

Specific offence conceptions
used by individual teams

- - Special cases:
- Man disadvantage
- Man advantage
- Fast break
- Fast throw
- Man to man action

Exercises 1

- - Man disadvantage:
- - Barca 1: LW cross RW, RW cross LB
- - Barca 2: without LW, LB cross RB, CB goes paralel
- - St. Petersburg: without pivot, to try to play on the right side 3 against 3 by transition CB
- - LW transition, piston to LB

Exercises 2

- Man advantage:
 - - „Bundesliga”: CB transition on the right side pass the ball back to LB
 - - „negative” piston
- Fast break:
 - - Beside of the side line
 - - Piston from one side
- Fast throw:
 - - „UKR”: LW cross from central
 - - Crosses and Transitions

Exercises 3

- Man to man action:
 - - Offensive and defensive movements
 - - Playing with the time
 - - With blocks and without blocks