



Counter attack



- Development & Definition
- Rules of conduct



Counter attack



- ◉ **Development of the game**
 - ▶ **active defence = higher number of turnovers**
 - ▶ **higher number of fast-breaks (+ 30 %)**
 - ▶ **short-time attacks**
 - ▶ **higher number of attacks (50 +)**
 - ▶ **higher demands because of rules changes**

Development & Definition



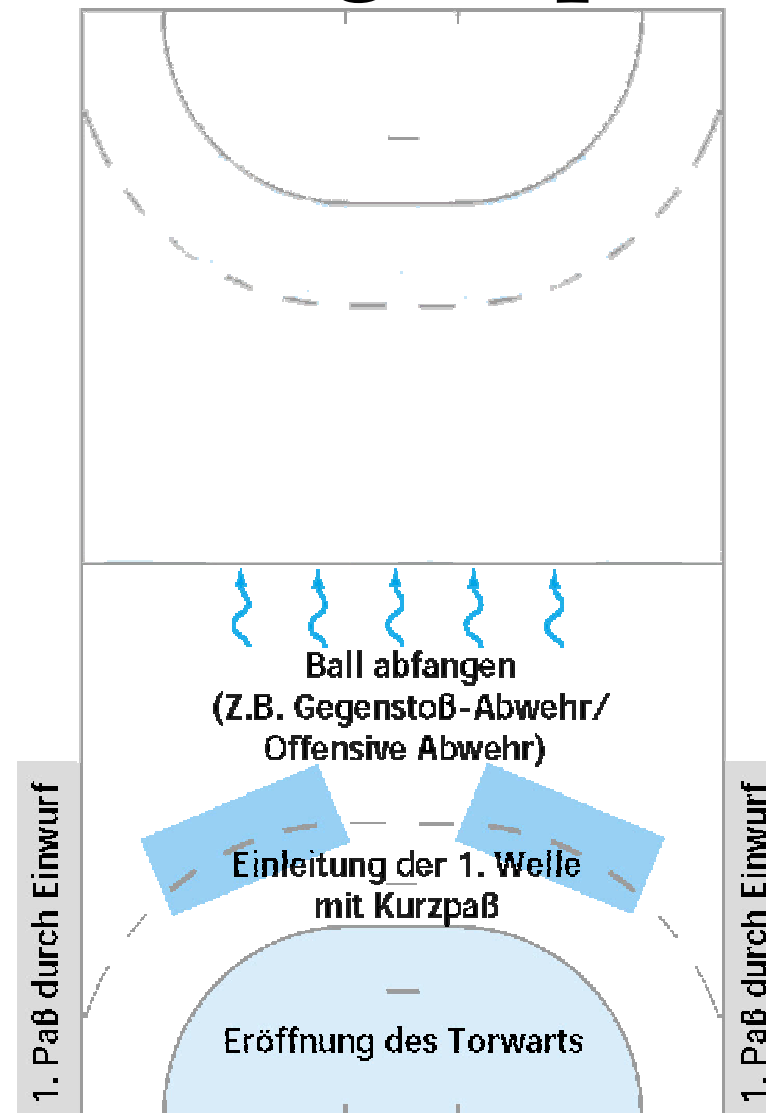
Counter attack



- ◎ **Methodical consequences**
 - ▶ quick observation and processing of information
 - ▶ higher demands on stepwork
 - ▶ improvement of the game without ball
 - ▶ improvement of transition

