

ATTACK WITH CROSSES AND POSITION CHANGES



EHF Competence Academy & Network



Theoretical bases

Running of the game = continuum of game tasks

3 levels of possible solutions

➤ individual

➤ group

➤ **team**

Team solution = cooperation of the whole team = playing system

The playing system determines the functions, tasks, starting positions and the operating area of all players

In common playing situations each player should know exactly what, when and how he/she should perform



EHF Competence Academy & Network



Systems in attack



Fast break

- ☐ 1st wave

- ☐ 2nd wave

- ☐ extended f.b.



Set attack

- ☐ with 1 line player

- ☐ with 2 line players

Playing systems in numerical imbalance



EHF Competence Academy & Network



General tactical principles (gtp)

The most frequently used tactical means in attack

- crossing
- system changes (transition)

BUT

Gtp in fast break (1st wave)

- move into free space as fast as possible and take the shortest route
- crossing is useful **ONLY** in the situations of numerical balance (2:2 f.e.)



EHF Competence Academy & Network

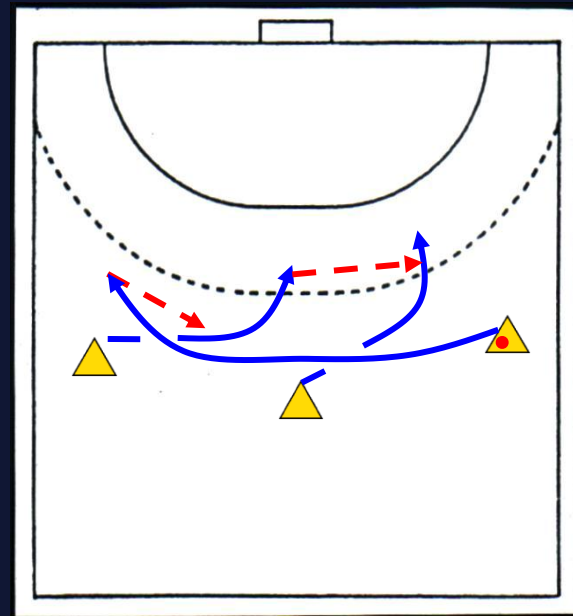


Set attack

Typical crossing „means“

Backs

- ❑ center back – left/right back
- ❑ double cross
- ❑ long („russian“) cross



Double cross



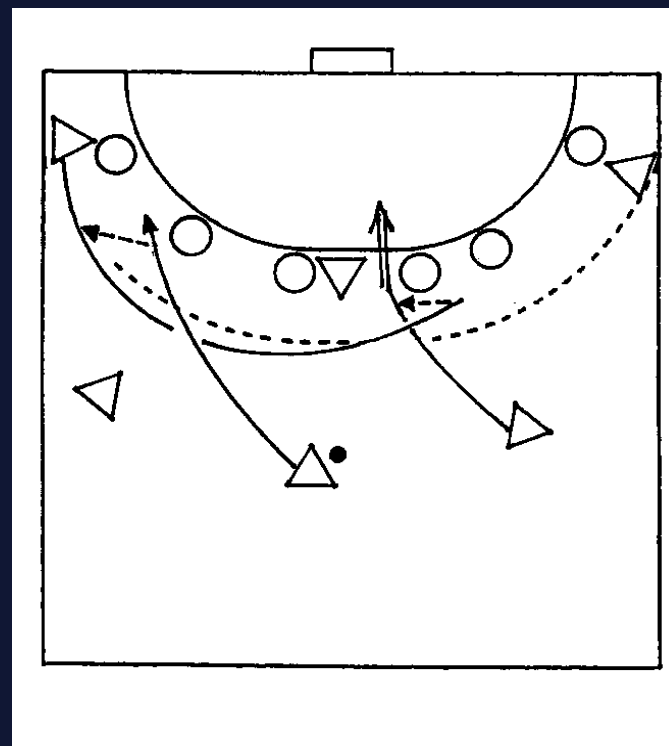
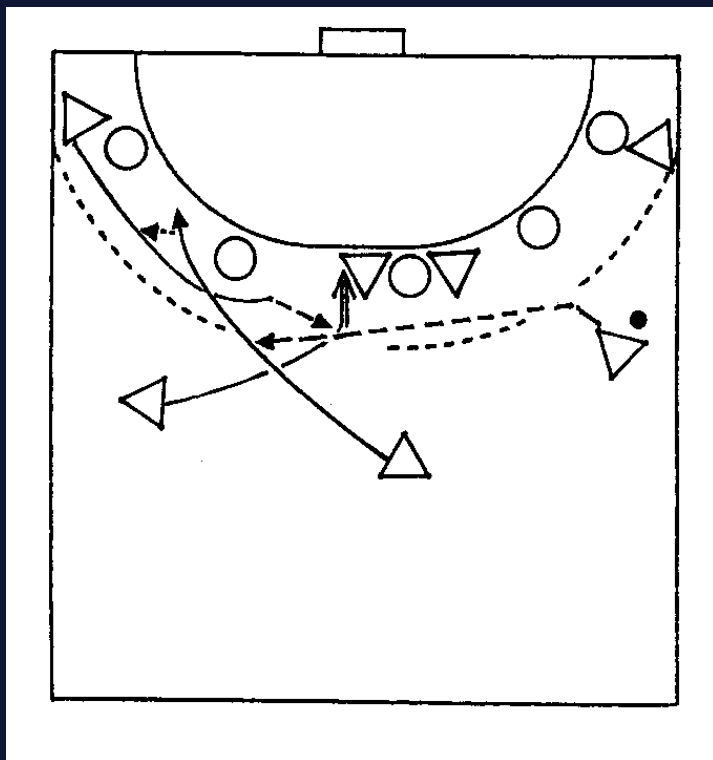
EHF Competence Academy & Network



