



#### • Basic principles





Team Moves, Planning within the teams association

Small Groups: Cooperative play, Parallel play, Crosses, Blocking, Double passing

Individual Performance: Actions/Position variables, Playing around with and without ball, 1 and 1 variations (technical-tactical)



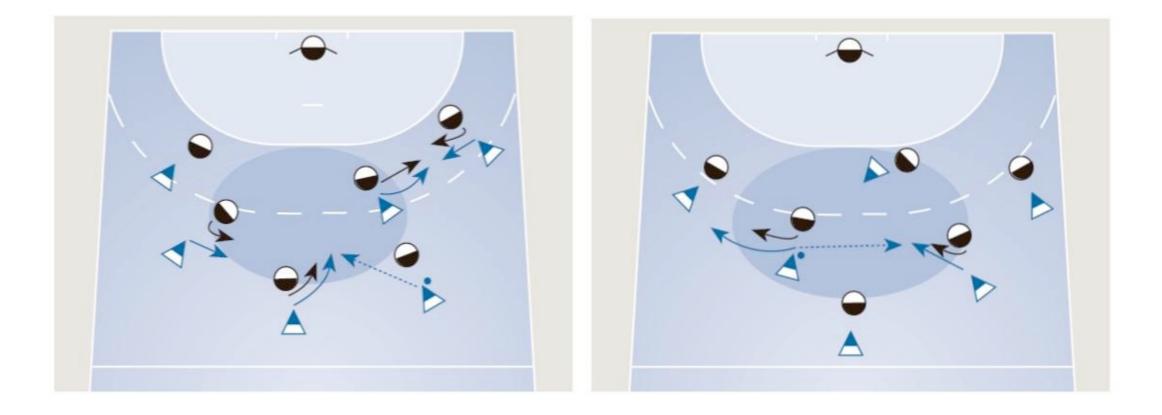


- Open the central area
- First way for the ball-possesor
- Safety behind the ball-possesor
- Shifting the play to the other side