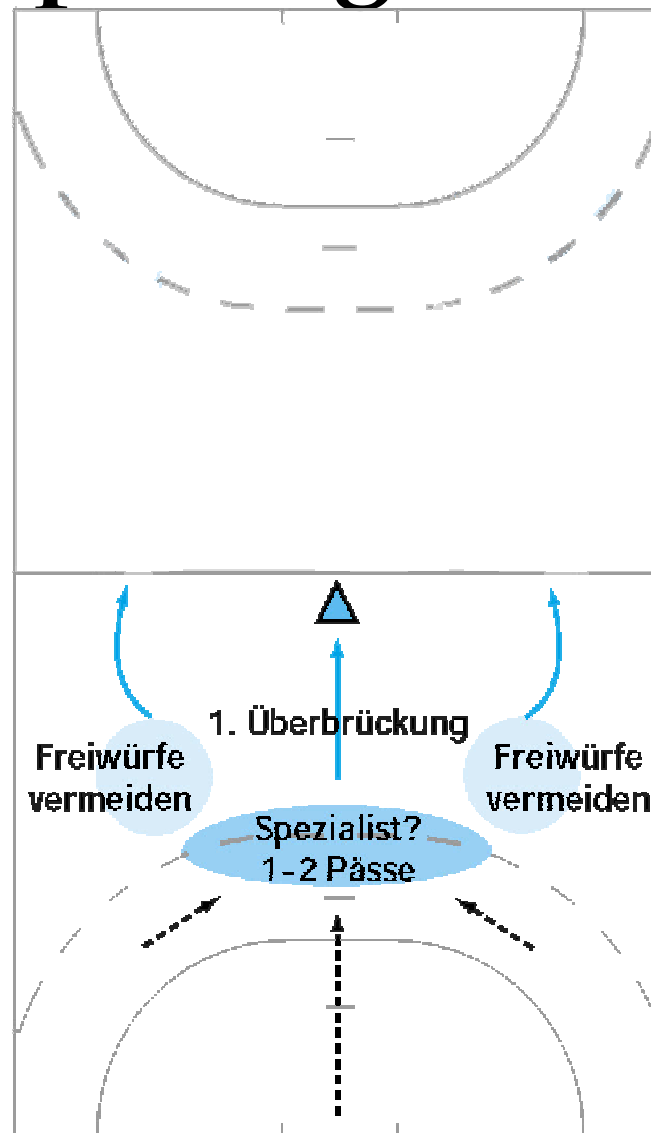
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1. Phase: Getting in possession of the ball



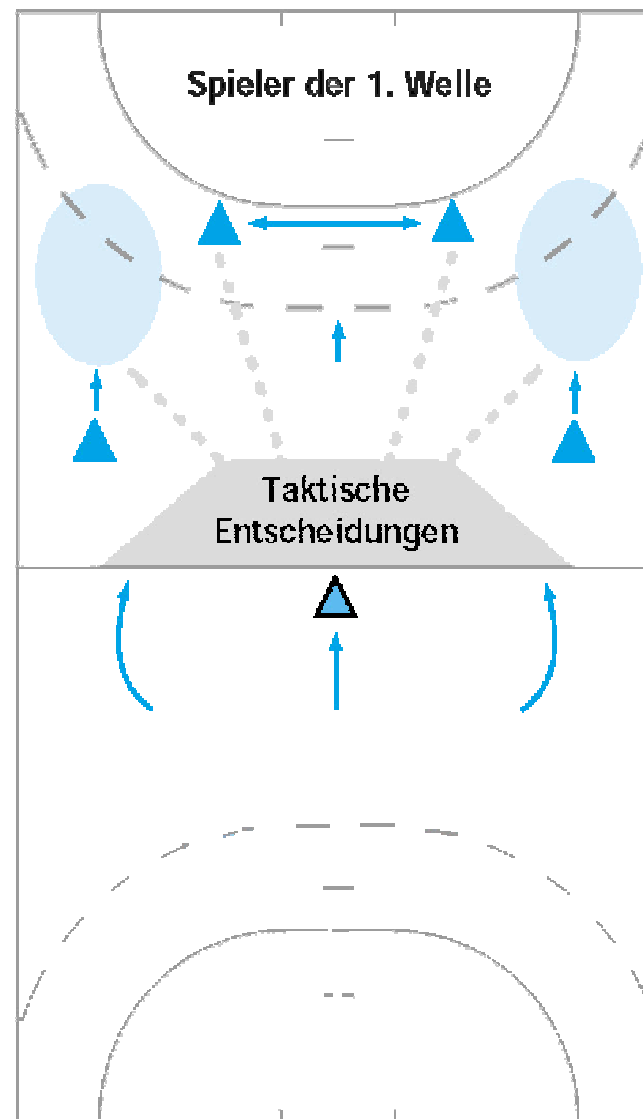
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2. Phase: Opening for the fastbreak



