## Programme: 2014 EHF Youth Coaches' Course







## How to train young male players

Col.				
Col.				
Column	5.00 - 17.00		University of Physical Education and Sport/ Gdansk	
1899   The Agriculture   1899   The Agricult	7.00 - 18.30			EHF, ZPRP
C-9.00	9.00h		Hotel	
C.   Sept.   Cycle				
C-100	8.00 - 09.00	,		
0-1120   Cyris Breash	9.00 - 09.30		Conference Room - UPES	ZPRP, Jerzy Eliasz/ EHF MC
Continues Record   UPS   Section of sectio	9.30 - 10.30	Individual, group and team counter attack	Conference Room - UPES	Klaus Feldmann/GER
Dec   Company	0.30 - 11.00	Coffee Break		
0.15   Individual and agoup assessing to leaver greater professions of distance and 8 in sincts   Spot field Colames   Spot field Colames   Workpeep Pollumy/AUT	1.00 - 12.00	The system of learning	Conference Room - UPES	Wolfgang Pollany/AUT
0 - 10.4   Copyration between grattenage and otherwise delitations and 6 m in both   Sport Hall - Colamb   S	2.30h	Lunch	UPES	
0. 13.0 M 15 ECR (Prelameny Round)	4.00 - 15.15	Individual and group pass/shot exercises	Sport Hall - Gdansk	Wolfgang Pollany/AUT
1-22.20   MIS ECh (Perlamany Rouns)   Sport Hair Colorads   Hold	5.30 - 16.45	Cooperation between goalkeeper and defence for distance and 6 m shots	Sport Hall - Gdansk	Wojciech Nowinski/ POL
Direct   D	7.00 - 18.30	M18 ECh (Preliminary Round)	Sport Hall - Gdansk	
1-03.0   Inchinate group and team counter attack   Sport Half - Gatmak   Klaus Fedmann/GER	9.00 - 20.30	M18 ECh (Preliminary Round)	Sport Hall - Gdansk	
1-03.0   Inchinate group and team counter attack   Sport Half - Gatmak   Klaus Fedmann/GER	).30h	Dinner	Hotel	
0 - 10.0   Incividus group and team counter statisk   Spot Hall - Glorisk   Spot Hall		ust 2014		
0-11.00   Coffee break   0-12.00   Author without thanging the position   UIPS   0-15.15   Physical preparation jurning and running with this ball   Sport Hall - Galansk   Wolgardy Nowinski POL   0-15.15   Physical preparation jurning and running with this ball   Sport Hall - Galansk   Wolgarg FollamyAUT   0-15.15   Coffee break   Wolgarg FollamyAUT   0-15.15   Physical preparation jurning and running with this ball   Sport Hall - Galansk   Wolgarg FollamyAUT   0-15.15   Physical preparation jurning and running with this ball   Wolgarg FollamyAUT   0-15.15   Physical preparation jurning and running with this ball   Wolgarg FollamyAUT   0-15.15   Physical preparation jurning and running with this ball   Wolgarg FollamyAUT   0-15.15   Physical Physic	9.00 - 10.30		Sport Hall - Gdansk	Klaus Feldmann/GER
0. 12.20         Mask without changing the position         Kous Federann/GER           0. 1         Unch         Unch         UPES           0. 15.15         Physical prograntion jumping and unring with the ball         SOF Hall - Garnak         Modical Movinsky PDL           5. 16.30         Practice of the feat refrest individual, group and bean exercises         SOF Hall - Garnak         Worlgang Polleny/AUT           5. 16.30         Practice of the feat refrest individual, group and bean exercises         SOF Hall - Garnak         Worlgang Polleny/AUT           5. 16.30         Practice of the feat refrest individual, group and bean exercises         SOF Hall - Garnak         Worlgang Polleny/AUT           6. 16.00         Man advantage and disadvantage in offence         UPES           7. 16.10         Man advantage and disadvantage in offence         End Federanny Europa Village           0. 10.10         Circle for for for for for the seak         Conference Room - UPES         Klass Federanny EER           0. 10.10         Circle for brask         Conference Room - UPES         EHF Delegate Refereeing Expert           0. 11.10         Circle for brask         Conference Room - UPES         EHF Delegate Refereeing Expert           0. 11.10         Concling and Refereeing         Conference Room - UPES         EHF Delegate Refereeing Expert           0. 11.10         Concli	).30 - 11.00		· ·	