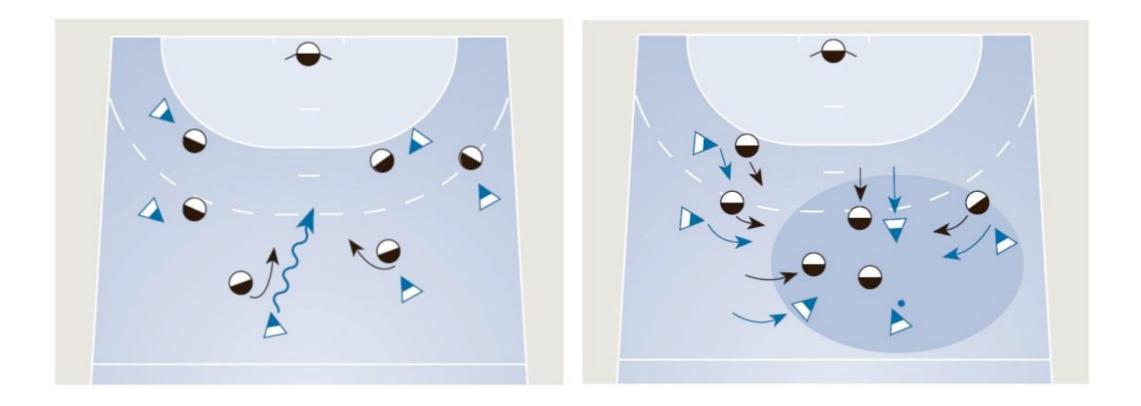
#### • Open the central area







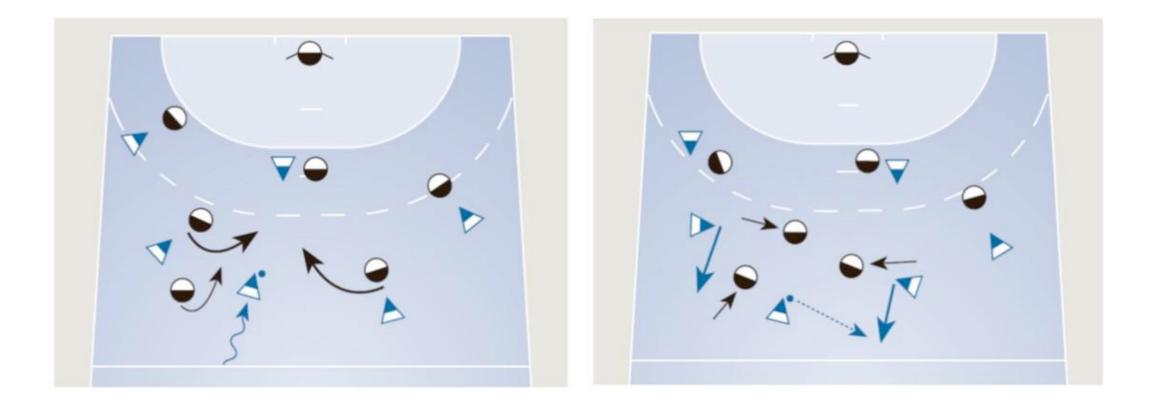
#### • First way for the ball-possesor







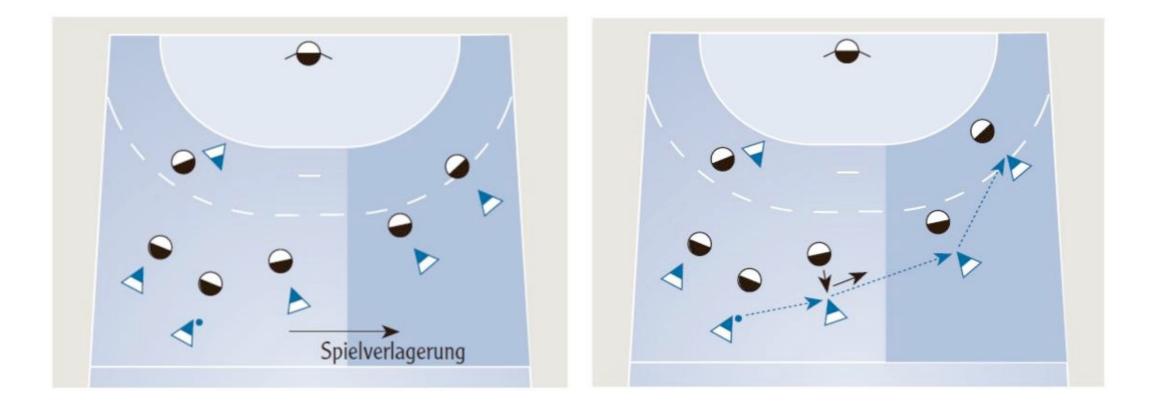
#### • Safety behind the ball-possesor







#### • Shifting the play to the other side







#### Individual attack behavior

#### Ion1 without ball:

- moving to the goal
- straight/sideward moves
- running feints
- going around the defender

#### Ion1 with ball:

- dribbling-feint
- body-feint
- passing-feint
- throwing-feint
- breaking through right & left side

## To the gap ... and continue!

in basic position

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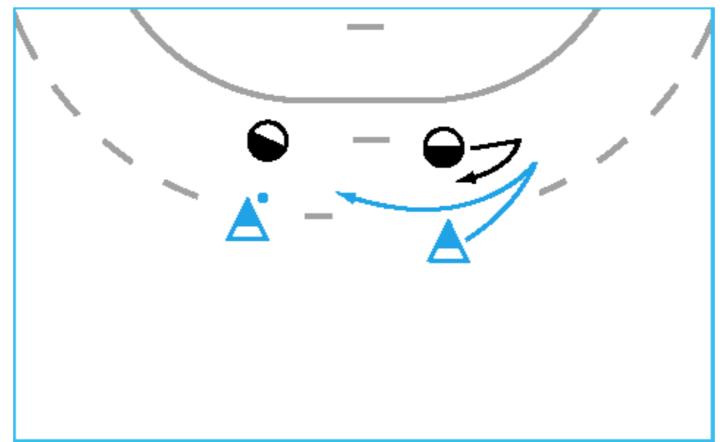
in other positions





