



- Basics Considerations

- Classification

- Preconditions



Active Defence



- „Able to play and capable of acting is the player who can make reactive adequate decisions between different action alternatives operating as well as on opposing actions and transfer into actions.“ (BREMER 1987)

Basics Considerations



- „Varied demands in the approach of every competition help to build up adaptable action patterns and help to develop a wide repertoire of decision and problem solution strategies. Creativity is the best answer to the chance and anticipates it at the same time - in the service of own play success.“ (HAGEDORN 1988)

Basics Considerations



Active Defence



- Defence makes the difference
 - ▶ in a match
 - ▶ in a championship
 - ▶ in the game-structure
 - ▶ in the development of handball
(YUG 3:2:1 / RUS 6:0 / SWE 6:0 / FRA 5:1 / ESP 5:1 & 6:0)

Basics Considerations



Active Defence



Basics Considerations



Active Defence



FESTUNG



3. LIGA DHB

SG Wallau  **vs.**  **MTV Vorsfelde**

LÄNDCHESHALLE

30.11.13 Samstag 18 Uhr

Basics Considerations



- Basics Considerations

- Classification

- Preconditions



- Structuring elements: opponent or space
 - ▶ man-to-man / sinking man-to-man
 - ▶ 1:5 / 3:3 / 3:2:1 / 5:1 / 6:0 / 4:2 / ...
 - ▶ combined systems: 5:0+1 / 4:0+2

Classification



- Defence-systems 1. rank
 - ▶ opponent orientated defense
 - ▶ man-to-man / sinking man-to-man
 - ▶ 1:5 / 3:3 / 3:2:1
 - ▶ attacker and defender in the same space
 - ▶ basic principles in defence

Classification



Active Defence



- basic principles in defence-systems 1. rank
 - ▶ assignment to the opponent
 - ▶ basic position between opponent and goal
 - ▶ observe opponent and ball
 - ▶ help

