



EHF-REFEREE COURSE

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**Refereeing from the coaches' point of
view**

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COACHES – *Requirements from the Referees*

- **Be prepared** – *visibly show that the game is important to you. The coach prepares his/her team for days, weeks, months for the game. The referees must respect that with their attitude towards the game*
- **Look professionally** – *present yourself well both as a person and in the role of a referee (clothing, appearance, gesture, language, etc.)*
- **Be fair and without prejudice** – *start every game with clean sheets and do not make decisions based on sympathy or antipathy*
- **Be consistent** – *develop the same style as a couple and maintain it throughout the whole game*



- **Accept (some moderate) criticism** – the coach is fighting for his/her team and has to show it to them
- **Acknowledge mistakes** – brief reply without discussion and mostly carried out with non verbal communication
- **Have a firm hold on the game** – full control, show authority, set an example at the beginning of the game and maintain it
- **Be flexible** – overlook minor infringements (clothing, behaviour, sign language, individual temper) for the sake of their acceptance of more important decisions
- **Be approachable** - sometimes coaches need some explanation to avoid further conflicts (time out and half time breaks are good times)
- **Have empathy** – show to the coach: - 'I know, I was there once on the other side (as a player or as a coach)



- **Do not compromise yourself** – don't try to compensate for a bad decision with another bad decision
- **Understand the coach's position** – he/she is under pressure, sometimes his job depends on a referee's decision
- **See the substance of the game** – keep in view the principles of handball and the flow of the game
- **Quick decision making** – blow the whistle with confidence and use the hand signals with no hesitation
- **Bee yourself – Have personality** – do not change the way you are and do not copy others (even if they are more successful or they are your referee-idol)
- **Have fun** – enjoy what you do. After all handball is a game!



REFEREES – *Requirements from the Coaches*

(Activity: - referees gather the major points, and then list them on the flip chart)

- ***Be patient*** - *accept the decision of the referee and do not protest against it*
- ***Knowledge of the game*** – *know the rules of the game in detail*
- ***Display your role*** – *be just a coach at your best ability*
- ***Be able to communicate*** – *in different ways (verbal, non-verbal)*
- ***Be objective*** – *judge your own team first*



- **Respect the rules of the game** – make your team playing according to the rules
- **Understand the referee's position** - he/she is also doing his/her job
- **Show good example for your team** – behave well on the bench
- **Start the game with clean sheets** - and do not have any prejudice
- **Thank the referees after the game** – for the image of the game and for respect, even if you disagree with their performances