



Beach Handball

7th Beach Handball Coaches' Course
DEFENCE AND OFFENCE SYSTEMS/
SUBSTITUTION STRATEGIES/INNOVATIVE 2 POINTER

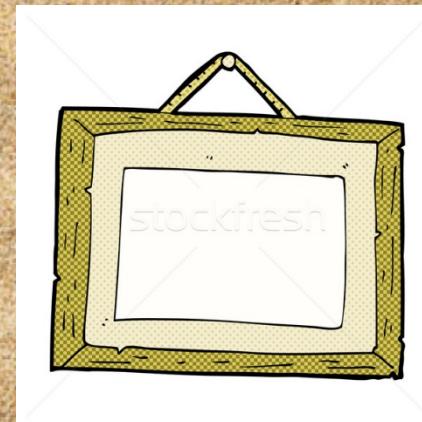
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EHF Beach Handball Lecturer
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**Beach
Handball**

Create your own strategy

COACH



CREATE A FRAME





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Create your own strategy

PLAYERS



...OUR ARTISTS REALIZED THE PICTURE



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Create your own strategy

STRATEGY



Own strategy

Match

Tournament





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Create your own strategy

STRATEGY

Own strategy



Match

Tournament



Take into consideration:

- Players skills
- Preparation time
- Aim



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Create your own strategy

STRATEGY

Own strategy



Match

Tournament

Take into consideration:

- Aim of tournament (peak timing)
- Number of matches (playing schedule)
- Number of match days
- Expected strategy of opponents
- Expected referee style
- Weather conditions





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Create your own strategy

STRATEGY

Own strategy



Tournament

Match

Take into consideration:

- Analysing opponent players' skills
- Analysing opponent team's strategies
- Choosing the most appropriate own strategy
- Weather conditions



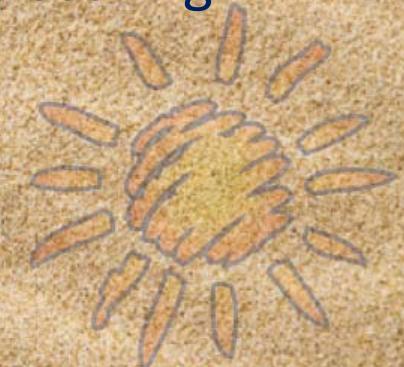


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Defence systems

What should we consider?

- Our basic defence system
- Our players' skills
- Opponent's offence strategy
- Stopping or interfering with the scoring of a 2-point goal
- Position of specialist





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Defence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Center (3:1)
- Center (4:0)
- Wing (3:1)
- Wing (4:0)





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Defence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Center (3:1) basic





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Defence systems

Let's analyse the possibilities from the perspective
of the position of the specialist:

- Center (3:1) basic





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Defence systems

Let's analyse the possibilities from the perspective
of the position of the specialist:

- Center (3:1) special





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Defence systems

Let's analyse the possibilities from the perspective
of the position of the specialist:

- Center (3:1) special





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Defence systems

**Let's analyse the possibilities from the perspective
of the position of the specialist:**

- Wing (3:1)





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Defence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Center (4:0)





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Defence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Wing (4:0)





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Defence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Organized defence view of responsibility





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Offence systems

What should we consider?

- Our basic offence system
- Our players' skills
- Opponent's defence strategy
- To score of a 2-point goal
- Position of specialist





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Offence systems

Let's analyse the possibilities from the perspective of the position of the specialist:

- Center (3:1)
- Center (4:0)
- Wing (3:1)
- Wing (4:0)





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Substitution strategies

What should we consider?

The substitution strategy and a fast break are strongly coherent.





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Substitution strategies

Let's collect the possibilities from the perspective of the fast break:

- Individual fast break
- Extended fast break
- Complete fast break





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Substitution strategies

Do we have any possibilities to create substitution strategies that are not related to the fast break?

- Defence
- Offence





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Work in groups

Let's collect the criterias!

- Defence
- Offence
- Substitution





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Innovative 2 pointer

- Goalkeeper's direct goal
- Specialist's throw
- Inflight shot
- Spin shot
- 6m (punishment) throw





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Innovative 2 pointer

- Why do we need to be innovative?
- Do we have any new ideas?





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I wish you „FUNTASTIC” Beach handball

