

**2013 EHF ,RINCK‘ Convention Seminar for
Signatory Nations
5th – 6th April 2013 / Vienna**

EHF Methods Commission Coaching Education / Objectives

**Peter Kovacs / HUN
EHF MC Member
Education & Training**



EHF Competence Academy & Network



2013 EHF ,RINCK' Convention Seminar for Signatory Nations 5th – 6th April 2013 / Vienna



2013 EHF Youth Coaches' Course
18th – 21st August 2013 in Gdansk, Poland



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Programme: 2013 EHF Youth Coaches' Course

How to train young female players



Saturday, 17 August 2013

15.00 - 17.00	Indiv. Arrival / Check-In / Accreditation	University of Physical Education and Sport/ Gdansk	
17.00 - 18.30	Leaders' meeting - course organisation		EHF, ZPRP
19.00h	Dinner	Hotel	

Sunday, 18 August 2013

08.00 - 09.00	Arrival, Accreditation	University of Physical Education and Sport/ Gdansk (UPES)	
09.00 - 09.30	Opening	Conference Room - UPES	ZPRP, Jerzy Eliaszyk/ EHF MC
09.30 - 10.30	Women's (Youth) handball out of a clear handball vision (e.g. NED 'Oranje plan')	Conference Room - UPES	Monique Tijsterman/NED
10.30 - 11.00	Coffee Break		
11.00 - 12.00	Which (educational) steps / pedagogical tools shall be made during female youth training?	Conference Room - UPES	Monique Tijsterman/ NED
12.30h	Lunch	Hotel	
14.00 - 15.15	Passes and shots in groups with tactical content	Sport Hall - Gdansk	Martin Tuma / CZE
15.30 - 16.45	Shot teams training and the goalkeeper training	Sport Hall - Gdansk	Wojciech Nowinski/ POL
17.00 - 18.30	W17 ECh B1:B2	Sport Hall - Gdansk	
19.00 - 20.30	W17 ECh B3:B4	Sport Hall - Gdansk	
20.30h	Dinner	Hotel	



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Monday, 19 August 2013			
09.00 - 10.15	Wing play- technical/ tactical exercises	Sport Hall - Gdansk	Monique Tijsterman/NED
10.15 - 10.45	Coffee break		
10.45 - 12.00	Pivot play- technical/ tactical exercises	Sport Hall - Gdansk	Monique Tijsterman/NED
12.30h	Lunch	Hotel	
14.00 - 15.15	Passes, shots and running (body) faking	Sport Hall - Gdansk	Martin Tuma / CZE
15.15 - 15.45	Coffee break		
15.45 - 16.30	Physical training for young female goalkeepers	Sport Hall - Gdansk	Wojciech Nowinski/ POL
16.45 - 18.00	Specific technical/ tactical training for young female goalkeepers	Sport Hall - Gdansk	Wojciech Nowinski/ POL
19.00h	Dinner	Hotel	
Tuesday, 20 August 2013			
09.00 - 10.00	The philosophy of 6:0 and 5:1 defence system during the game	Conference Room - UPES	Martin Tuma / CZE
10.00 - 10.15	Coffee break		
10.15 - 11.15	Coaching and Refereeing	Conference Room - UPES	EHF Refereeing Expert
11.15 - 12:15	Attack with crosses and position changes	Conference Room - UPES	Martin Tuma / CZE
12.30h	Lunch	Hotel	
14.00 - 15.15	Individual, group and team fast break and turn back	Sport Hall - Gdansk	Monique Tijsterman/ NED
15.30 - 16.45	Ball steals in defence- individual and group exercise	Sport Hall - Gdansk	Monique Tijsterman/ NED
17.00 - 18.30	W17 ECh 2A:2B	Sport Hall - Gdansk	
19.00 - 20.30	W17 ECh 1A:1B	Sport Hall - Gdansk	
20.30h	Dinner	Hotel	
Wednesday, 21 August 2013			
09.00 - 10.15	Group and team attack in man advantage	Sport Hall - Gdansk	Martin Tuma / CZE
10.15 - 10.45	Coffee break		
10.45 - 12.00	Group and team defence im man disadvantage	Sport Hall - Gdansk	Martin Tuma / CZE
12.15h	Lunch	Hotel	
13.30 - 14.30	European Championship- Analysis	Conference Room- UPES	ZPRP Analyst
14.30 - 15.30	EHF Coaching Licensing System	Conference Room- UPES	Helmut Hörtsch/ EHF
13.30 - 15.45	Coffee break		
15.45 - 16.30	Closing	Conference Room- UPES	Jerzy Elias/ EHF MC
17.00 - 18.30	W17 ECh 2B:1A	Sport Hall - Gdansk	
19.00 - 20.30	W17 ECh 1B:2A	Sport Hall - Gdansk	
20.30h	Dinner	Hotel	
Thursday, 22 August 2011			
	Individual departure		