Classification

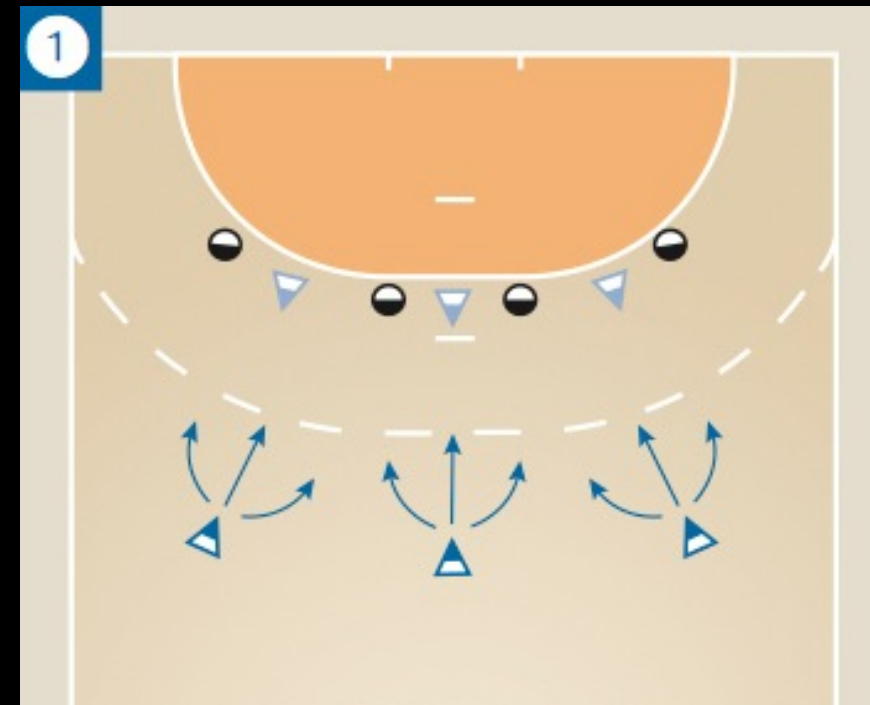
● Defence-systems 2. rank

- ▶ systems with switch

- ▶ 5:1 / 6:0 / 4:2

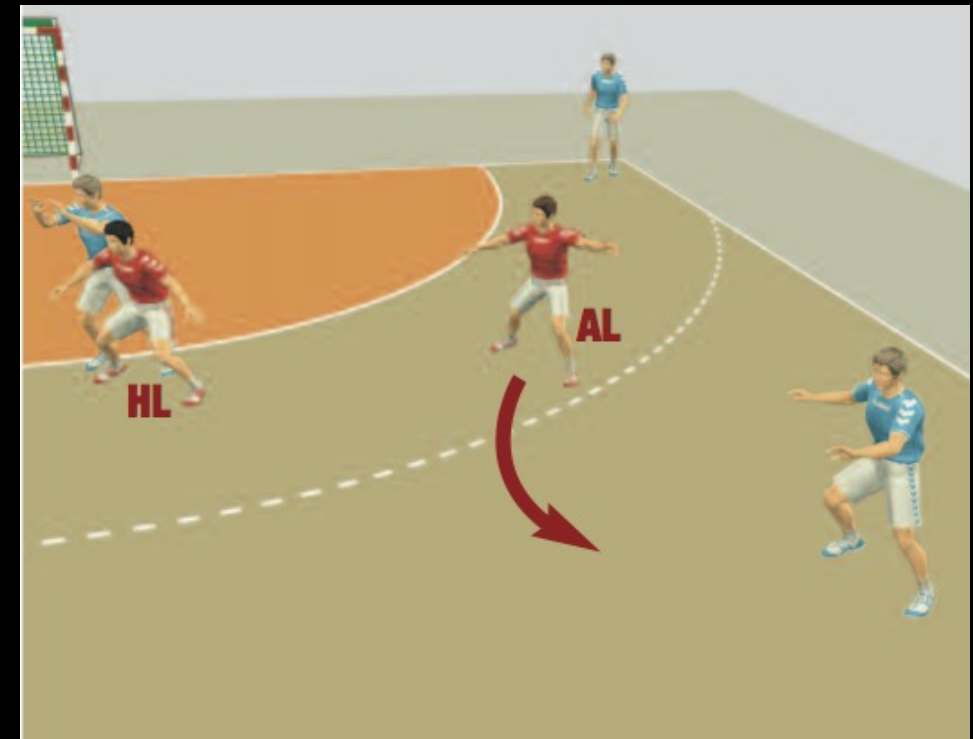
- ▶ higher tactical demands

- ▶ basic principles in defence still valid



Classification

- numerical superiority on the ballside in defence-systems 1. & 2. rank
 - ▶ e.g. 3:2:1 with Libero
 - ▶ numerical minority on the helpside
 - ▶ solving 1on2 with in an offensive, but opponent-orientated way



