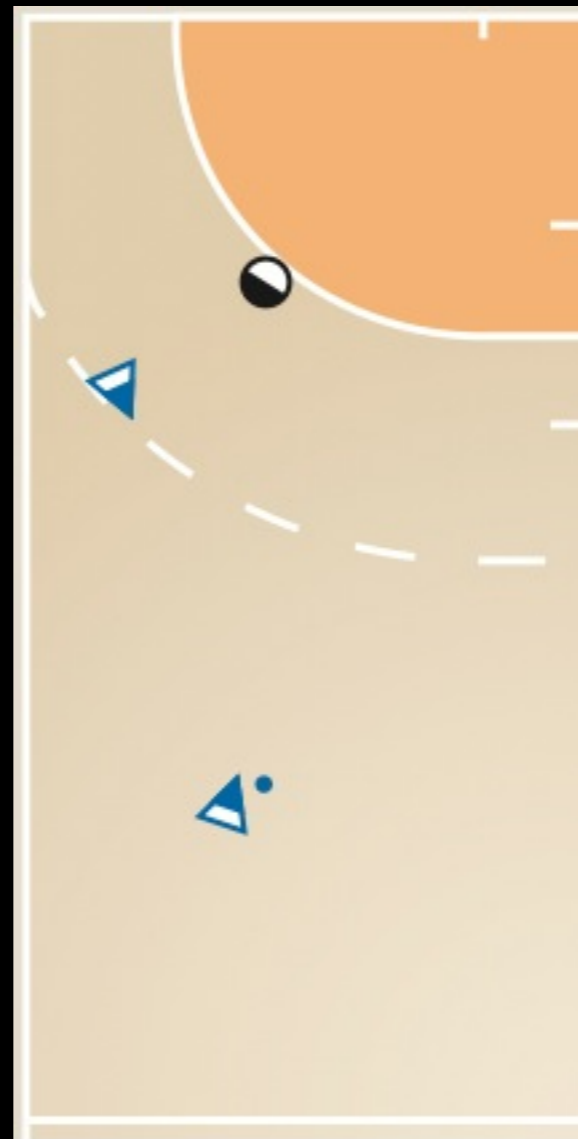
Wing- & Half-Defenders



Variable defence



Variable Wing-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders

LWD & RWD	offensive	defensive
Ballside	anticipative Wing-pressing	basic position 6m allow ball-possession
Helpside	1on2 open against LB/RB	

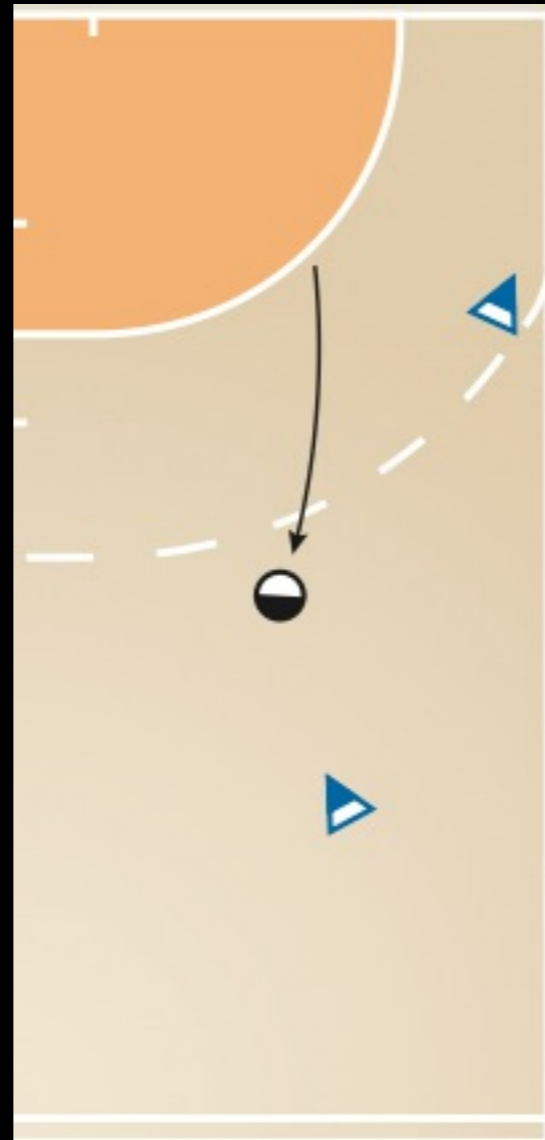
Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders

