



# Competitions Conference

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## Focus Athletes - Challenges in Facilitating Top Performance by Jaume Fort Mauri / ESP

- Players want to give their best for their clubs and national teams; it is hard when you are under pressure from both especially when you are injured
- We need to insist on the monitoring of top players (in big leaps, this is happening already)
- The pressure to get results is big, but we should not pressurise the players
- Agrees with Wilbek – involve lots of players. Wilbek strategy successful as Denmark are doing so well
- As a player, nobody advised him how to behave on and off the court
- Suggestion – turn ex-players into advisers/mentors for players, this will enable handball to have more balanced players
- Not all professional handball players are aware of doping conditions, this is normally a task carried out by the clubs and we need to inform the young players
- We need to involve players when preparing competition procedures and ask them how they feel a change in the schedule would benefit them (i.e. when to travel to the next venue etc.)
- Maybe we can play 3x20 minutes? (provocative question)



European Handball Federation