



EUROPEAN HANDBALL
FEDERATION

General tactical movements in the attack

- Basic positions of the players in the attack:

Both wing players stay in the corners RB, LB are close to the side line to get a bigger space for their actions

- Simple movements, easy sets: Crosses and transitions and their combinations. Various crosses with each other, crosses and transitions with a ball and without a ball
- The wing players rarely receive the balls against the organised defence. Mostly they are in the corners and waiting for a good shooting position made by the back court player or making a transition
- Change the speed and the pace during the offences of the games

1. CB crosses LB:

- piston movement from the pivot side
- cross on the LP side, making a double attacker block
- transition from CB

2. LB and CB change their position with each other, the ball comes from the RB to the LB in the centre and crossing for RB into the centre position

3. BP and CB change their position with each other and the ball comes from the wing

- transition from LB position
- transition from the opposite wing

4. LW transition with the opposite side with the ball, the ball comes back from CB to LB, LP stays between the 1. and 2. defenders

5. LB passes the ball to CB and takes a LP position on his side of the 6m line

6. The LP takes place between 1. and 2. defenders. The BP of the same side makes a transition for the opposite side between the 1. and 2. defenders too

7. LB crosses LW on the centre and they run back to their positions again

8. RB crosses LB, CB goes parallel to the RB position, the LP follows the direction of the ball

9. 9m shot close to the side line: the wing player from the same side makes a transition to the opposite side

10. CB plays the ball to the LB, who comes up to the 9m line on the centre, he passes the ball to LB into the centre position and tries to make an attacker block to him

11. „Double” crosses