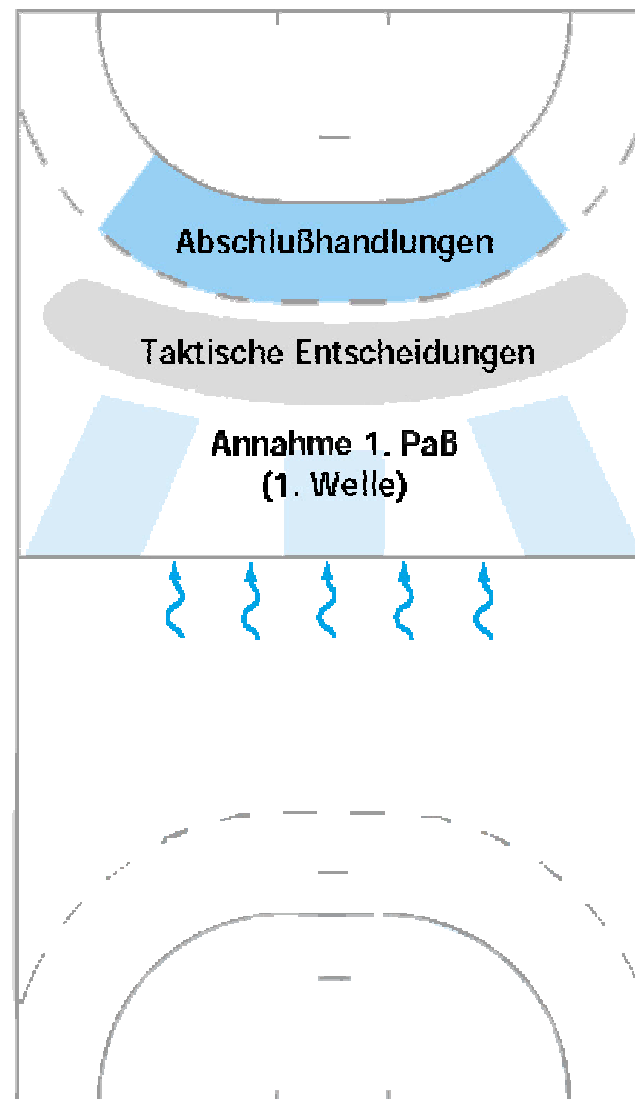
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3. Phase: Transportation of the ball through the court



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4. Phase: Creating the goalshot-situation



Development & Definition



Counter attack



- ◉ **Definition 1. wave:**
 - ▶ **max. two attackers and max. two defenders involved**
 - ▶ **situations 1on0, 2on0, 1on1, 2on1, 1on2 and 2on2**
 - ▶ **defence working like man-to-man**

Development & Definition



Counter attack



- ◉ **Definition 2. wave:**
 - ▶ **max. four attackers and max. four defenders involved**
 - ▶ **situations from 3on0 to 3on4 and 4on0 to 4on4**
 - ▶ **defence working like man-to-man**

Development & Definition



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- ◉ **Definition 3. wave:**
 - ▶ **more than four players (attackers and defenders) involved**
 - ▶ **quick throw-off**
 - ▶ **Attack without ball-circulation**
 - ▶ **defence working with zone-defence, but not completely organised**

Development & Definition



Counter attack



- **Players with ball should:**
 - ▶ **make a proper decision between dribbling or passing**
 - ▶ **try to keep their speed till the goalshot**
 - ▶ **go around defence players with a large distance**
 - ▶ **keep a safety-distance to the 6m-line**

Rules of conduct



Counter attack



- ◎ **Players without ball should:**
 - ▶ **run free to get into possession of the ball**
 - ▶ **not stay in the shadow of a defenceplayer**
 - ▶ **try to open the space for the player with the ball**
 - ▶ **keep a safety-distance to the 6m-line**

Rules of conduct