

by Ole Jorstad BC Member



Introduction

- 45 min – Welcome, who is who, experience
- 45 min – Introduction
 - National history
 - BH Philosophy
- 90 min – Main differences BH vs IH
 - Court system
 - Changing “in & out” of players
 - Scoring system – outcome of the game
 - 1 & 2 points
 - GG & Shoot out
 - Ref throw

Specific match items

- 60 min – Spectacular goals
 - Spin Shot
 - In flights
- 60 min - Progressive punishments
- 60 min – Other items
 - Passive
 - 6m line
 - Goalkeeper behavior
- 45 min – Others
 - Communication on the court
 - A BH ref is not an Indoor ref
 - Sell your decisions
- 45 min – Lecturers own items
- 45 min – Physical test
- 45 min – Theoretical test

- 45 min – Spin shot test & Red Card test
- Practical: 4 matches each with feed back
- Use video clips & pictures in an active way



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