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## Educational Framework Break-Out 2 by Wolfgang Pollany / EHF MC Member

## **Summary:**

- Talent finding / mental skills
  - o Problems 1, 2, 3
    - 1: Measurement very difficult since tools are not available yet.
    - 2.: All tests only designed generally
    - 3: The problem of acceleration / retardation applies
- Coaches' analytic eye inevitable scouting absolutely necessary
- Good coaches must be in command of different systems
- Mental training applies for everyone!
  - o Coaches, young players, elite players
- Reframing of key expressions like mistake, trial, satisfaction
- Follow the KISS system (keep it simple stupid)