Long cross



Back - wing

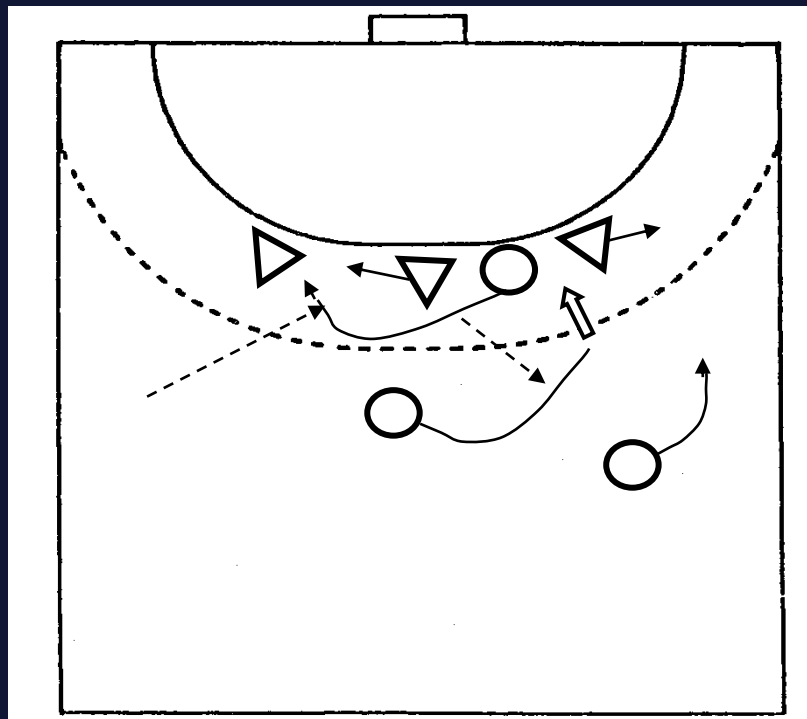




EHF Competence Academy & Network



Back – line player



Obr. 4

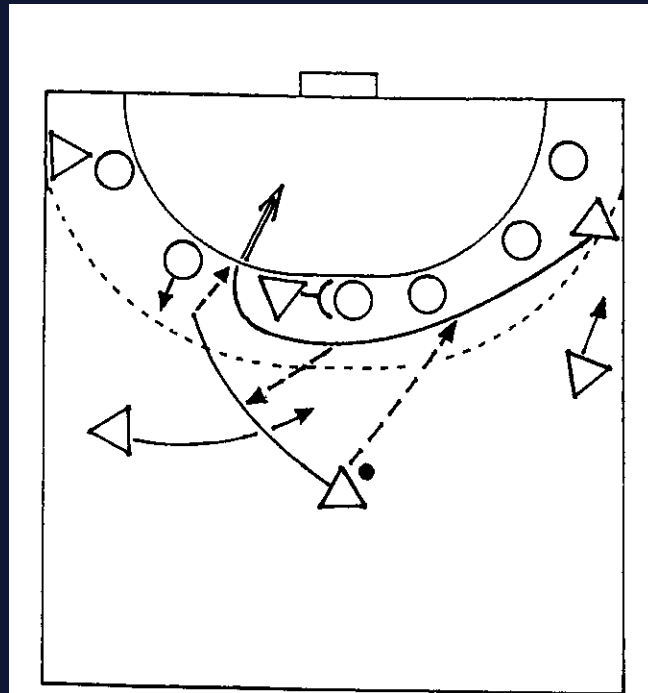