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The screenshot shows a web browser window with the URL <http://activities.eurohandball.com/article/16551>. The page is titled "EHF Activities - Article". The main content area features the "european handball activities" logo and a "news" section. A photo of Péter Kovács is shown next to the headline "EHF Methods Commission member, Péter Kovács, has taken a deeper look into the trends of the game". Below this, a section titled "WOMEN'S EHF EURO 2012 ANALYSIS ONLINE" provides details about the analysis of the Women's EHF European Championship. The right sidebar contains the "EHF CAN" logo and a list of "courses & seminars" for 2013 and 2012, including the "2013 EHF RINCK Convention Seminar For Signatories" in Vienna.

EHF
EUROPEAN HANDBALL
FEDERATION

« MRZ 2013 »

MO	DI	MI	DO	FR	SA	SO
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

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- EHF CHAMPIONS LEAGUE »
- EHF EUROPEAN CUP »
- EHF TV »
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- COURT OF ARBITRATION »

MEMBER FEDERATIONS

EHF CAN

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◀ EHF CAN Event Directory

courses & seminars

2013

CONFERENCES & CONVENTIONS

2013 EHF RINCK Convention Seminar For Signatories

05.-06.04.2013 IN VIENNA (AUT)

2012

REFEREES' COURSES

11th Referee Candidates Course

12.-16.12.2012 IN ST. GALLEN (SUI)

COACHES' COURSES & SEMINARS

2012 EHF "Rinck" Convention Open Master Coach And Licensing Course

03.-09.12.2012 IN BELGRADE (SRB)

REFEREES' COURSES

2012 EHF Referee Seminar

31.08.-02.09.2012 IN VIENNA (EHF)

WOMEN'S EHF EURO 2012 ANALYSIS ONLINE

The EHF has released the qualitative analysis of the Women's EHF European Championship, which was played from 4 to 16 December 2012 in Serbia.

The analysis, which was conducted by handball expert and member of the EHF Methods Commission, Péter Kovács, describes in detail all elements of the game as well as trends in attack and defense of the best women's national teams in Europe.

The entire analysis is available for download on the European Handball Federation's [Activities website](#).

TEXT: EHF / ts



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Education and Training of Youth Coaches

A challenge for the Handball vision of 2016 is the education of Young Coaches. To serve this purpose, young coaches from various nations could be invited to practice sessions with demo teams during European Championships. Special focus should be placed on the “weaker” handball nations and make sure that the participants will not only come from traditionally strong handball nations. An age-limit will be applied for participants, who can be nominated by their national federations. The sessions could have the form of a competition, where the EHF covers the expenses of the winner. Furthermore, a “title” could be awarded to those participating or to those who will have succeeded in the course.

The course’s content could be split into the following categories:

- The game: based on the latest trends, rule interpretation and available analyses.
- Training: based on the latest training skills, injury prevention skills and regenerations programme.
- Theoretical: show how to present oneself in front of the players, how to plan and create a training session, explain how psychological items affect the game, teach how to use a software for training.
- Practical: ask participants to create a demo-training or guide their team through a friendly match.
- Analysis: analysis / feedback provided by mentors.
- Info channel: show the participants where to gain more information on the topic.

A website, forum or a social media page could also be created, where the participants or the people interested can exchange information.



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Rule interpretation

In a match situation, problems often arise as a result of conflicting or varying understanding on rules and their interpretation. In order to tackle this problem, the EHF could conduct a survey, in order to ask coaches their opinion on rules and rules interpretation. Their opinion will be asked on the most critical situations of a game. This study could also have the form of an online questionnaire, carried out through existing IT tools. The study does not necessarily need to include only coaches, but could, eventually, expand among referees, players, or even journalists. The results of this survey should be shared between the EHF and the IHF.



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***Thank you very much for your kind
attention and expressed patience
you followed the presentation!***



**Peter Kovacs
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