

CONFERENCE PROGRAMME		
FRIDAY, 13th November 2015		
11:00-13:00	Accreditation	
13:00-14:15	Conference Opening: Welcome Notes by the EHF President Jean Brihault and MC Chairman Jerzy Eliasz	
Keynotes (2x20min) Laver/ISR <i>The importance and merits of scientific collaborations in the Handball world – It's a team sport!</i>		
Sobrino/ESP <i>Beach Handball: a market trend, lifestyle element or sport's development?</i>		
14:15-14:40	Coffee Break	
14:40-17:30	ESSKA Medical Mini-Symposium on Handball Injuries, Prevention and Return to Sport (Chairs: R. Seil - LUX, L. Laver - ISR)	
14:40-14:45	Romain Seil LUX: ESSKA sports committee introduction	
14:45-15:05	Lior Laver ISR: Epidemiology of Handball Injuries	
15:05-15:25	Romain Seil LUX: Knee Injuries in Handball	
15:25-15:45	Philippe Landreau FRA: Shoulder Injuries in Handball	
15:45-16:05	Pietro Spennacchio ITA: Ankle injuries in Handball	
16:05-16:25	Gian Luigi Canata ITA: Guidelines and return to sport after meniscal repair and chondral procedures	
16:25-16:45	Jesper Bencke DEN: Injury mechanisms and biomechanical perspectives for prevention in Handball	
16:45-17:05	Philippe Landreau FRA: Shoulder rehabilitation for Handball	
17:05-17:25	Lior Laver ISR: Lower extremity rehabilitation for Handball	
17:25-17:30	Panel discussion / summing up	
17:30-17:45	Break	
	ROOM 1 (Big) Performance	Room 2 (small): Medical symposium part II
17:45-18:00	Michalsik DEN: Preparation and training of elite team handball players	Bakowski POL: Meniscal wrapping regeneration technique is the efficient tool to save the meniscus in the young athletes
18:00-18:15	Ichimura JPN: Clarification of attacking aspects in (...)	Ciemniewska-Gorzela POL : Fully arthroscopic knee autologous matrix-induced chondrogenesis- 2 Years Results
18:15-18:30	Hermassi TUN: Effect of in-season explosive strength (...)	Grygorowicz POL: Functional recovery after one-side all-arthroscopic AMIC femoral condyle cartilage repair – a soccer cases series study
18:30-18:45	Michalsik DEN: Post-exercise recovery techniques and strategies in elite team handball	Hoffmann LUX : Unusual tibial plateau fracture in relation with knee brace in handball: a case study
18:45-19:00	van den Tillar NOR: Comparison of ROM tests with throwing performance and kinematics (...)	Ciemniewska-Gorzela POL: Fully arthroscopic autologous matrix-induced chondrogenesis for talus cartilage defect
19:00 -19:15	Ciocoiu ROU: Prevention in modern handball	Bakowski POL : Minimal invasive endoscopic technique for Achilles tendon reconstruction
20:00	Dinner	
SATURDAY, 14th November 2015		
ROOM 1 (Plenary) Shoulder injuries		
08:45 - 09:00	Lubiatowski POL: Larger glenohumeral rotation deficits (...)	
09:00 - 09:15	Lubiatowski POL: Shoulder Rotational Profile and Occurrence of Rotation Deficits (...)	
09:15-09:30	Kaczmarek POL: Throwing sport improves shoulder proprioception	
09:30-09:45	Kaczmarek POL : Shoulder isokinetic muscle performance in male (...)	
09:45-10:00	Wagner AUT: Shoulder stress in different team-handball throwing techniques	
10:00-10:15	Bencke DEN: Effect of fatigue on scapula kinematics in handball	

10:15-10:30	Grygorowicz : Shoulder injury prevention exercises in overhead athletes (...)
10:30-11:15	Coffee Break & Posters
	Handball injuries: epidemiology, management and return to sport
11:15-11:30	Lubiatowski POL: Sport Injury and Overuse Surveillance in Handball (...)
11:30-11:45	Classon SWE: 'Rehab can wait' – Swedish handball players (...)
11:45-12:00	van Maanen-Coppens NED: Decrease of elbow pain in handball goalkeepers (...)
12:00-12:15	Urhausen LUX: Anterior Cruciate Ligament clinical pathway
12:15-12:30	Hoffmann LUX : Return to sports group LUX
12:30-12:45	Luscan ROU: Trigger Point Performance Therapy in prevention and rehabilitation
12:45-12:55	Weber GER: Injuries on the different playing positions in team handball
12:55-13:25	Final Discussion: Laver & Bencke
13:25-14:00	Closing & Awarding of Certificates