EHF Competence Academy & Network

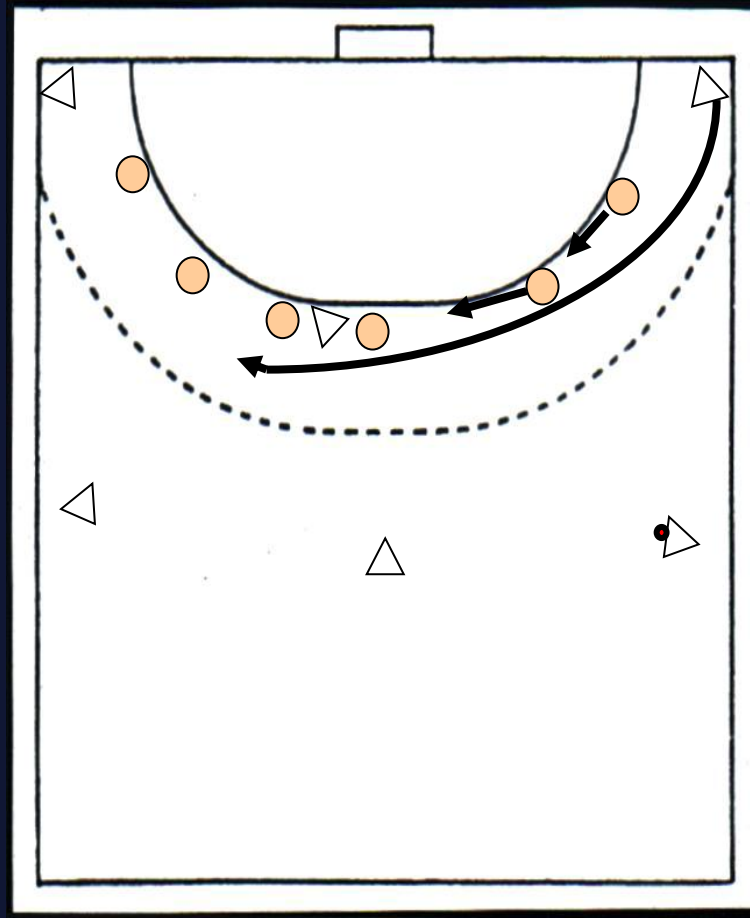


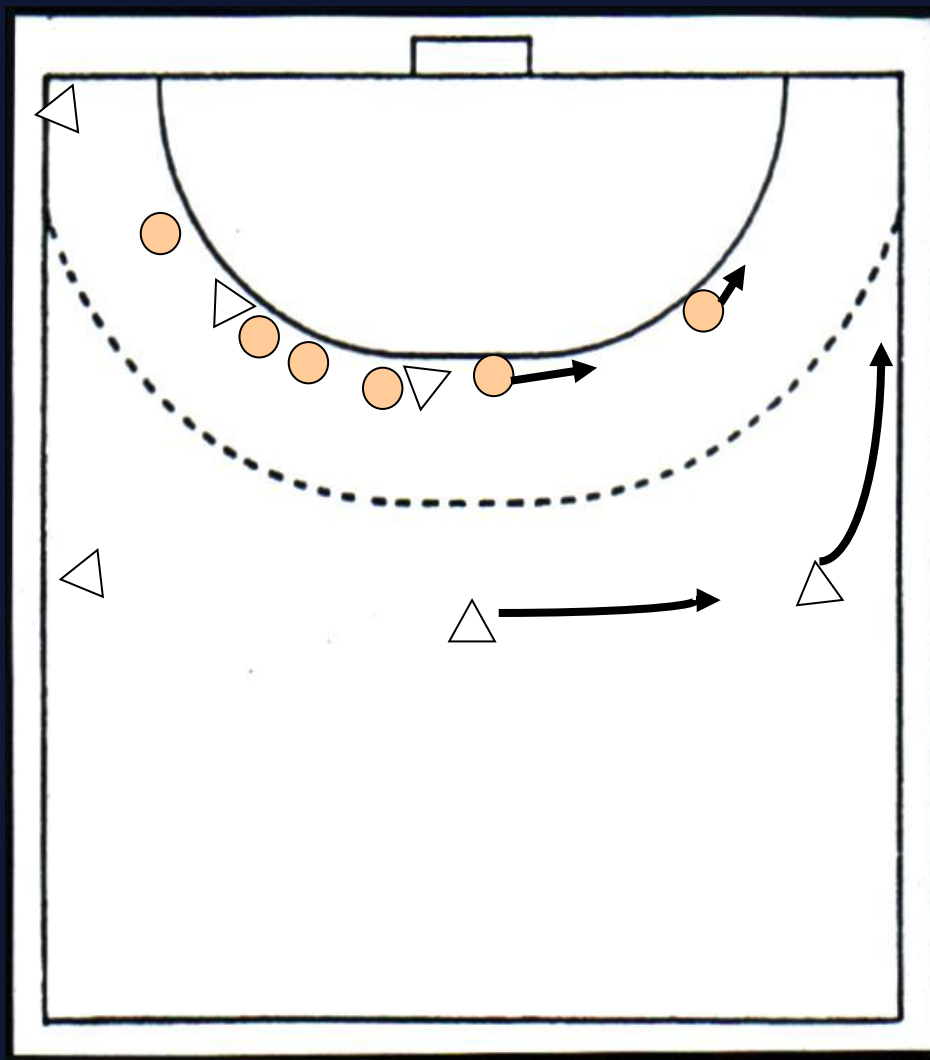
Typical transition „means“

Using wings



Wing runs in → 2 possibilities of going on