LWD & RWD	offensive	defensive
Ballside	anticipative Wing-pressing	basic position 6m allow ball-possession
Helpside	1on2 open against LB/RB	basic position 6m move to the ballside

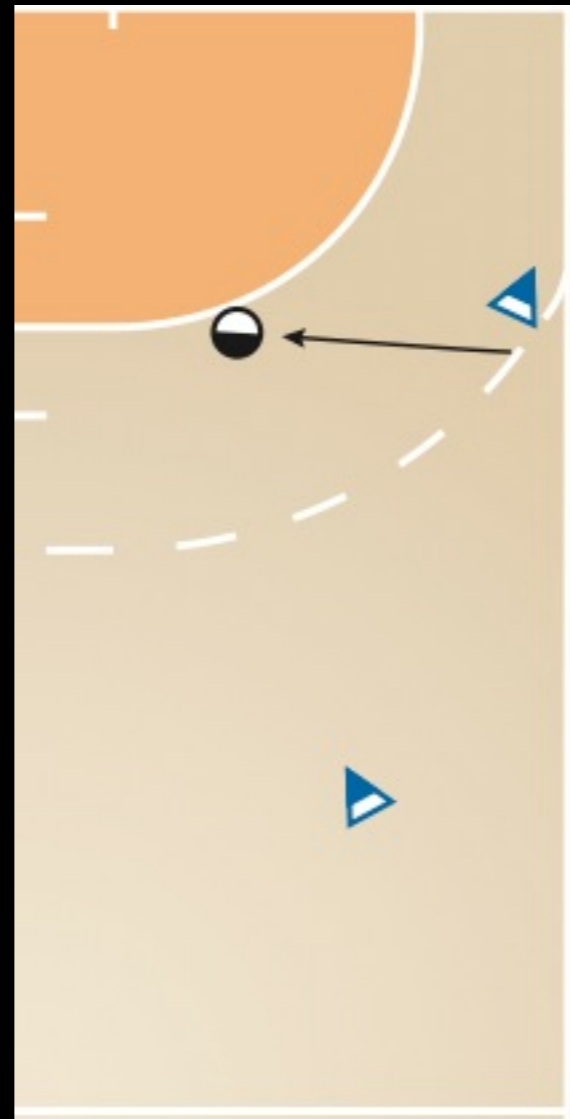
Wing- & Half-Defenders



Variable defence



● Variable Wing-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders

LHD & RHD	offensive	defensive
Ballside	open against LB/RB with/without ball	

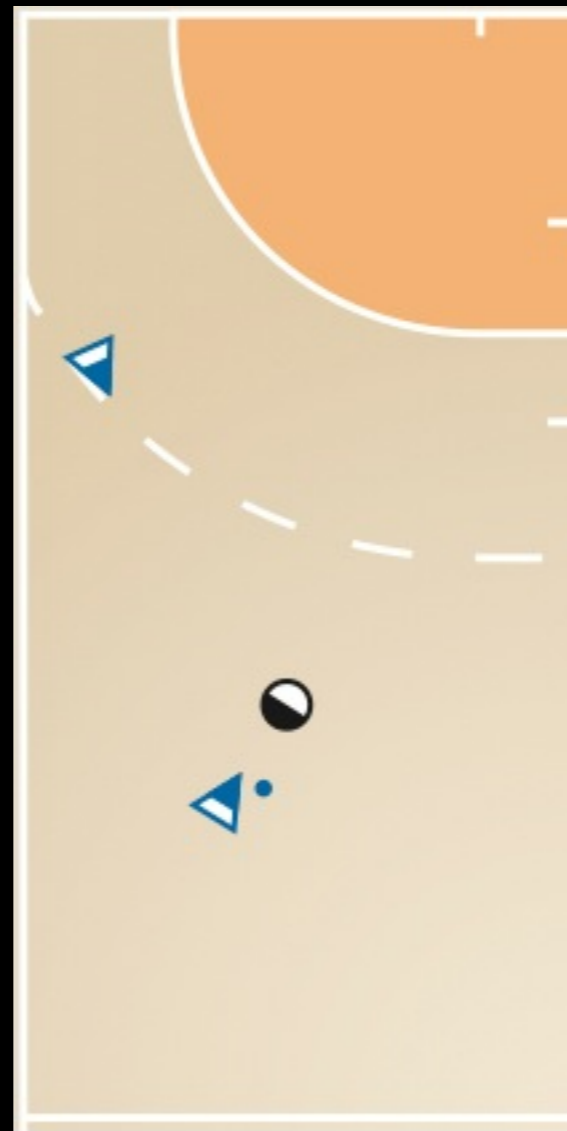
Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders

LHD & RHD	offensive	defensive
Ballside	open against LB/RB with/without ball	basic position 6m blocking

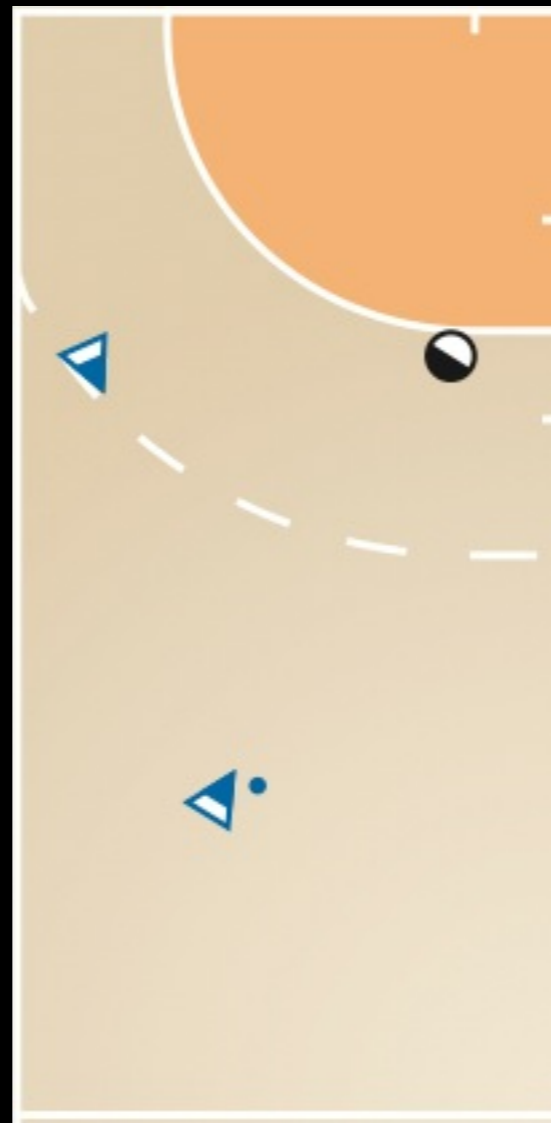
Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders

LHD & RHD	offensive	defensive
Ballside	open against LB/RB with/without ball	basic position 6m blocking
Helpside	positioning in the gap threatening CB	

