

Session 3

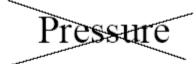
Authority
Stress Management

2009 EHF COURSE for DELEGATES

European Handball Federation



Authority





Bilateral process based on mutual acceptance producing respect.

Legal authority

 \rightarrow ranking, position \rightarrow C1 (cover)

Task authority

→ knowledge, experience → C2 (competence)

Personal authority

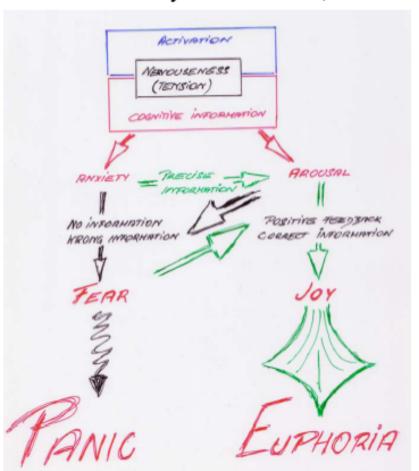
 \rightarrow touch, transfer ability \rightarrow C3 (coolness)

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Twin Factor Theory of Emotions (Schachter)



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