„Classical“



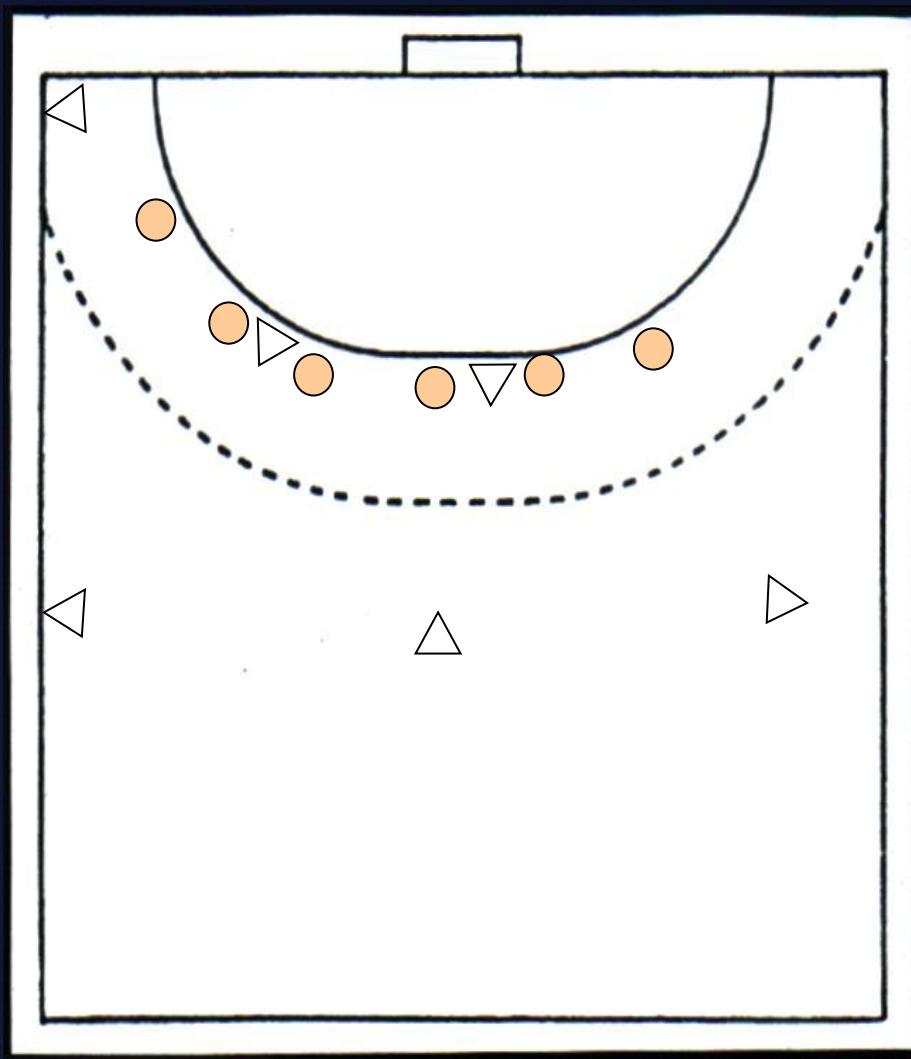
KOR 6
ESP 4
12:09 1ST

EBU-UER

EHF Competence Academy & Network



Without wing



EHF Competence Academy & Network



