

Progressive Punishment



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European Handball Federation

General Remark



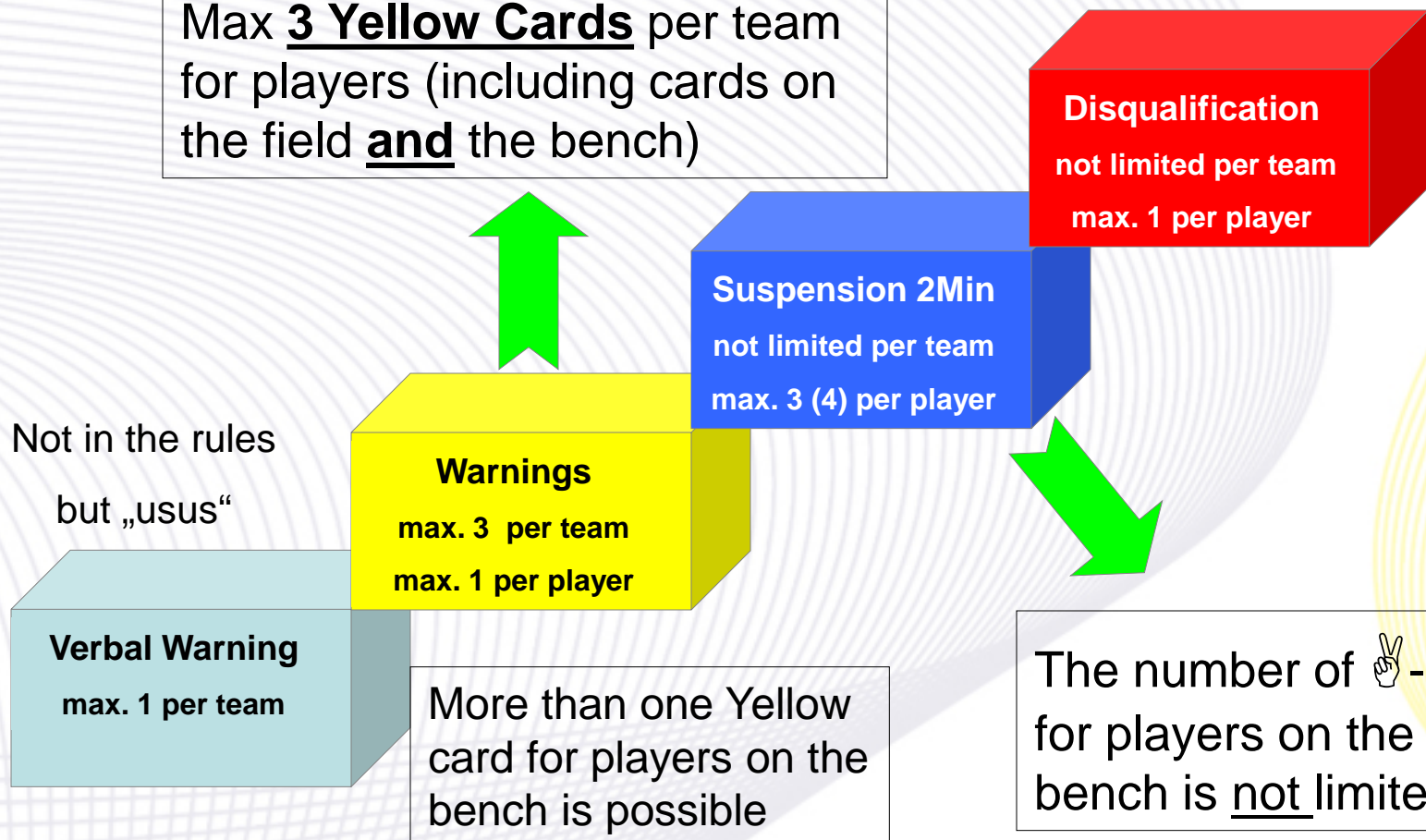
- *An individual player should not be given more than one warning.*
- *A team should not be given more than 3 warnings; next punishment should be at least a 2-minute suspension.*
- *A player, who has already had a 2-minute suspension, should not subsequently be given a warning.*
- *No more than one warning in total should be given to the officials of a team.*