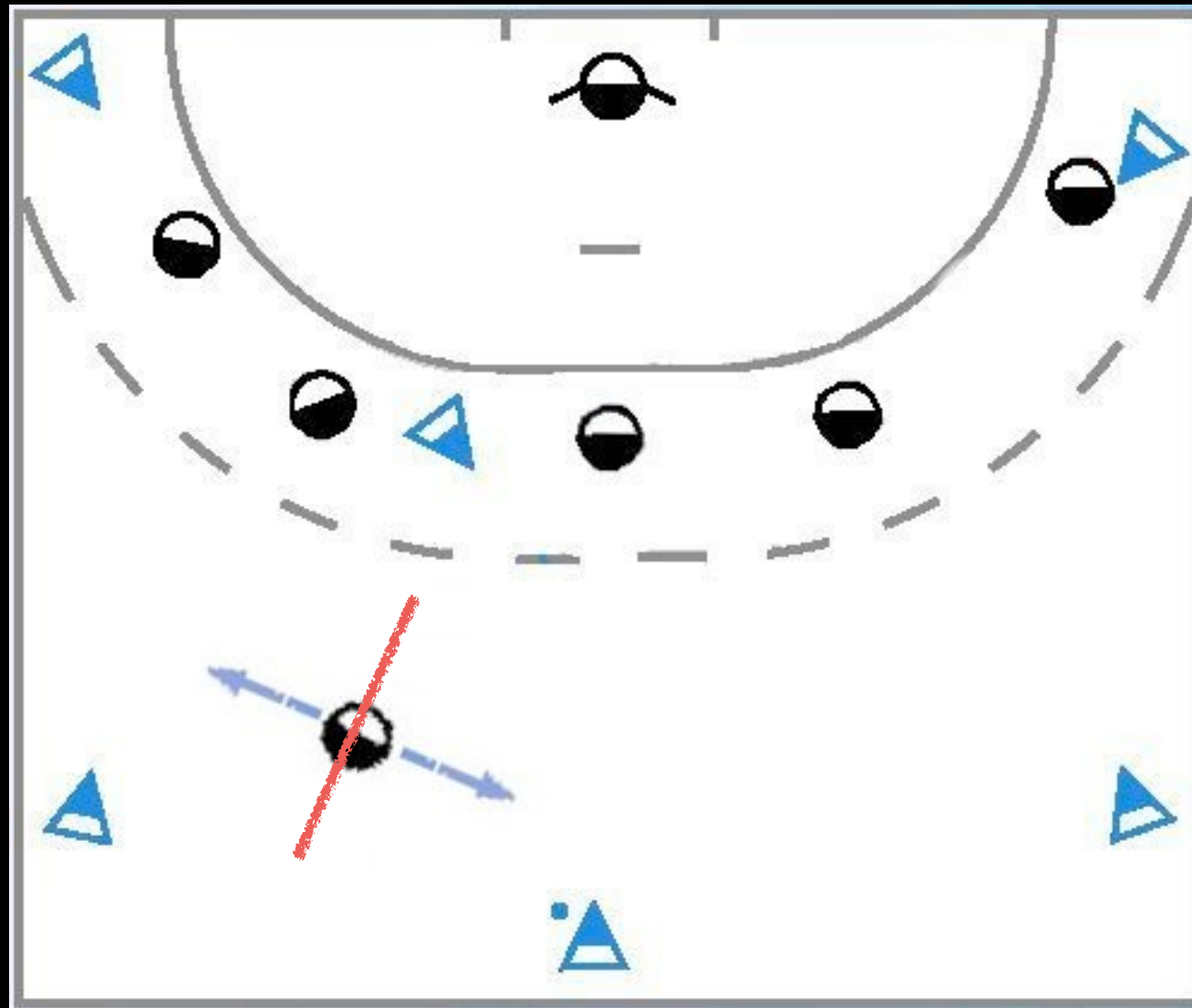
Classification



- Defence-systems 3. rank
 - ▶ offensive defenders in gaps
 - ▶ 5:1 „RUS 1988“ / 4:1:1 / 3:2:1 „trap“
 - ▶ unorthodox conduct of defender in the 2. line
 - ▶ new basic principles in defence

