

GOALKEEPER IN 1 : 1 GAME

SITUATION

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Parameters to Follow

- Attacker's Personality / Play under pressure
- Attacker's jumping power
- Attacker's shooting skills / technique
- Overall game situation > final action
- (Defender Counterattack opportunity / tactics)
- Attacker's Run / jump direction & height
- Defender position & play
- Shooting arm / wrist position



Situation Analysis



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Training Progress

- Positioning in goal
- Positioning towards the opponent/ball
- Basic body/ball coverage
- Faking
- Tactics & Risk management
- Spirit & Time/Stress management



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