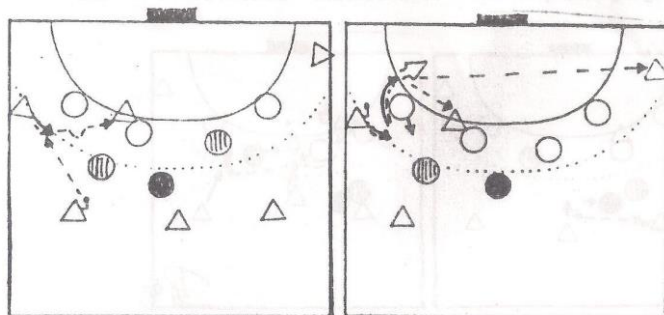


## W. Pollany: Offensive set-play on a 3-2-1 set-defense

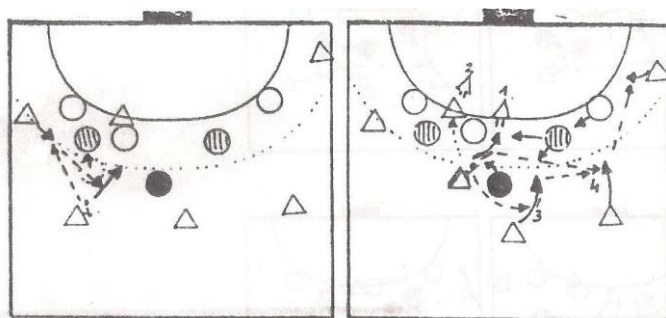
Whenever playing a set defense, do not think of a perfect play. First of all check the main mistakes that are done and make use of these. For this, your wing players have to participate in the ball circulation and must move up and down from the corner to the 9m line and back.

In 3-2-1 set-defense 4 main mistakes occur:



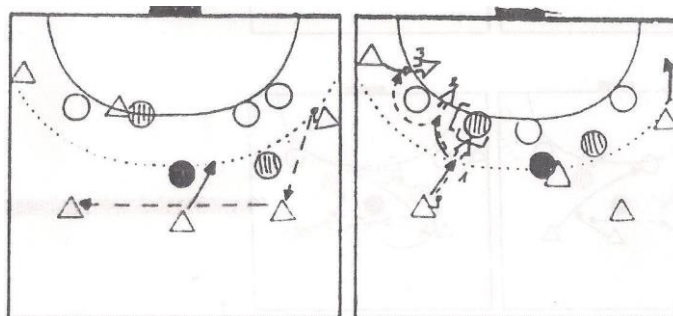
The LP is not covered properly against a short direct pass from the wing.

If the outside defender moves to cut that pass 1-1 action is pretty easy with a couple of solutions.



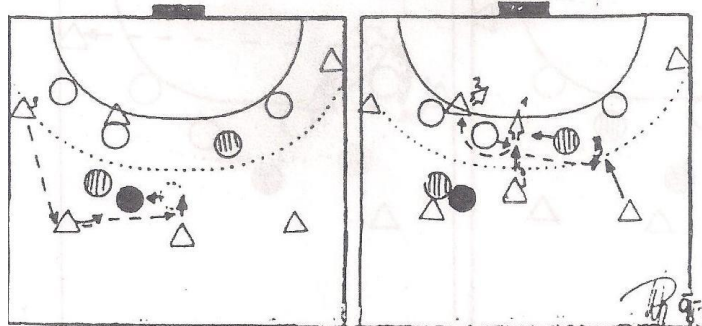
With the wing sweeping inside with the ball the RF falls back.

A short pass to the LB will cause man-advantage immediately leading to many options for the finishing of the move.



The distant forward defender falls back to 6m in order to cover the LP.

With the fast diagonal pass two options will emerge at once for the LP + LB: Screen and shot – or block and breakthrough.



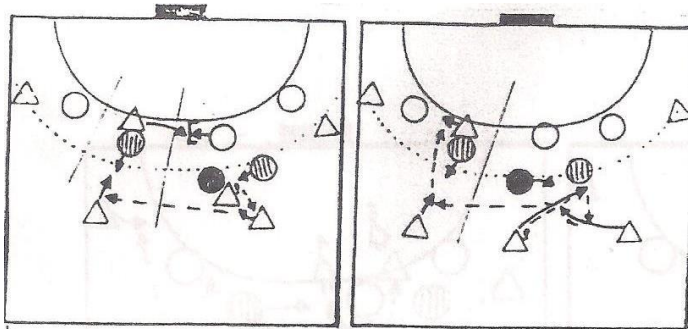
The point opens the centre by tackling the LB on the inside swing with the ball.

This will create a man-advantage situation in the centre with very easy solutions.

Most of the teams playing a 3-2-1 set defense do commit one or more of these basic mistakes.

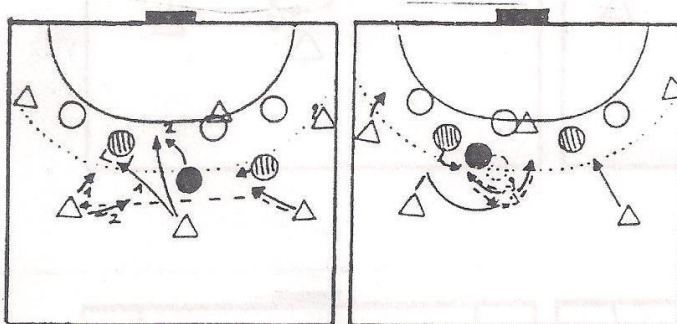
The first option therefore is to detect the kind of main mistake and just make use of it.

Teams playing 3-2-1 very well will not commit these mistakes very frequently, so we have to look for the weak points of the system in general. And here we will find three in total.



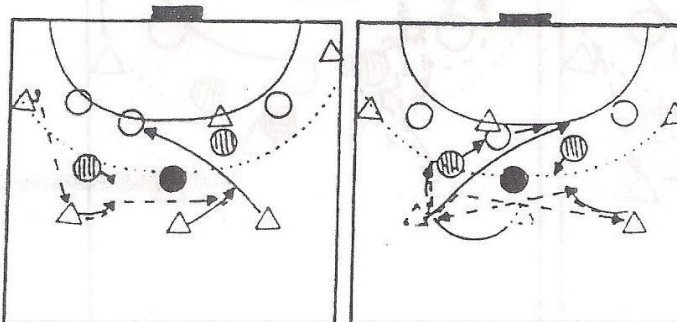
Put the LP away from the ball.

Any crossing followed by a fast diagonal pass will cause a situation of man-advantage offering individual solutions.



The PM aims to press back the point-defender thus causing shooting options for the main striker.

Several moves will create this situation – e.g. crossing, transition.



The most effective move will be a diagonal transition to 4-2 from the backcourt.

This can be played without the ball or with the ball. If the timing is good these solutions are lethal on a 3-2-1 set-defense.

Keep in mind that the wing players must not stay in their corner passively but they have to participate in the circulation of the ball by moving up and down.

The better the defense plays the system the more likely the termination from the wing position will be. So in case you will face a 3-2-1 work hard on the shooting of your wing players.

And again, all players have to be ready for receiving the ball at any moment and go for the score since the defense will drive you to surprising passing and solutions time by time.