



Master Coach Courses – "Best practice" DEN





Current status

From 2001 – 2013:

- 5 editions
- 56 educated MC's – including coaches from FAR, FIN, ISL, NOR and SWE

The international perspective:

- The MC's (educated by the DHF) are currently working in 10 different countries

The national perspective:

- More than 50% of the Danish League clubs are coached by MC's

The "personal development" perspective:

- Other MC's are working as sport directors, agents, coach developers, commentators etc.



The main target

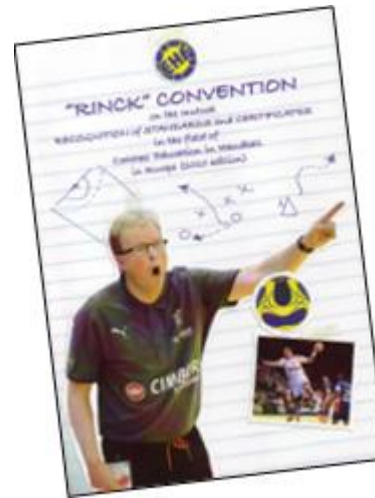
Educating coaches to be **International Top Coaches**, which means coaches who are able to:

- Lead international squads
- Lead teams in international competition
- Coach teams in foreign countries



The Framework

The 'Rinck' Convention (of course)



The International Top Coaches Profile

- What competencies do you need to manage the job?

The Content

Handball – technical and tactical aspects

- Down to the detail
- Contributions from international top coaches

Coaching philosophy – leadership

- Personal insight and development
- Theories applied to practice

Planning, pedagogy

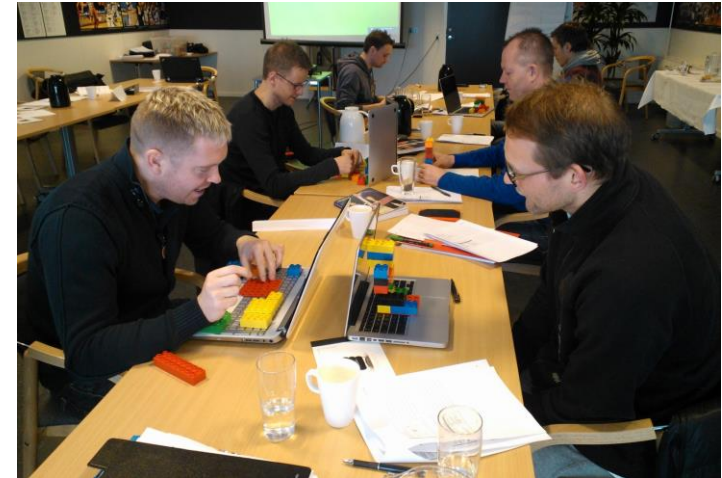
- Newest knowledge, exchange of experiences

Physical training

- Brush-up, newest knowledge

Psychology

- Team perspectives, coaches' coping strategies





The Structure

Within 1½ year:

- 6 x Sessions (two days)
- 2 x Seminars (four days)
- 1 x Study tour - Ch. L. Final 4, Köln (four days)
- 2 x Evaluation by assignments
- 1 x Exam – Public presentation of thesis
- 1 x Personal assessment
- 1 x 360-degree feedback
- 4 x Individual coaching sessions





The Mindset

" EDUCATION IS NOT
THE LEARNING OF FACTS,
BUT TRAINING THE MIND
TO THINK. "
- ALBERT EINSTEIN

Photograph by: Tommy West | DAApp.se | flickr.com/photos/147063

And as we all know: We have to train a lot to achieve and maintain excellence.



The Challenges



The highly, internationally experienced coaches, who did not make the MC yet.

Possible solution:

"Fast track course" – including individual studies, workshops with like-minded coaches and presentations at seminars?



The "rookie coaches", who make it to the top level jobs very fast – due to their "coach on the court" experience.

Possible solution:

Recognizing top level competition experience on the court as a part of the admission criteria for the MC-education?