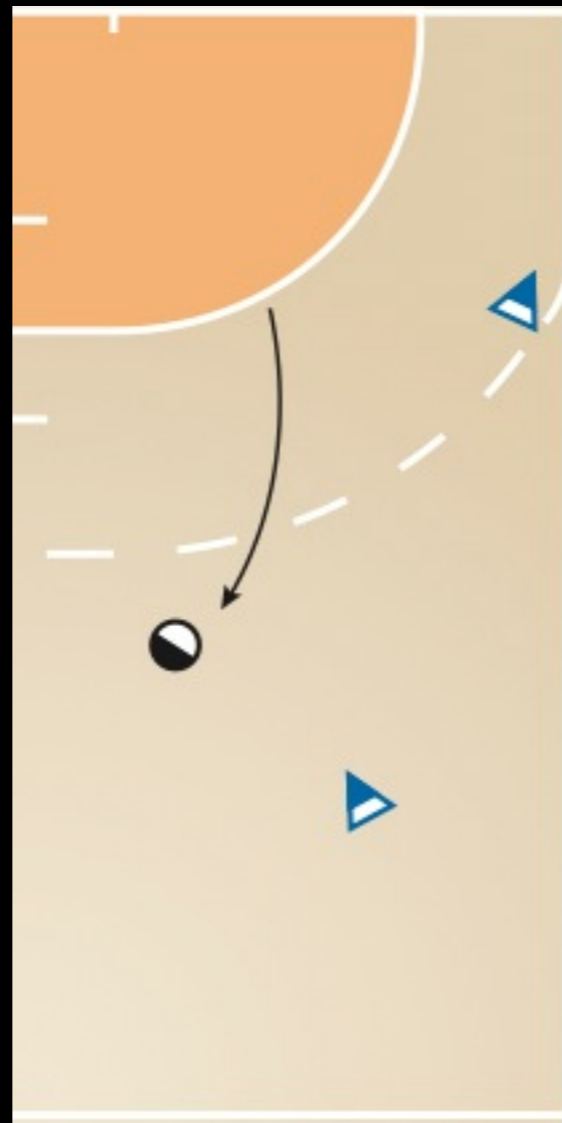
Wing- & Half-Defenders



Variable defence



Variable Half-Defenders



Wing- & Half-Defenders



Variable defence



● Variable Half-Defenders

LHD & RHD	offensive	defensive
Ballside	open against LB/RB with/without ball	basic position 6m blocking
Helpside	positioning in the gap threatening CB	basic position 6m move to the ballside

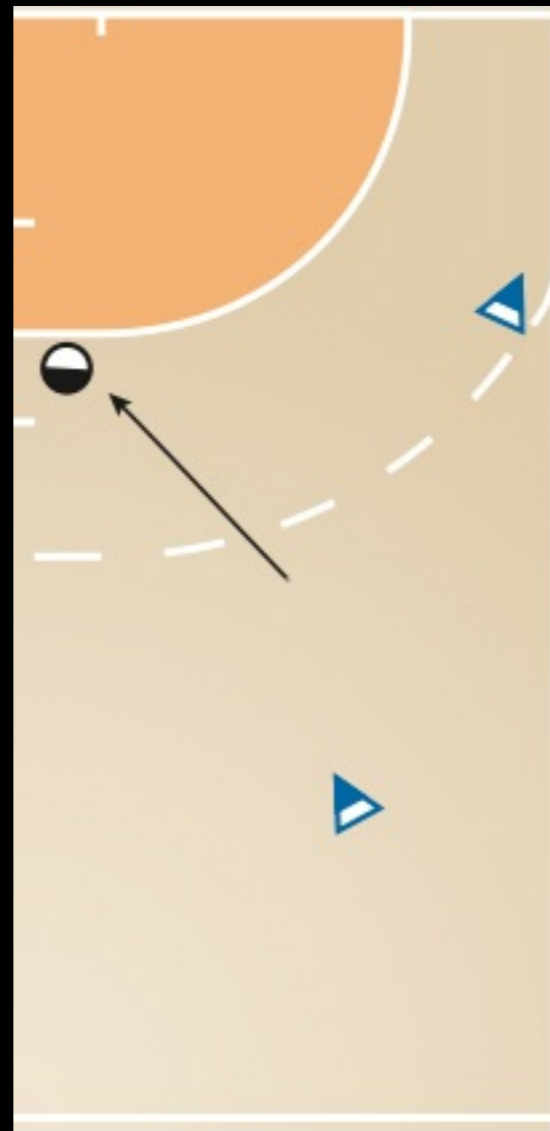
Wing- & Half-Defenders



Variable defence



Variable Half-Defenders



Wing- & Half-Defenders



Variable defence



Variable Defence on the side ⁽¹⁾

2on2	LWD & RWD	LHD & RHD
Ballside	defensive basic position 6m allow ball-possession	offensive open against LB/RB with/without ball
Helpside	offensive 1on2 open against LB/RB	defensive basic position 6m move to the ballside