UPS	1.00 - 12.30	Attack without changing the position	Sport Hall - Gdansk	Klaus Feldmann/GER
5-154.5         Coffee break           5-163.0         Practice of the fast refreet individual, group and team exercises         \$ port Heal - Cidensk         Wolfgang PollanyAUT           5-18.00         Man advantage and disacheratege in offence         UPES           setby. 19         August 2014         Volume Contract Name           0-10.00         A teas with and without changing the position         Conference Room - UPES         Klause Feldmann/GER           0-10.10         Cacheling and Reforeining         Conference Room - UPES         EFF Delegate-Reforeining Export           5-11.15         Cacething and Reforeining         Conference Room - UPES         Wolfgang Pollany/AUT           5-12.15         Stress management + performance control         UPES         Wolfgang Pollany/AUT           0-15.15         Coalleager drills shots from 6 m/wing, piot fast breek shots         \$port Heal - Gdansk         Wolgang Pollany/AUT           0-15.15         Coalleager drills shots from 6 m/wing, piot fast breek shots         \$port Heal - Gdansk         Wolgang Pollany/AUT           0-15.15         Coalleager drills shots from 6 m/wing, piot fast breek shots         \$port Heal - Gdansk         Wolgang Pollany/AUT           0-15.0         Marke with changing the peaulion         \$port Heal - Gdansk         Wolgang Pollany/AUT           0-15.0         Marke pollans to peaulist shots from 6 m/w	2.30h	Lunch	UPES	
5 - 16.30         Practice of the first retreat: Individual, group and team exercises         Sport Hall - Gdansk         Worlgang Pollany/AUT           5 - 18.10         Man adventage and disciventage in offence         Sport Hall - Gdansk         Worlgang Pollany/AUT           0.10.00         Attack with and without changing the position         Conference Room - UPES         Klaus Feldmann/GER           0 - 10.01         Core brown and Refereeing         Conference Room - UPES         EHF Delegate-Refereeing Expert           0 - 10.15         Core brown and Refereeing         Conference Room - UPES         Worlgang Pollany/AUT           0 - 10.15         Ober Stess management - performance control         UPES         Worlgang Pollany/AUT           0 - 15.15         Goalkeeper dhills shots from 6 mixing, pivot fast break shots         Sport Hall - Gdansk         Wijcigang Pollany/AUT           0 - 15.15         Goalkeeper dhills shots from 6 mixing, pivot fast break shots         Sport Hall - Gdansk         Wijcigang Pollany/AUT           0 - 18.20         Mills ECh (Main Round)         Sport Hall - Gdansk         Klaus Feldmann GER           0 - 18.20         Mills ECh (Main Round)         Sport Hall - Gdansk         Worlgang Pollany/AUT           0 - 18.20         Mills ECh (Main Round)         Sport Hall - Gdansk         Worlgang Pollany/AUT           0 - 18.20         Mills ECh (Main Round)	1.00 - 15.15	Physical preparation: jumping and running with the ball	Sport Hall - Gdansk	Wojciech Nowinski/ POL
5 - 18.00 Man advantage and disadvantage in offence (Parkager) No Barbacus (PES)  staty, 18 August 2014  - 10.10 O Affack with and without changing the position (Conference Room - UPES) - 10.15 Order break  5 - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Reterening (Personal Room - UPES) - 11.15 Coaching and Room - UPES (Personal Room - UPES) - 11.15 Coaching and Room - UPES (Personal Room - UPES) - 11.15 Coaching and Room - UPES (Personal Room - UPES) - 11.15 Coaching and Room - UPES (Personal Room - UPES) - 11.15 Coaching and Room - UPES (Personal Room - UPES) - 11.15 Coaching (Personal	5.15 - 15.45	Coffee break		
