



## Curriculum of EHF Delegate Educational Courses

- 1) **ORGANISATION:** EHF in cooperation with National Federations as local organisers  
(High level handball tournament obligatory)
- 2) **TYPES:**
  - a) educational courses for new EHF delegates every year
  - b) regional training courses for EHF delegates (3 year cycle)
- 3) **COURSE LECTURERS/ADMINISTRATORS:**
  - a) 3 lecturers from CC, MC, CC Lecturer Staff, or external specialists
  - b) 1-2 administrators from EHF Office/EHF CAN
- 4) **DURATION:** 3 days
- 5) **LANGUAGE:** English
- 6) **ENTRY CRITERIA:** delegates nominated by National Federations
- 7) **BASIC REQUIREMENTS:** proper command of English language, IHF Rules of the Game and EHF Regulations
- 8) **TESTING:**
  - a) Theoretical: 1 test on event management and regulations (75% = passing criterion), 1 test on refereeing methods and rules (75%= passing criterion), 1 communication skill test in the English language
  - b) Practical: 1 test on officiating and feedback
- 9) **TOPICS OF LECTURES:**
  - a) Event Management
    - EHF Policy
    - Delegates Tasks
    - Safety & Security
    - Social behaviour
  - b) Psychology
    - Philosophy , coaching, team building
    - Mental approach, perception, realities, (incl TAIS test)
    - Authority, stress management
    - Communication, cooperation, conflict
  - c) Refereeing
    - Rule knowledge principle and basics
    - EHF Delegates System
    - Triangle Referee - Delegates - Coach
    - Coaching of Referees
    - Coaching tasks
    - Note taking



- What do we expect from Referees
- Features of a good referee
- Referee performance profile
- Experiences on rule interpretation
- Problem situations and advice
- Special advice on rule interpretation
- Interpretation discrepancies
- Observation task structure
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#### **10)WORKING SESSIONS**

- a) Theoretical: 13,5 hours
- b) Practical: 6,5 hours (officiating, observation tasks)

#### **11)FEEDBACK SESSIONS (6,5 HOURS):**

- a) with the group
- b) with the lecturers

#### **12)Certificate/status/follow-up**

- a) EHF certificate on successful attendance.
- b) EHF delegate status.
- c) EHF CAN Documentation CD containing lecturers' presentations and teaching tools.
- d) Course documentation for download on <http://activities.eurohandball.com/>



## Curriculum of EHF Referee Candidate Educational Courses

- 1) **ORGANISATION:** EHF in cooperation with National Federations as local organisers  
(High level handball tournament obligatory)
- 2) **TYPE:** course for EHF referee candidates nominated by National Federations  
(based on the EHF Structure of Refereeing)
- 3) **COURSE LECTURERS/ADMINISTRATORS:**
  - a) 3-lecturers from CC (refereeing and coaching) and EHF Lecturer Staff
  - b) 1-2 administrators from EHF Office/EHF CAN
- 4) **DURATION:** 7 days
- 5) **LANGUAGE:** English
- 6) **ENTRY CRITERIA**
  - a) A copy of the passport.
  - b) A handball CV of the candidate(s).
  - c) Medical attest of max. 1 month old.
  - d) A summary of the physical tests and the results signed as a true statement by the chief-referee
- 7) **BASIC REQUIREMENTS:**
  - a) Physical conditions (Cooper test, Shuttle Run test etc.)
  - b) Theoretical knowledge (IHF Rules, EHF Regulations etc.)
  - c) Language: Ability to communicate in English.
  - d) Ability to manage a match on the highest national level in a sufficient way.
  - e) Ability to learn "on the job" and to improve.
  - f) Realistic view on his/her actual level of competence and the domains of competency which have to be improved.(realistic objectives).
- 8) **TESTING:**
  - a) Theoretical: 1 rule test
  - b) Practical: 2 physical tests (Shuttle run test, Cooper test)
- 9) **TOPICS OF LECTURES:**
  - a) Expectations (physical conditions, theoretical knowledge, English knowledge)
  - b) Procedure before, during and after a match (preparation for the match, responsibility, interrelations, conversations)
  - c) Refereeing from the coach point-of-view (entering the goal area, passive play, foul in attack play, dramatic behaviour, advantage)
  - d) What do the coaches desire from referees (formal factors, decision-making, communication)
  - e) Fair-play-acting (fake actions, injury or not, provocative behaviour)
  - f) Common line for our success (goalkeeper, back court player, centre back/playmaker, pivot, winger, defence specialist, counter-attack, the order of the substitution area)



- g) Moving path on the court (correct moving, moving mistakes)
- h) Defensive actions in the goal area, 7 m or not? (intentional and unintentional entry, infringement of goal area, blocking dash using goal area and above goal area)
- i) Refereeing is about communication (facial expressions, personality, progressive behaviour)