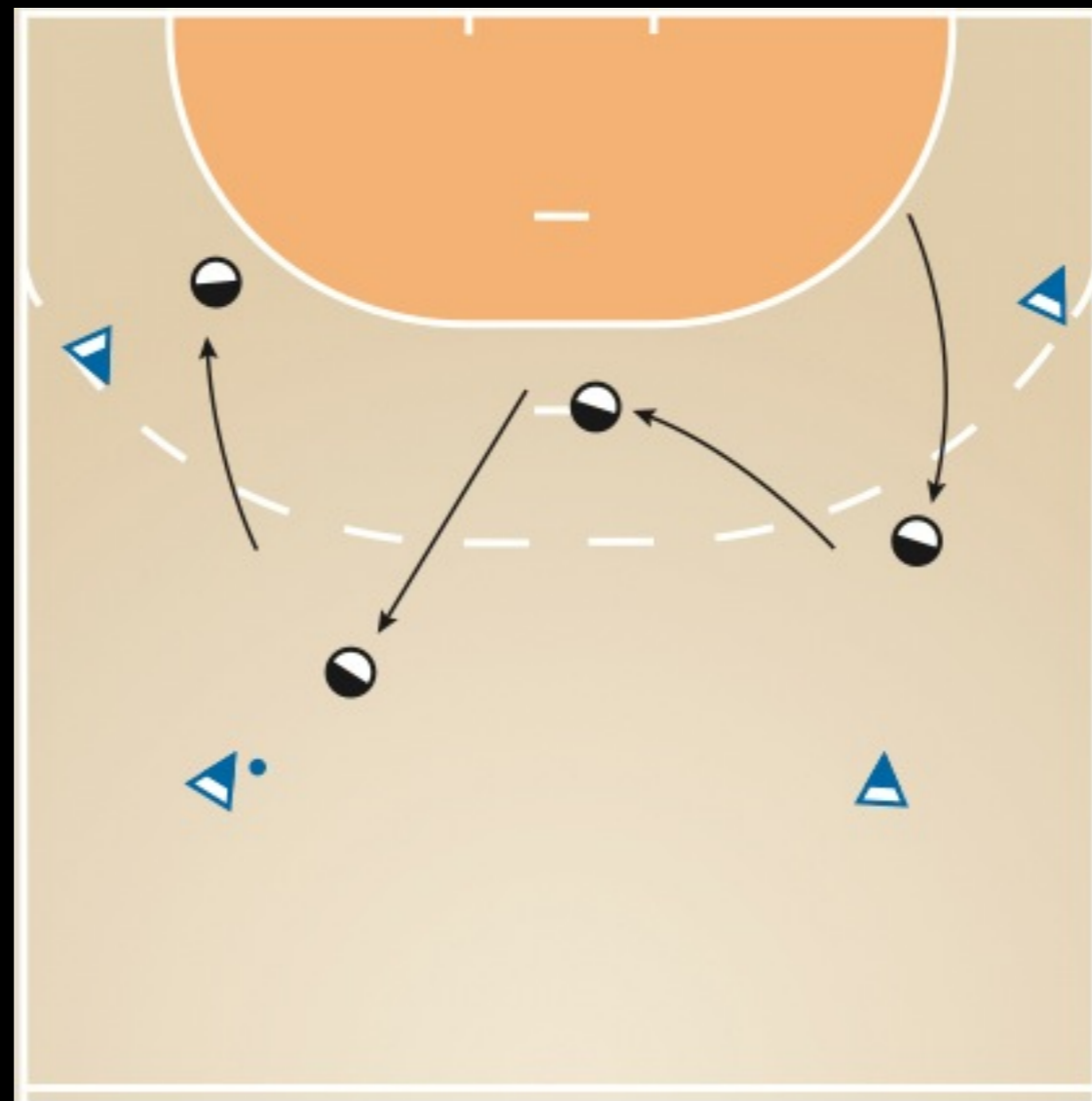
Wing- & Half-Defenders



Variable defence



Variable Defence on the side (1)



Wing- & Half-Defenders



Variable defence



Variable Defence on the side (2)

2on2	LWD & RWD	LHD & RHD
Ballside	offensive anticipative Wing-pressing	defensive basic position 6m blocking
Helpside	defensiv basic position 6m move to the ballside	offensive positioning in the gap threatening CB