Individual attack behavior

playing close to the defence

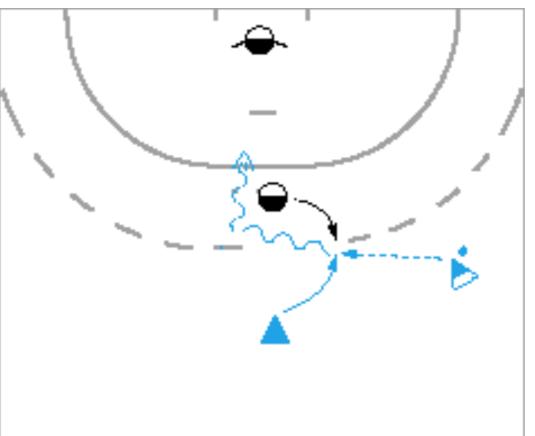






#### Individual attack behavior

sidewards movements to the gaps

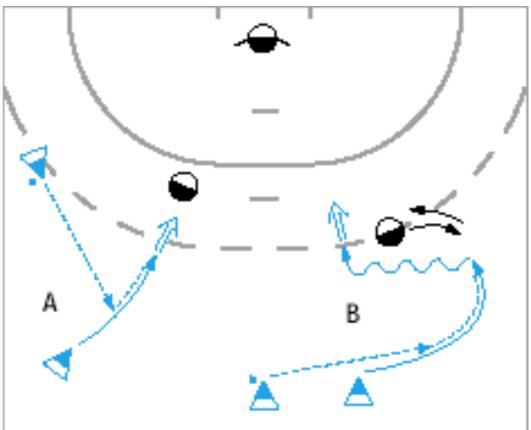






#### Individual attack behavior

#### quick throwing with short inrun







Individual attack behavior
 playing close
 to the defence

sidewards
 movements
 to the gaps

quick throwing with short inrun Going around the personal defender

"To the gap …

#### &

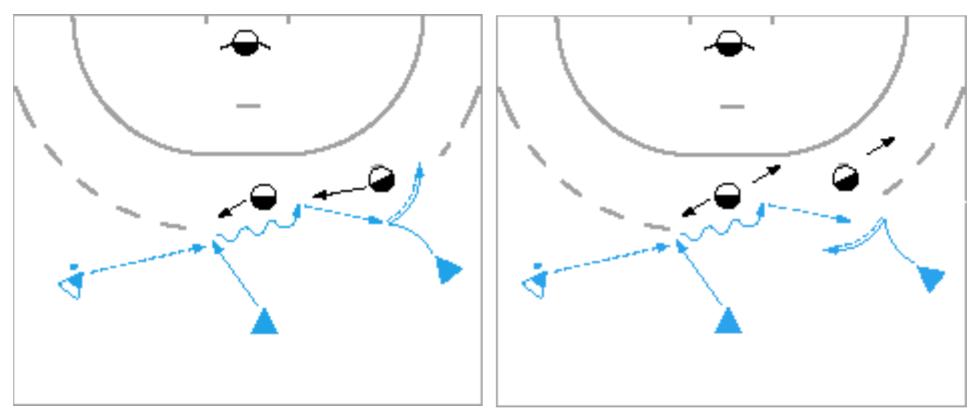
... and continue!"

Playing on depending on the second defender





- Individual attack behavior
  - playing on depending on the second defender







Output Cooperative attack behavior

Ion1 pushing / pushing back
Crossing
with/without ball
Screening
with/without ball
Give & Go

with different following actions

### in different positions