Markey 19 August 2014 0 - 10 00	5.45 - 16.30	Practice of the fast retreat: individual, group and team exercises	Sport Hall - Gdansk	Wolfgang Pollany/AUT
sidey, 19 August 2014 0 10 00 Attack with and without changing the position 0 10 10 0 Conference Room - UPES   Klaus Feldmann/GER 0 10 15 Code break 5 12 15 Coaching and Refereeing 5 12 16 Coaching and Refereeing 6 12 16 Coaching and Refereeing Expert 6 12 16 Coaching and Refereeing Expert 6 12 16 Coaching and Refereeing Expert 7 18 18 18 18 18 18 18 18 18 18 18 18 18	6.45 - 18.00	Man advantage and disadvantage in offence	Sport Hall - Gdansk	Wolfgang Pollany/AUT
0-10.00         Attack with and without changing the position         Conference Room - UPES         Klaus Feldmann/GER           0-10.15         Coording and Refereeing         Conference Room - UPES         EHF Delegate-Refereeing Expert           5-11.15         Coaching and Refereeing         Conference Room - UPES         Wolfgang Pollany/AUT           0-15.15         Stress management - performance control         UPES         Wolfgang Pollany/AUT           0-15.15         Sopilating the position of the positi	9.00h	Barbecue	UPES	
0 10.15   Coffee break 5 - 11.15   Coaching and Refereeing 5 - 12.15   Stress management + performance control   Conference Room - UPES   Wolfgang Pollany/AUT   0h	uesday, 19 Aug	ust 2014		
5-11.15         Coaching and Refereeing         Conference Room - UPES         EHF Delegate-Refereeing Expert           5-12.15         Stress management + performance control         Wolfgang Pollany/AUT           0n         Lunch         UPES           0-15.16         Goalkeeper drills: shots from 6 m/wing, privot fast break shots         Sport Hall - Gdansk         Wojciech Nowinski/ POL           0-17.00         Attack with changing the position         Sport Hall - Gdansk         Klaus Feldmann/GER           0-18.30         M18 ECh (Main Round)         Sport Hall - Gdansk         Wolfgang Pollany/AUT           0-20.30         M18 ECh (Main Round)         Sport Hall - Gdansk         Wolfgang Pollany/AUT           0-10.15         Attack against open defencei/3:2:1, 4:2.etc.*         Sport Hall - Gdansk         Wolfgang Pollany/AUT           0-12.45         Lunch         UPES         Wolfgang Pollany/AUT           0-14.10         European Championship- Analysis         Conference Room- UPES         Andrzej Niewrzawa /POL           0-14.15         Coffee break         Wolfgang Pollany/AUT         Conference Room- UPES         Helmut Höritsch/EHF           0-15.00         What can trial do for you? Presentation of specific devices for handball training.         Conference Room- UPES         Wolfgang Pollany/AUT           0-16.16         Closing         Con	9.00 - 10.00	Attack with and without changing the position	Conference Room - UPES	Klaus Feldmann/GER
5 - 12.15   Stress management + performance control   Conference Room - UPES   Wolfgang Pollany/AUT	0.00 - 10.15			
	0.15 - 11.15	Coaching and Refereeing	Conference Room - UPES	EHF Delegate-Refereeing Expert