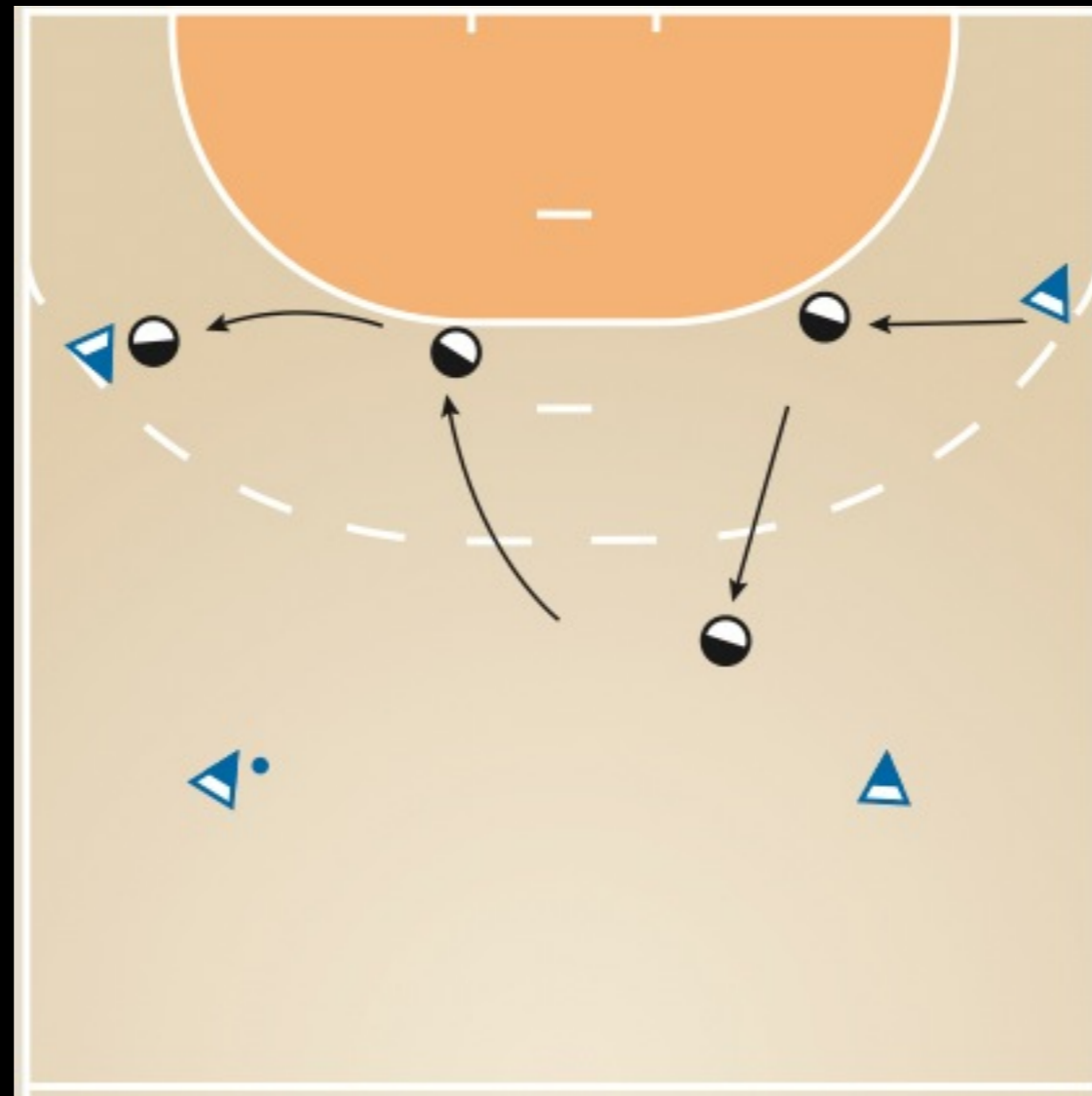
Wing- & Half-Defenders



Variable defence



Variable Defence on the side (2)



Wing- & Half-Defenders



Variable defence



- **„Varied demands in the approach of every competition help to build up adaptable action patterns and help to develop a wide repertoire of decision and problem solution strategies. Creativity is the best answer to the chance and anticipates it at the same time - in the service of own play success.“ (HAGEDORN 1988)**

Wing- & Half-Defenders