## Competitions <br> Conference

## Team 2 - Left Wing

## Topic 1: National Teams, clubs \& players -A System of Mutual Benefit

## Poster:

## Player:

- Only 16 male and 16 female player are overloaded (DEN)
- The training is too much factoids, is should be more individual.
- Players would like to join the family (decisive bodies)
- Top players have marketing obligations $\rightarrow$ the players have no time due to the tight training and match schedule. (adidas)
- A player representation is necessary. (adidas)
- The matches increase the players' performance and there is no additional training sessions necessary. (UKR)
- The matches are to fast. The speed kills the quality of the shoots and endurance (ESP)
- The training should be improved (we only use $70 \%$ of the capacity)


## Clubs:

- We need a balance between players/national teams/clubs)
- Clubs felt the need to from a kind of union to defend their interests.
- Without the clubs the national federation will have no players, so we must find a way of reduction of the number of competitions/matches in order to achieve this.


## National Teams:

- We should only have 4 big tournaments (1 x Olympic Games, $1 \times$ World Championship and 2 European Championship) all 4 years.
- The matches make the players better.
- We earn the most money from the National Teams.--> Should we reduce the matches?
- There are too many matches.
- We should us more players (18 players in a tournament).
- We should have an A and a B team.


## Notes:

- We have to reduce the intensity of the players.
- The trainers must learn to handle the players. The training has to be individual. The coaches have to train the players individually (No uniform training for all players).
- Only 16 male and 16 female players of a nation have to many stress.
- A top player has to train, play the matches, but due to the tight time schedule, the player has no time to promote the game off the field.
- There is a eternal fight between the clubs and the national federations.
- We should think about the health and the education of the players (not only economic side).
- We should sit together with the players and find together a solution for the most problems.
- Now the players are tiered and injured $\rightarrow$ the most causes are a not correct training and the way we go is not the correct one.
- We have to use more players in a game.
- The National Federation has to think about reducing the competitions $\rightarrow$ that means less money, but a better competition.
- Basketball has less training but more matches a year $\rightarrow$ they need less energy and you can train alone, Handball more training $\rightarrow$ you can not train alone and you need more energy
- The game is too fast $\rightarrow$ more goals, but we are loosing the defence.
- We can train the players more, but in the right way.
- In competitions, where you can use 16 players: the coaches use only the best 78 players; we have the wrong mentality; we have to use all opportunities.
- Maybe we to implement the rule, that each coach has to use each player for some minutes.