0 - 15.15 Goalkeeper drills: shots from 6 m/wing, pivot fast break shots Sport Hall - Gdansk Wojciech Nowinskii POL 0 - 17.00 Attack with changing the position Sport Hall - Gdansk Rlaus Feldmann/GER 0 - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 10.15 Attack against open defence/3:2:1, 4:2.etc./ Sport Hall - Gdansk 0 - 10.15 Attack against open defence/3:2:1, 4:2.etc./ Sport Hall - Gdansk Wolfgang Pollany/AUT 0 - 10.10 Attack against close defence systems /6:0/ Sport Hall - Gdansk Russ Feldmann/GER 0 - 12.45 Lunch UPES 0 - 14.00 European Championship- Analysis Conference Room- UPES Andrzej Niewrzawa /POL 0 - 14.15 Office break Conference Room- UPES Helmut Höritsch/EHF 0 - 15.30 What can Trial do for you? Presentation of specific devices for handball training. Conference Room- UPES Jersey Eliasz/ EHF MC 0 - 16.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk	1.15 - 12:15	Stress management + performance control		Wolfgang Pollany/AUT
0 - 17.0 0 Attack with changing the position Sport Hall - Gdansk	2.30h	Lunch		
0 - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 10.10 Dinner Hotel  Inesday, 20 August 2014  0 - 10.15 Attack against open defence/3·2·1, 4·2·etc / Sport Hall - Gdansk Wolfgang Pollany/AUT 0 - 12.00 Attack against close defence systems /6·0/ Sport Hall - Gdansk Wilaus Feldmann/GER 0 - 12.45 Lunch UPES 0 - 14.00 European Championship- Analysis Conference Room- UPES Andrzej Niewrzawa /POL 0 - 14.15 Coffee break 0 - 15.30 What can Trial do for you? Presentation of specific devices for handball training. Conference Room- UPES Wolfgang Pollany/AUT 0 - 16.15 Closing Coffee break 0 - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 10.10 Dinner Hotel	1.00 - 15.15	Goalkeeper drills: shots from 6 m/wing, pivot fast break shots	Sport Hall - Gdansk	Wojciech Nowinski/ POL
0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0h Dinner Hotel    Hotel	5.30 - 17.00	Attack with changing the position	Sport Hall - Gdansk	Klaus Feldmann/GER
Dinner   Hotel	7.00 - 18.30	M18 ECh (Main Round)		
Inesday, 20 August 2014 0 - 10.15   Attack against open defence/3:2:1, 4:2,etc./   Sport Hall - Gdansk   Wolfgang Pollany/AUT 0 - 12.40   Attack against close defence systems /6:0/   Sport Hall - Gdansk   Klaus Feldmann/GER 0 - 12.45   Lunch   UPES   0 - 14.00   European Championship- Analysis   Conference Room- UPES   Andrzej Niewrzawa /POL 0 - 14.15   Coffee break   Conference Room- UPES   Helmut Höritsch/EHF 0 - 15.30   What can Trial do for you? Presentation of specific devices for handball training.   Conference Room- UPES   Wolfgang Pollany/AUT 0 - 16.15   Closing   Conference Room- UPES   Wolfgang Pollany/AUT 0 - 16.15   Closing   Conference Room- UPES   Jerzy Eliasz/ EHF MC 5 - 17.00   Coffee break   Sport Hall - Gdansk   Sport Ha	9.00 - 20.30	M18 ECh (Main Round)		
0 - 10.15 Attack against open defence/3:2:1, 4:2,etc./ 0 - 12.00 Attack against close defence systems /6:0/ 0 - 12.45 Lunch 0 - 14.05 European Championship- Analysis 0 - 14.15 Coffee break 5 - 15.00 EHF Coaches Licensing System/ EHF CAN 0 - 15.30 What can Trial do for you? Presentation of specific devices for handball training. 0 - 16.15 Closing 5 - 17.00 Coffee break 5 - 17.00 Coffee break 6 - 18.30 M18 ECh (Main Round) 6 - 20.30 M18 ECh (Main Round) 6 - 20.30 M18 ECh (Main Round) 6 - Dinner  reday, 21 August 2014	).30h		Hotel	
0 - 12.00 Attack against close defence systems /6:0/ Sport Hall - Gdansk UPES 0 - 14.00 European Championship- Analysis Conference Room- UPES Andrzej Niewrzawa /POL 0 - 14.15 Coffee break 5 - 15.00 EHF Coaches Licensing System/ EHF CAN Conference Room- UPES Helmut Hörritsch/EHF 0 - 15.30 What can Trial do for you? Presentation of specific devices for handball training. Conference Room- UPES Wolfgang Pollany/AUT 0 - 16.15 Closing Conference Room- UPES Jerzy Eliasz/ EHF MC 0 - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 hor Dinner Hotel	ednesday, 20 A	August 2014		
