



Competitions
Conference

Competition Balance System and Calendar (Left Wing)

Benchmarking Men's Handball



European Handball Federation

- **Calendar:**
- **OGs – every 4 years**
- **WChs - every 4 years**
- **Cont. Chs – every 2 years**



Competitions
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- **In top events more rest days**
- **Travel days are not rest days**

Benchmarking Men's Handball



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Competitions
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- **IF YOU WANT TO WIN GOLD**
- **YOU HAVE TO USE MORE PLAYERS**

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