

3rd EHF Referee Candidates Course





*We cannot use
the school of yesterday
to learn
today's referees' perspective
about the future!*

Terje Anthonsen



- In fact – this is not a course
- It is an examination to secure that you have reached a necessary level
- You all are here because you are good referees
- Do not try to change
- Do not try to show all you can within a short time
- But your moving paths, body language and skill to interfere in the right moment will count from the very first second



HOWEVER

- Your capacity to improve during these days is an important “signal”
- Be sure, we are here to give you advices to improve
- Zoltan’s advices are seen through the trainer’s eyes, Viktor’s and myself's from the referee’s/rule’s side
- Good matches on a high level will give you the very best chance to convince us about your future



REQUIREMENTS

- You have been knowing for a long time now what we expect from you in the said matters:
 - Physical conditions
(cooper test/shuttle run test)
 - Theoretical knowledge
(IHF Playing Rules, EHF Regulations)
 - Language knowledge (English)
(Ability to communicate in this language)

- In more details:



- **Sportsmanlike body shape**
- **Physical fitness**
- **Running pathways (the way to move)**
- **Clear hand signals**
- **Clear whistle signals**
- **Neutrality**
- **Knowing the rules of the game**
- **Ability to use the rules in complex situations**



- **Behave in a presentable and gentle way inside and outside the court**
- **Be able to communicate in different ways**
- **Self-confidence**
- **Self-control, respect, also under stress**
- **Team-spirit (Referee couple system – not two referee system)**



- **Constantly high performances throughout longer periods**
- **Acceptance from players and officials, acceptance earned by good refereeing**
- **Problem solving capacity (not only in rule situations)**
- **Ability to make decisions**
- **Ability to stand criticism (listen and learn)**
- **Understanding of the importance of continuous self development**



Knowledge of the Rules

- Knowledge of the rules is the basis
- It is a must to understand the rules
- The right use of the rules makes the difference



SKILL

- IS TO BE GOOD AND EXPERIENCED IN SITUATIONS WHICH HAPPEN OFTEN
- ... AND TO KNOW HOW TO HANDLE RARE SITUATIONS

Terje Anthonsen