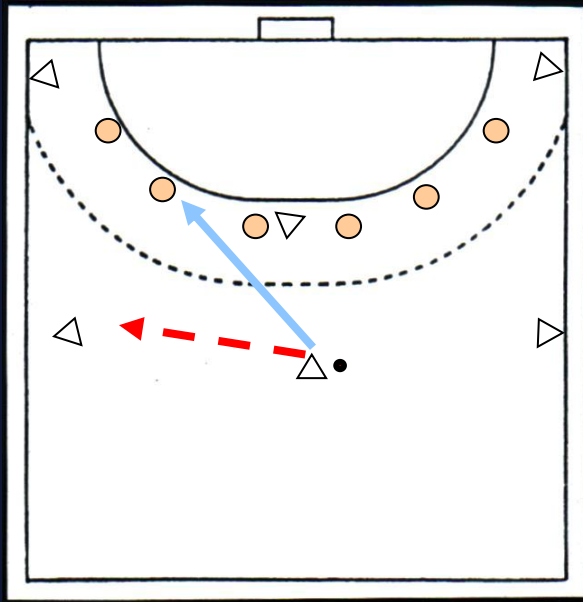


EHF Competence Academy & Network



Using backs

Middle back „to“ the ball

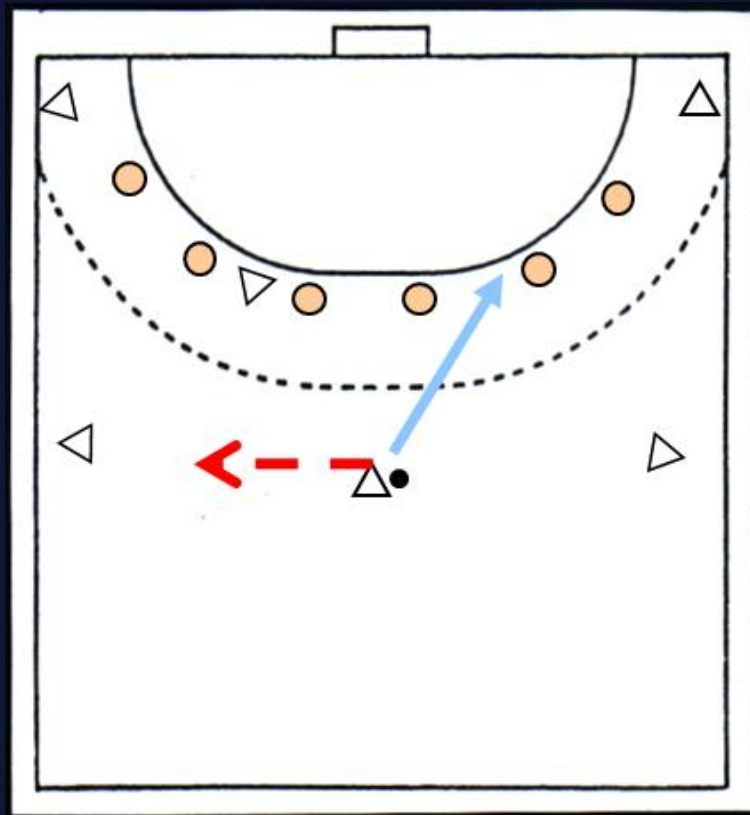