#### **10)WORKING SESSIONS**

- a) Theoretical: 14,5 hours
- b) Practical: 38 hours (officiating, observation tasks)

#### **11)FEEDBACK SESSION (OBLIGATORY) BASED ON THE EHF EVALUATION SHEET:**

- a) self assessment with referee group
- b) self assessment with lecturer group

#### **12)CERTIFICATE/STATUS/FOLLOW-UP**

- a) EHF certificate on successful attendance.
- b) Recommendation to CC regarding the awarding of status of EHF referee
- c) EHF CAN Documentation CD containing lecturers' presentations and teaching tools.
- d) Course documentation for download on <http://activities.eurohandball.com/>



## Curriculum of Beach Handball Educational Courses

- 1) **ORGANISATION:** EHF in cooperation with National Federations as local organisers  
(High level Beach Handball tournament obligatory)
- 2) **TYPE:** combined course for referees, delegates and coaches
- 3) **COURSE LECTURERS/ADMINISTRATORS:**
  - a) 3-4 lecturers from Beach Handball Commission, Beach Handball Lecturer Staff
  - b) 1-2 administrators from EHF Office/EHF CAN
- 4) **DURATION:** 4 days
- 5) **LANGUAGE:** English
- 6) **ENTRY CRITERIA:**
  - a) Beach Handball experience / involvement in the national Beach Handball activities.
  - b) Under 30 years of age.
  - c) English as a foreign language is obligatory.
  - d) Female referees, delegates and coaches are very welcome.
  - e) Nominations of federations which have no Beach Handball referees and/or delegates are preferred.
- 7) **BASIC REQUIREMENTS:**
  - a) Referees: Health confirmation obligatory (not older than 2 months) – physical test at the course.
  - b) Referees and Delegates: Beach Handball – Rules of the Game 2nd Edition – rule tests at the course.
  - c) Delegates: European Championship Regulations for Beach Handball and the official EHF Beach Handball Match Report – test on regulations at the course.
  - d) Coaches: Basic and advanced knowledge on Beach Handball techniques, playing and substitution strategies.
- 8) **TESTING:**
  - a) Theoretical: 2 rule tests, 1 delegate test
  - b) Practical: 1 physical test (for referees)
- 9) **TOPICS OF LECTURES:**
  - a) For all:
    - History of Beach Handball
    - Marketing (marketing mix, responsibilities and expenses, important people, common objectives, branding, event production, competition guidelines, tips for effective events)
  - b) For referee candidates:
    - Rules (differences between indoor and Beach Handball).
    - Red cards.
    - Progressive behaviour.
    - Progressive punishments.
    - Spectacular goals.
    - Other referee tasks.



- c) For delegates:
  - Tips for new delegates.
  - Delegate's tasks (before, during and after the match; how to manage a protest).
- d) For coaches:
  - Philosophy of Beach Handball.
  - Special players (scorer, assistant, "Trojan Horse").

#### **10) TOPICS OF WORKING GROUPS (DELEGATES/REFEREES/COACHES)**

- a) Prediction for the future.
- b) Rules changing recommendations.
- c) What are the main characteristics that coaches, referees, delegates and athletes must have to be BH protagonists?
- d) Where do you find the main differences between IH and BH your job?

#### **11) WORKING SESSIONS:**

- a) Theoretical:
  - 6 hours for referees
  - 6 hours for delegates
  - 2 hours for coaches
- b) Practical:
  - 22 hours for referees and delegates (officiating)
  - 24 hours for coaches (practical demonstration, observation tasks)

#### **12) Certificate/status**

- a) EHF certificate on successful attendance.
- b) EHF status of Beach Handball referee/delegate/coach.
- c) EHF CAN Documentation CD containing lecturers' presentations and teaching tools.
- d) Course documentation for download on <http://activities.eurohandball.com/>



