



**What do we expect from
the referees ?**



PERSONALITY

- ❖ **A Referee is NOT a policeman – be calm**
- ❖ **Leadership**
- ❖ **Positive and friendly attitude**
- ❖ **Courage to do unpopular decisions**
- ❖ **Respect to each other**
- ❖ **To forget the last wrong decision (tennis player)**
- ❖ **Study of teams, players**
- ❖ **Follow handball a lot**



- ❖ **Education and development**
- ❖ **Guarding the spirit of fairness**
- ❖ **Sensibility for creative/attractive handball**
- ❖ **Preparation for a „big” competition**
- ❖ **Lifestyle!**

**ONLY ONE PERSON CAN CHANGE
YOU - YOURSELF**



PHYSICAL PREPARATION AND CAPACITY

- ❖ **Training permanently!**
- ❖ **Improvement of moving style**
- ❖ **Weight control**
- ❖ **Sportsman-like body-shape**



MENTAL CAPACITY AND PREPARATION

- ❖ Long term objectives
- ❖ Middle term objectives
- ❖ Short term objectives
- ❖ Concentrate during the match, tournament



IMPROVEMENT OF HANDBALL KNOWLEDGEMENT KNOWING HANDBALL „LANGUAGE”

- ❖ **Defense systems-change during the match
– „acclimatization”**
- ❖ **Knowing the new tactical/technical elements,
trends**
- ❖ **Observation of the best!**
- ❖ **Communication!**
- ❖ **Decision competence – cooperation**
- ❖ **Body- and face „language”**



COMMUNICATION

- ❖ **Before the match**
- ❖ **During the match**
 - in time – within the table as well
 - discreet
 - integration to the game
- ❖ **After the match**
 - goal: improvement
 - positive attitude
 - analyses
 - interactive
 - advices



BE A TOP REFEREE

- ❖ **Ability to bear the critics**
- ❖ **Constant in performance**
- ❖ **Ability to solve problems**
- ❖ **Personality**
- ❖ **Learn a job**