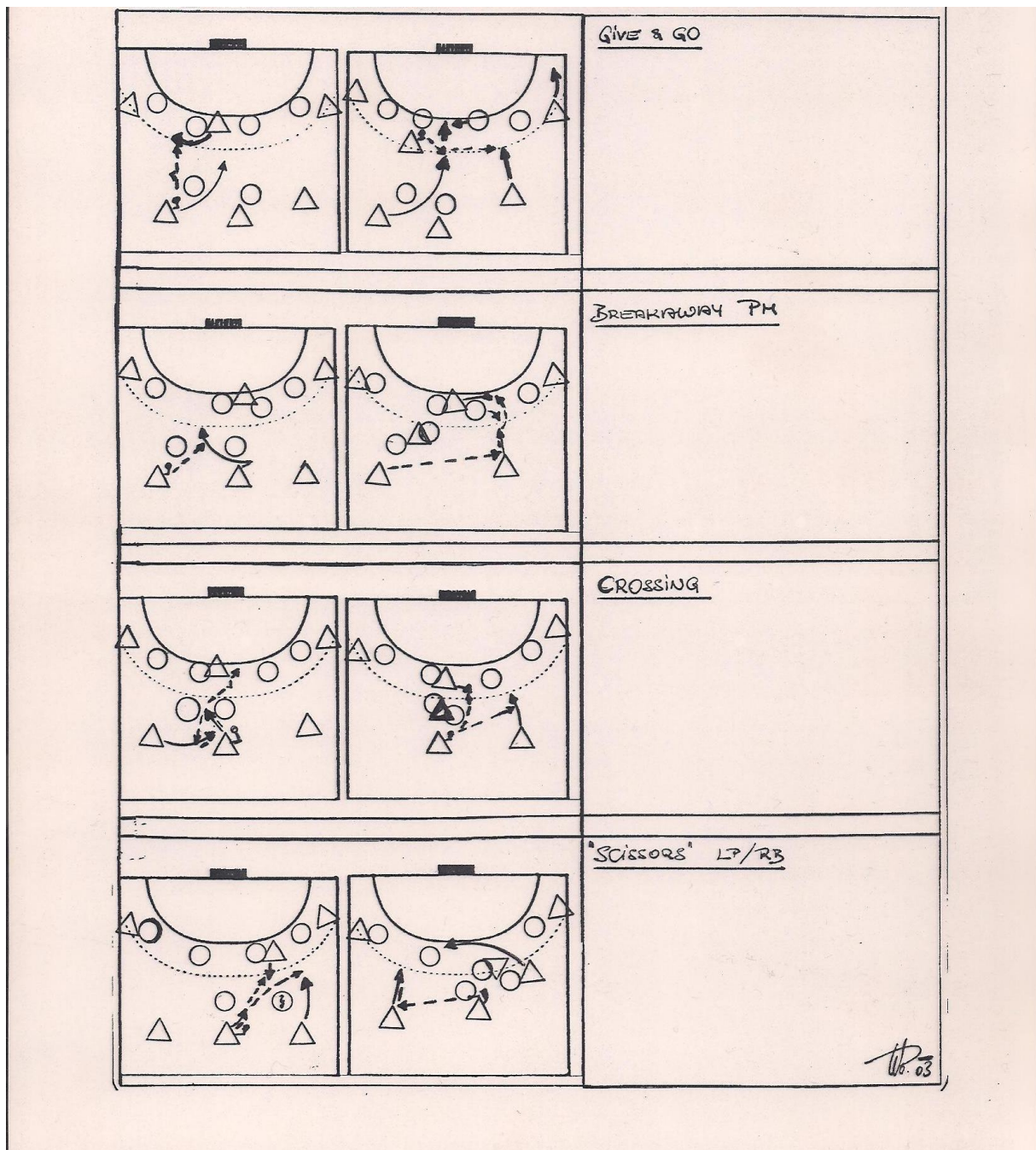


W. Pollany: How to play offense on an aggressive 4-2 set-defense



Basic idea:

Every aggressive open defense aims to cause chaos in the set play of the offense team.

Therefore the number of players moving has to be limited to two only.

The initial move is defined in terms of running lanes and the position of the ball. After that all moves depend on the reaction of the defense and cannot be pre-designed because of that.

Every player has to be ready to receive the ball at any point in time in order to continue or to terminate.