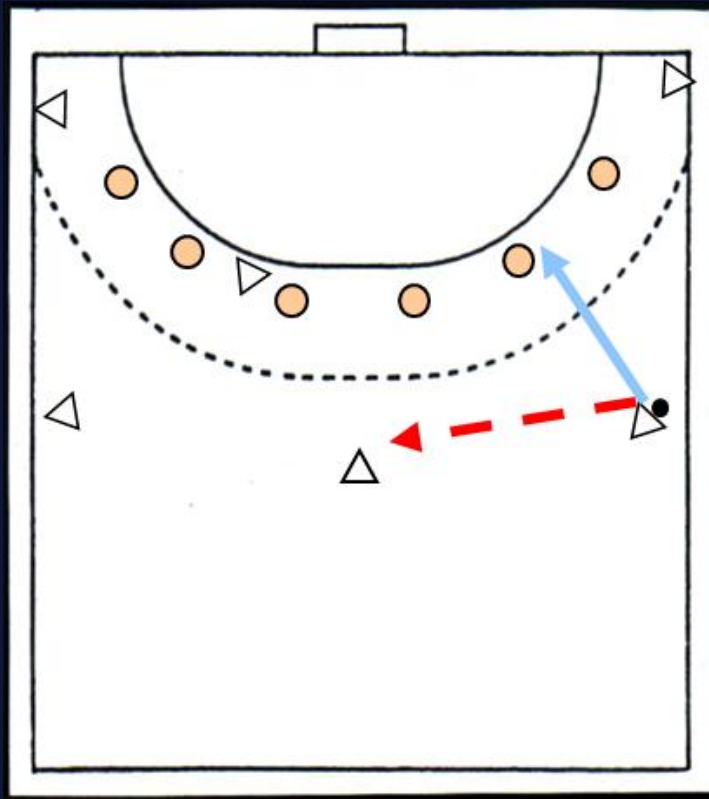
EHF Competence Academy & Network



Middle back „away“ the ball



Right/left back



EHF Competence Academy & Network





EHF Competence Academy & Network