Players



The progressive ladder for players:

Max **3 Yellow Cards** per team
for players (including cards on
the field **and** the bench)



2 + 2 Min Punishment



This „+ 2 Min Suspension“ has to be spoken out for an unsportsmanlike conduct by a player, **before** the game has been restarted, after he has just been given a 2 Min suspension or a red card.

Ref → table ✌ + ✌ = 4 minutes
1 player out for 4 minutes

Red Card + ✌ = 4 minutes
1 player out for 4 minutes



Progressive Punishment - Strategy

- Give clear signals what you want - from the very beginning!
- Chose a progressive line, which you are able to practice during the whole game!
- It's easier to reduce the level of punishments slightly during the game, than to intensify it!
- Same action, same sanction. Take standards!
- Don't miss a chance to balance!

Don't forget:

- Some actions need to be punished directly with 2 Minutes or Red Card.

Progressive Punishment - Strategy

- Be **tolerant** in **frontal** 1:1 actions – body contact is an important element in handball. **But not** against head or neck, and no pushing in the air or pushing with stretched arms.
- Be **sensible** from the **side** – defence is mostly not anymore ball oriented - often progressive punishment necessary.
- Be **very consequent** against attacks **from behind and in counter attacks** → progressive punishment. Usually no Yellow card for fouls in counter attacks.

Officials



The progressive ladder for **officials**:

Yellow: 3 for players + 1 for officials possible

Use the steps you have, but you have to be more consequent regarding the discipline on the benches

Not in the rules but „used“

Verbal Warning

Warning
max. 1 per team

Suspension 2Min
max. 1 per team

Disqualification
max. 4 per team
max. 1 per Off.

Seriously unsportsmanlike conduct leads directly to a Red Card.

An official can be punished with ✌-Min. directly without getting a Yellow Card before.

Bench behaviour

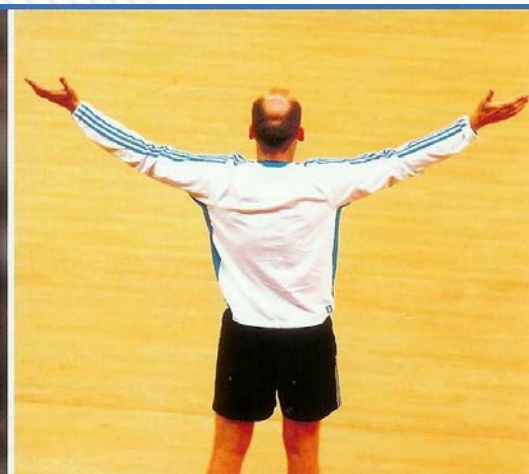


Discipline is needed in the substitution area

Bench behaviour



Wiederholt abfällige Gesten nach Schiedsrichterentscheidungen



Wiederholtes Drängen auf bzw. Hinterfragen von Schiedsrichterentscheidungen

Constant protests by officials in the substitution area against the referees' decisions – either verbally or in form of gestures – simply cannot be tolerated.

**Strategy: Ignore and accept first emotions – use teamwork with delegate – but then be consequent with all your possibilities:
Verbal warning – Yellow Card – 2 Minutes - Disqualification**

Bench behaviour



At any given point in time, the permission to move around and stand while coaching applies to only one official per team. Players have to sit down – except for warning up behind the bench without ball.

Of course we tolerate a second official standing up for a short while doing his job – but not permanent.

Bench behaviour



The team officials must also respect the need for an unrestricted view of timekeeper/scorekeeper and table officials



Thank you for your
attention !