

## SKRBIC TALKS FOR THE PLAYERS

Former FC Barcelona and Serbian national player, Dragan Skrbic, was invited to hold a presentation for the audience of the EHF Competitions Conference. Skrbic talked about his experience from a players' point of view and he also answered the questions of Eurohandball.com.

Eurohandball.com: You have spent your lifetime on the handball courts and now you have come to talk about your experience for the stakeholders of European handball...

Dragan Skribic: I believe that players, in general, are the most important part of handball. Without handball players, there will be no handball or high level handball.

I also believe that the players should be involved in all big decisions concerning the game.

Eurohandball.com: What do you think about the current burden on the players?

Dragan Skribic: For the handballers playing in the big leagues – German, French or Spanish players – there are too many matches. There is a 80% of top players who have 80 matches a year. 20% have around 30 games a year.



The real problem is that there is no time for the players to recover between two major events or competitions. Once they finish a league, the next day they have to start preparations for the next competition.

Eurohandball.com: What did you feel as a player?

Dragan Skribic: When a European Championship has ended in February, I remember that I was very tired mentally. It was difficult to concentrate on the tasks ahead. At the end of the season, on the other hand, I was tired physically.

Eurohandball.com: And what effect did it have on your career or performance?

Dragan Skribic: I played my last national team tournament for Serbia in 2001. I felt that I would not be able to play in such a rhythm, and I have to make the decision to retire from the national team, though I always wanted to play for my county.

TEXT: Eurohandball.com