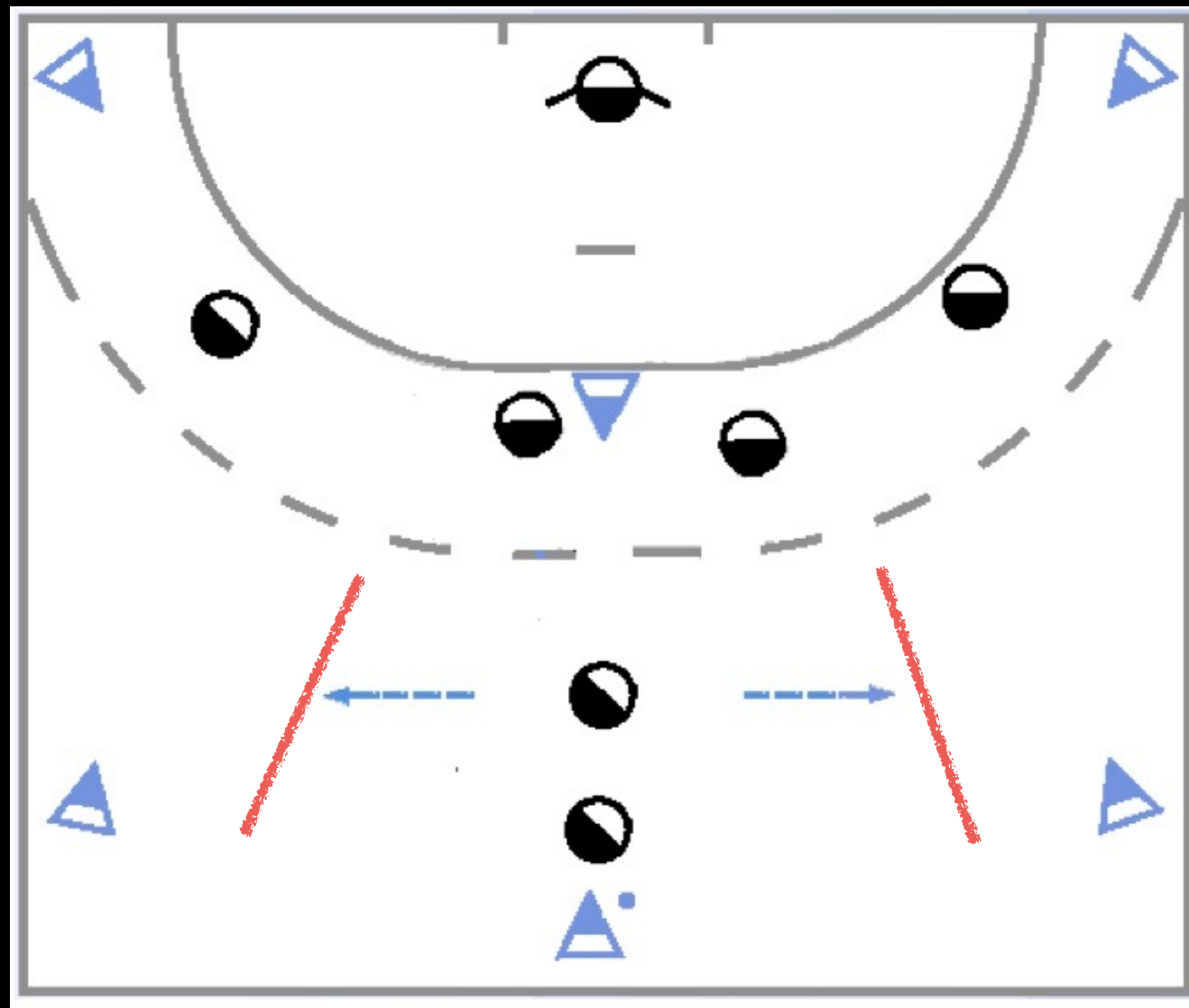
Classification

Defence-systems 3. rank: 5:1 (RUS 1988)



