

Presentation for the 2012 EHF Top Coaches' Seminar

Practice Unit III

Fr, 20. Jan. 2012, 14.00 – 15.15

III. Numerical superiority and inferiority 6-5 and 7-6

III.1 → Video Presentation and Introduction 6-5 with two Line players
(HBW Balingen)

2 wide pivots: Starting of Left back during jump with wide pivot + choice behavior = Throwing or passing to pivot/center goes over the block into the gap between the half and the outside defender with block + choice behavior: breaking through or passing to the right winger (**Illustration 2**).

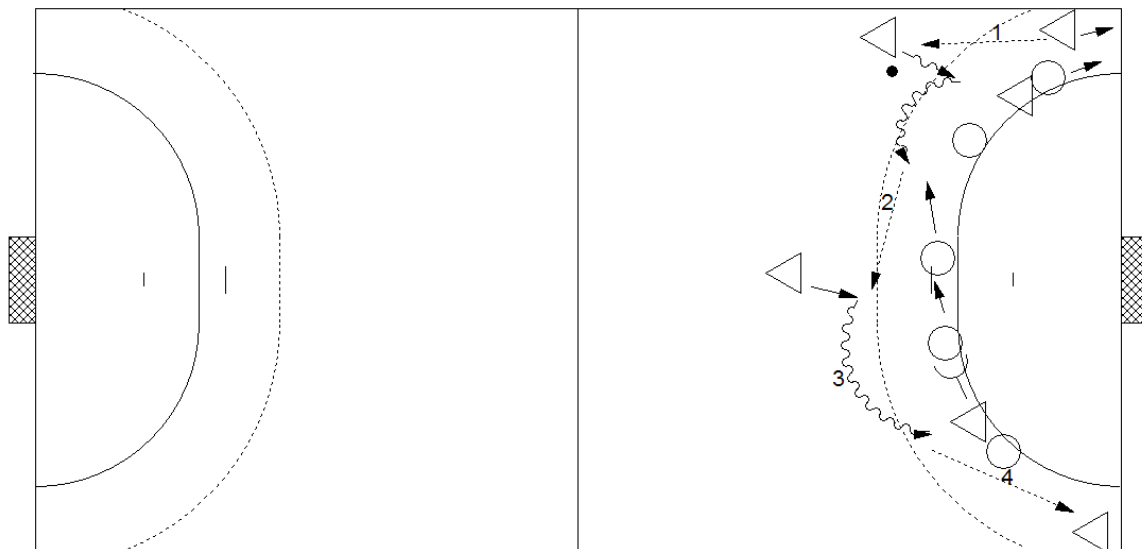


Illustration 2: 2 Wide Pivots in 6 against 5

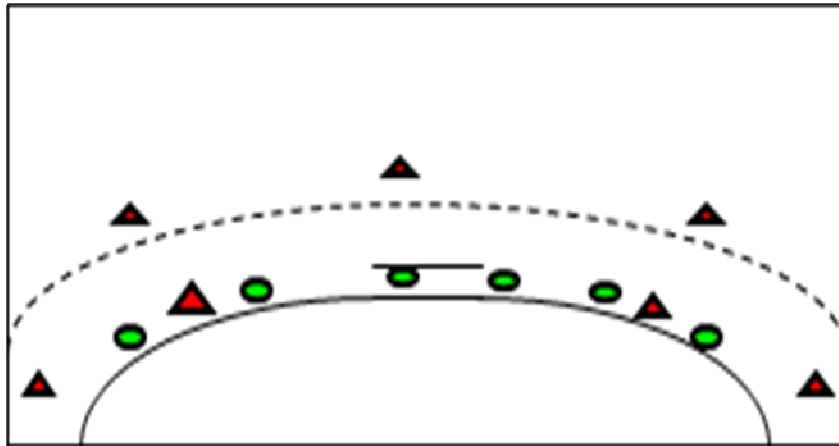
1. 2x Three on Two: Intelligent decision making by Left Back

2. 6:5 with two Lineplayers

III.2 → Video Presentation and Introduction 7-6 without Goalkeeper (HBW Balingen)

1. 7-6 with two Lineplayers

- a) Standard = Left back pass to wide pivot or parallel thrust to the right side
- b) If there is no positioning advantage to the left side → Piston movement with parallel thrust to the right side



2. 7-6 with three Lineplayers

- a) Main principle: Indirect blocks + wide parallel thrust into gaps