**EHF Competence  
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## Curriculum of EHF Coaching Courses

- 1) **ORGANISATION:** EHF in cooperation with National Federations as local organisers during an EHF YAC European Championship or EHF Euro Event
- 2) **TYPES:**
  - a) Coaching courses for youth handball coaches.
  - b) Top Coaches Seminar for top level handball coaches.
- 3) **COURSE LECTURERS/ADMINISTRATORS:**
  - a) 3 lecturers from MC, MC/CC (refereeing) Lecturer Staff, or external specialists
  - b) 1-2 administrators from EHF Office/EHF CAN
- 4) **DURATION:** 4 days
- 5) **LANGUAGE:** English
- 6) **ENTRY CRITERIA:** open course, valid registration following financial conditions
- 7) **BASIC REQUIREMENTS:** proper command of English language
- 8) **TESTING / ADDITIONAL OFFER:** no testing, but EHF offer to visit Euro Event matches
- 9) **TOPICS OF LECTURES / PROGRAMME (COMPARE EXAMPLE ATTACHED !!!):**
  - a) Course programme to be worked out and finalized in the EHF MC
  - b) Lecturer nomination proposed by the EHF MC and confirmed by the EHF Technical Delegation
- 10) **WORKING SESSIONS :**
  - a) Theoretical: 14 hours
  - b) Practical: 7 hours [practical demonstrations by lecturers with demonstration team(s)]
- 11) **FEEDBACK SESSIONS :**
  - a) Plenary discussions after lecturers' presentations.
  - b) Daily round-up sessions in language groups.
- 12) **Certificate/follow-up**
  - a) EHF certificate on attendance.
  - b) EHF CAN Documentation CD containing lecturers' presentations and DVD service on practical demonstrations.
  - c) Course documentation for download on <http://activities.eurohandball.com/>

**Programme: 2009 EHF Youth Coaches' Course**



Monday, 17 August 2009			
	Check of conference room and sport hall facilities	Conference Room + Sport Hall	EHF
Wednesday, 19 August 2009			
Afternoon	Indiv. Arrival / Check-In / Accreditation		
17.00 - 18.30h	Leaders' meeting - course organisation		EHF, MKSZ
19.00h	Dinner		
Thursday, 20 August 2009			
08.00 - 09.00h	Arrival, Accreditation		
09.00 - 09.30h	Opening	Conference Room	EHF, MKSZ
09.30 - 10.15h	Speed in attack + technical skills in ball handling	Conference Room	B. Macovei
10.15 - 10.30	Break		
10.30 - 11.15h	Proprio-receptive work	Conference Room	Reiterer
11.15 - 11.30h	Coffee break		
11.30 - 12.15h	Injury prevention focusing on lower extremities	Conference Room	Uni Bochum
12.30h	Lunch	Hotel	
13.30	Departure to Sport Hall		
14.00 - 15.15h	Injury prevention focusing on lower extremities	Sport Hall	Uni Bochum
15.15 - 15.45h	Coffee break		
15.45 - 17.00h	Local stabilisation: Sensomotoric training for lower extremities and the lumbal muscal system	Sport Hall	Reiterer
17.00 - 18.00h	Working session in language groups: Summary and evaluation of Day 1	Sport Hall	
20.00h	"Get together party"	Hotel	
Friday, 21 August 2009			
08:30	Departure to Sport Hall		
09.00 - 10.15h	Speed in attack + technical skills in ball handling	Sport Hall	B. Macovei
10.15 - 10.45h	Coffee break		
10.45 - 12.00h	Drills for goalkeepers	Sport Hall	P. Kovacs
12.00 - 12.30h	Referee guidelines during the ECh	Sport Hall	S. Andorka
12.30h	Lunch	Hotel	
13.15h	Departure to ECh Sport Hall		
14.00 + 16.30h	ECh semi-finals	ECh Sport Hall	
18.30 - 19.30h	Working session in language groups: Summary and evaluation of Day 2	Hotel	
20.00h	Dinner		
Saturday, 22 August 2009			
08:30	Departure to Sport Hall		
09.00 - 10.15h	Station set training focused on legwork	Sport Hall	T. Neukum
10.15 - 10.30h	Coffee break		
10.30 - 11.45h	Fast break and turn over play	Sport Hall	P. Kovacs
12.15h	Lunch	Hotel	
13.30	Departure to Sport Hall		
14:00 - 15.15h	Legwork in Offence (Indiv. technical movement)	Sport Hall	P. Kovacs
15.15 - 15.45h	Coffee break		
15.45 - 17.00h	Legwork in Defence (Indiv. technical movement)	Sport Hall	T. Neukum
17.00 - 18.00h	Working session in language groups: Summary and evaluation of Day 3	Sport Hall	
19.00h	Dinner	Hotel	
Evening	Győr at night (indiv.)		
Sunday, 23 August 2009			
09.00 - 09.45	Comprehensive ECh analysis	Conference Room	T. Neukum
09.45 - 10.30h	Discussion	Conference Room	All
10.30 - 10.45h	Coffee break		
10.45 - 11.15h	Seminar summary / conclusion	Conference Room	EHF
11.15 - 11.45h	Closing	Conference Room	EHF + MKSZ
12.15h	Lunch	Hotel	
13.00h	Departure to ECh Sport Hall		
16.15 + 17.00h	ECh finals	ECh Sport Hall	
19.00	Dinner		
Evening	Individual departure		
Monday, 24 August 2009			
	Individual departure		