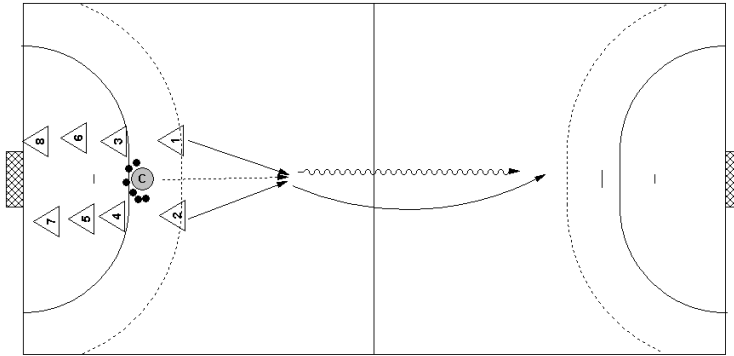


W. Pollany: Turnover – play

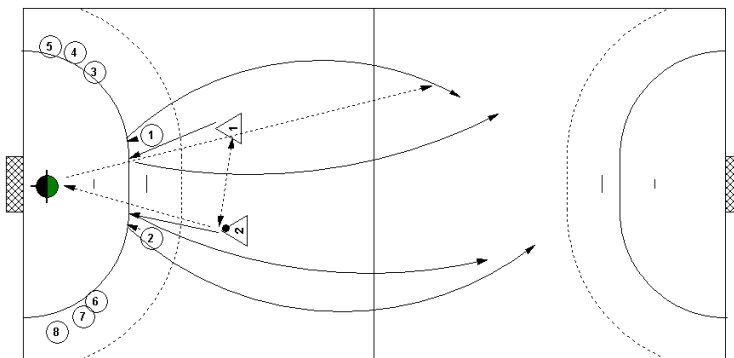


1 – 1

neutral pass of the coach.
The player snapping the ball goes
for fastbreak, the other one
becomes defender.

Important: No stupid fouls !!!!

Extension: add goalkeeper

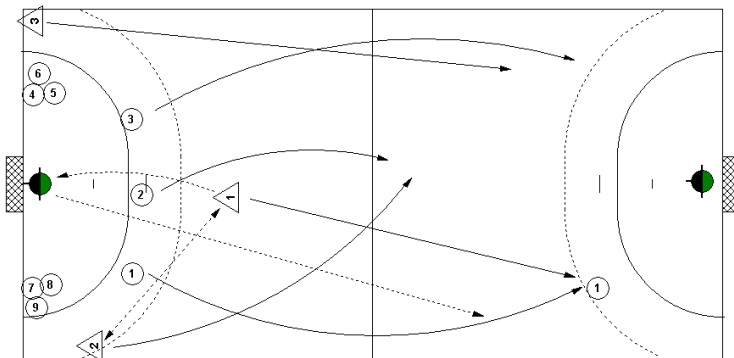


2-2

After opening pass-repass pass to
the GK.

All players have to step onto the
6m line, then start for fastbreak and
turnover – play.

Extension: add goalkeeper

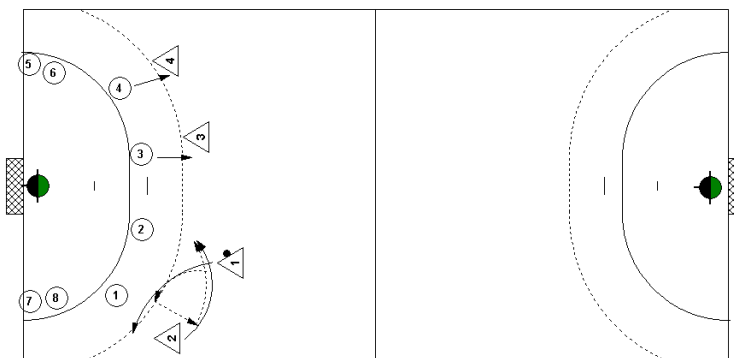


3-3

Wing players in corner position.

After pass to the GK all players
start for fastbreak and turnover-
play.

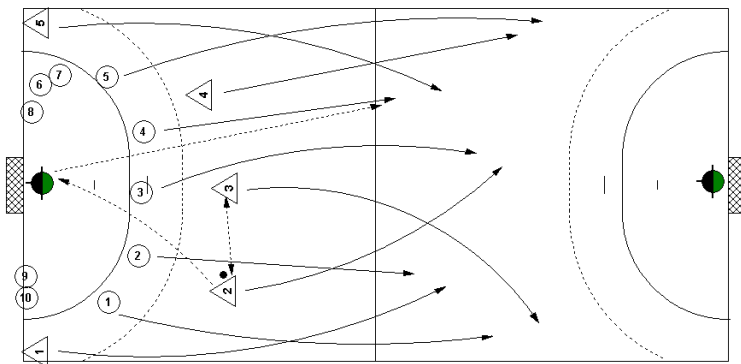
Defenders try to slow down the
offense by respective running
lanes.



4-4

After start by crossing the offense
has to finish the offense action
within 10 sec.

With the shot or the whistle call all
players start for fastbreak and
turnover play respectively

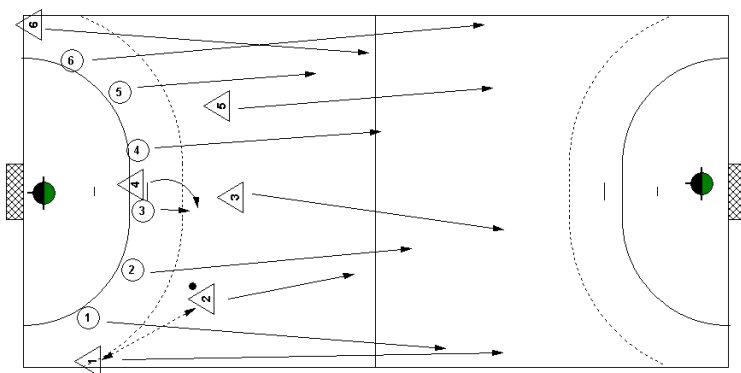


5-5

Drill like before.

After the pass to the goalkeeper all the players start for fastbreak.

The defenders in turnover-play have to slow down the offense by defined running lanes.



6-6

After the starting pass sequence the offense has 10sec to finish the action.

After that fastbreak and turnover-play 6-6.

LP covers playmaker.

The general idea in the turnover-play is to slow down the offense to give as many players as possible the chance to participate in the defense action.

The focus therefore does not lie in steals or cutting passes.

Stupid fouls are absolutely disallowed; fouls in general should be avoided since they contain extreme risk in fastbreak situations.

All players have to understand that they have to fulfill the turnover-play duties even if the odds seem to contradict. It is a matter of respect and responsibility in the direction of the team and the goalkeeper in the first place.

Wop 2014, ☺