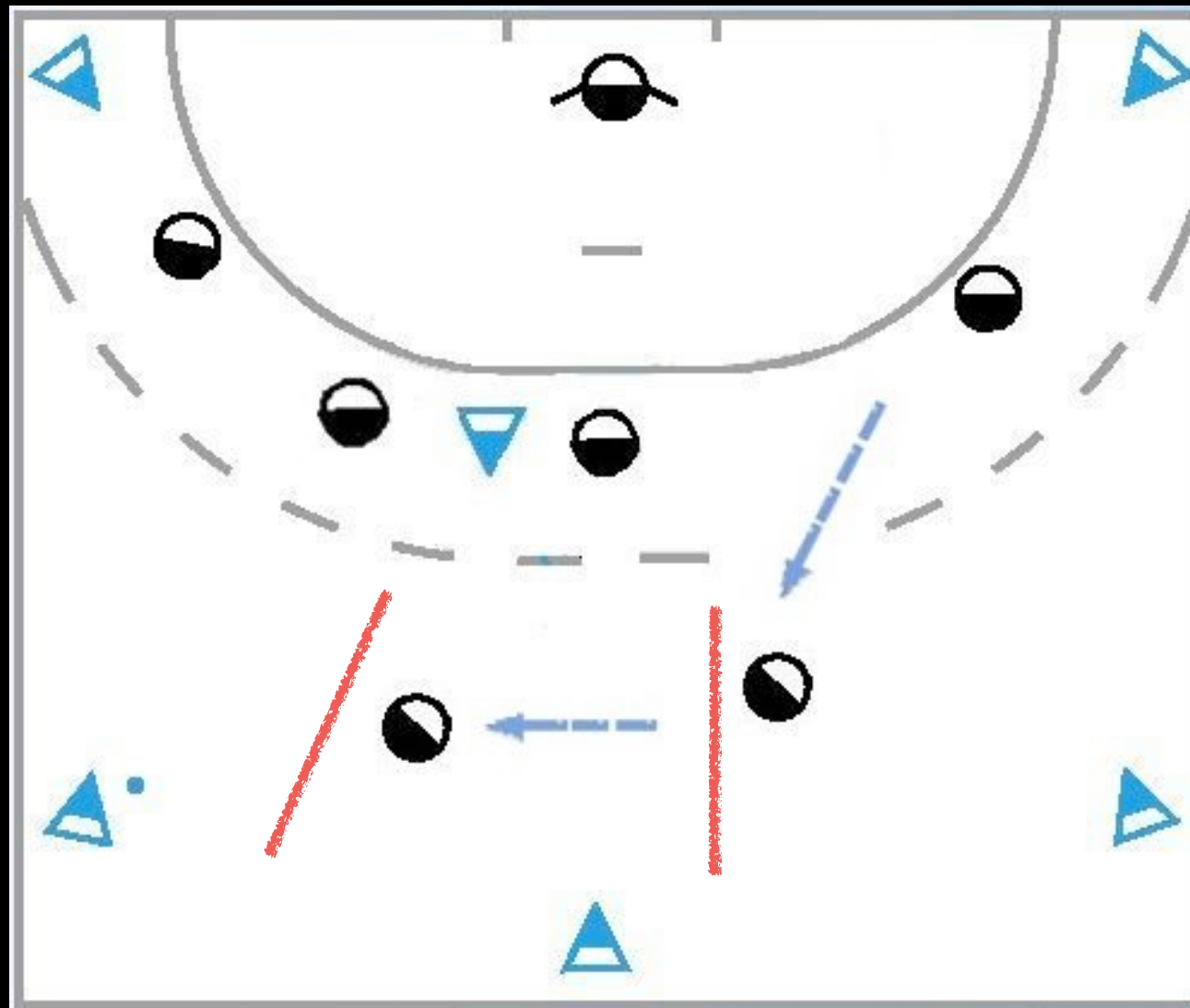
Classification

Defence-systems 3. rank: 4:1:1



Classification

Defence-systems 3. rank: 3:2:1 „trap“



Classification



- **basic principles in defence-systems 3. rank**
 - ▶ **basic position in gaps / changing assignment**
 - ▶ **slow down the ball**
 - ▶ **reduce / disturb cooperation in attack**
 - ▶ **divide the attack / fix the attack on a side**

Classification



- ◎ What is different?
 - ▶ higher level of activity
 - ▶ intentional numerical superiority on the ball-side
 - ▶ “gambling” defense
 - ▶ force the attack into „free play“

Classification



- Basics Considerations

- Classification

- Preconditions



Active Defence



- **Coordination**
- **Technical Skills**
- **Observation**
- **Knowledge**
- **Anticipation**
- **Feeling for Time, Space & Formation**
- **Initiative**

Preconditions