

#### Criterias for 7-meter and 7-meter with additional punishment



EHF Candidate Course, 11.-16. Dec 2012, SUI Kjersti Arntsen / Guro Røen, NORWAY

#### Agenda

- When 7-meter?
- Criterias for 7-meter
- Definition of clear chance of scoring
- When 7-m + prog.punishment?
- Use of goal area
- Examples and discussion





### When is 7-m awarded?



14:1 A 7-m throw is awarded when

- A clear chance of scoring is illegally destroyed anywhere on the court by a player or a team official of the opposing team
- b) There is an unwarranted whistle signal at the time of a clear chance of scoring
- A clear chance of scoring is destroyed through the interference of someone not participating in the game, for instance (...).

#### Criterias for 7-meter





#### What is a clear chance of scoring?



#### Clar 6

- <u>a player who already has ball and body control at the goal-area line of</u> <u>the opponents has the opportunity to shoot on goal</u>, without any opponent being able to prevent the shot with legal methods
- <u>a player who has ball and body control is running (or dribbling) alone</u> <u>towards the goalkeeper in a counter-attack</u>, without any other opponent being able to come in front of him and stop the counterattack
- <u>a goalkeeper has left his goal area and an opponent with ball and body</u> <u>control has a clear and unimpeded opportunity to throw the ball into</u> <u>the empty goal</u>



Rule 8.3

- Fouls, where the <u>action is mainly or exclusively aimed at the body</u> <u>of the opponent</u>, must lead to a personal punishment. This means that, in addition to a free-throw or 7-meter-throw, at least <u>the foul</u> <u>is to be punished progressively</u>, beginning with a warning (16:1), then with 2-minute suspensions (16:3b) and disqualification (16:6d).
- For more severe fouls, there are 3 further levels of punishment on the basis of the following decision-making criteria:
  - Fouls that are to be punished with an immediate 2-minute suspension (8:4);
  - Fouls that are to be punished with a disqualification (8:5); Fouls that are to be punished with a disqualification and where
  - a written report is required (8:6);



#### We assume: 7-m + prog.pun



#### We assume: 7-m + prog.pun





#### Example – 7m + prog.pun



What kind of punishment is necessary?





#### When is it only 7-m?







## Only 7-m?





#### Use of goal area



6.2 c) 7-meter-throw when a court player of the defending team enters the goal area and because of this destroys a clear chance of scoring (14:1a). For purposes of this rule, the concept "entering the goal area" does not mean just touching the goalarea line, but clearly stepping into the goal area.





# **7-m or not?** This is about as difficult as it gets...









#### Expect the unexpected!!





EHF Candidate Course 2012, Kjersti Arntsen / Guro Røen, NOR