UPES Conference Room- UPES Andrzej Niewrzawa /POL 0 - 14.10 European Championship- Analysis Conference Room- UPES Andrzej Niewrzawa /POL 0 - 14.15 Coffee break 5 - 15.00 EHF Coaches Licensing System/ EHF CAN Conference Room- UPES Helmut Höritsch/EHF 0 - 15.30 What can Trial do for you? Presentation of specific devices for handball training. Conference Room- UPES Wolfgang Pollany/AUT 0 - 16.15 Closing Conference Room- UPES Jerzy Eliasz/ EHF MC 5 - 17.00 Coffee break 0 - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Sport Hall - Gdansk 0 - 20.30 M18 ECh (Main Round) Hotel Former Hotel Former Hotel Former Room- UPES Former Hotel Former Room- UPES Former Hotel Former Room- UPES	9.00 - 10.15	Attack against open defence/3:2:1, 4:2,etc./	Sport Hall - Gdansk	Wolfgang Pollany/AUT
Conference Room- UPES O - 14.10 European Championship- Analysis O - 14.15 Coffee break 5 - 15.00 EHF Coaches Licensing System/ EHF CAN O - 15.30 What can Trial do for you? Presentation of specific devices for handball training. O - 16.15 Closing O - 16.15 Coffee break O - 18.30 M18 ECh (Main Round) O - 20.30 M18 ECh (Main Round)	0.30 - 12.00	Attack against close defence systems /6:0/	Sport Hall - Gdansk	Klaus Feldmann/GER
0 - 14.15Coffee breakConference Room- UPESHelmut Höritsch/EHF5 - 15.00EHF Coaches Licensing System/ EHF CANConference Room- UPESHelmut Höritsch/EHF0 - 15.30What can Trial do for you? Presentation of specific devices for handball training.Conference Room- UPESWolfgang Pollany/AUT0 - 16.15ClosingConference Room- UPESJerzy Eliasz/ EHF MC5 - 17.00Coffee breakConference Room- UPESJerzy Eliasz/ EHF MC0 - 18.30M18 ECh (Main Round)Sport Hall - GdanskSport Hall - Gdansk0 - 20.30M18 ECh (Main Round)Sport Hall - GdanskIndicate the properties of the p	2.00 - 12.45	Lunch	UPES	
5 - 15.00 EHF Coaches Licensing System/ EHF CAN Conference Room- UPES What can Trial do for you? Presentation of specific devices for handball training. Conference Room- UPES Wolfgang Pollany/AUT Conference Room- UPES Jerzy Eliasz/ EHF MC 5 - 17.00 Coffee break Co - 18.30 M18 ECh (Main Round) Sport Hall - Gdansk Co - 20.30 M18 ECh (Main Round) Inner  rsday, 21 August 2014	3.00 - 14.00	European Championship- Analysis	Conference Room- UPES	Andrzej Niewrzawa /POL
What can Trial do for you? Presentation of specific devices for handball training.  Conference Room- UPES Closing Conference Room- UPES Jerzy Eliasz/ EHF MC Conference Room- UPES Conference Room- UPES Fig. 1, 200 Conference Room- UPES Confere	4.00 - 14.15			
0 - 16.15       Closing       Conference Room- UPES       Jerzy Eliasz/ EHF MC         5 - 17.00       Coffee break       Fort Hall - Gdansk         0 - 18.30       M18 ECh (Main Round)       Sport Hall - Gdansk         0 - 20.30       M18 ECh (Main Round)       Sport Hall - Gdansk         0h       Dinner       Hotel         rsday, 21 August 2014	1.15 - 15.00		Conference Room- UPES	Helmut Höritsch/EHF
5 - 17.00       Coffee break         0 - 18.30       M18 ECh (Main Round)         0 - 20.30       M18 ECh (Main Round)         0h       Dinner         Hotel	5.00 - 15.30	What can Trial do for you? Presentation of specific devices for handball training.	Conference Room- UPES	Wolfgang Pollany/AUT
0 - 18.30       M18 ECh (Main Round)       Sport Hall - Gdansk         0 - 20.30       M18 ECh (Main Round)       Sport Hall - Gdansk         0h       Dinner         rsday, 21 August 2014	5.30 - 16.15	Closing	Conference Room- UPES	Jerzy Eliasz/ EHF MC
0 - 20.30 M18 ECh (Main Round) Oh Dinner  rsday, 21 August 2014  Sport Hall - Gdansk Hotel	6.15 - 17.00	Coffee break		
Oh Dinner Hotel rsday, 21 August 2014	7.00 - 18.30	M18 ECh (Main Round)	Sport Hall - Gdansk	
rsday, 21 August 2014	9.00 - 20.30	M18 ECh (Main Round)	Sport Hall - Gdansk	
	0.30h	Dinner	Hotel	
Individual departure	ոursday, 21 Auç	gust 2014		
		Individual departure		