



PROFILE/ EXPECTATION OF TODAY'S REFEREES

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- **Preparation like the teams:**
 - **theoretical/tactical**
 - **physical**
 - **mental/psychological**
 - **teamwork/cooperation**





- **Theoretical preparation :**

- knowing of actual trends in tactic and strategy

- knowing of rules

- rules applications

- specific game-situations (pivot, wing, acting/provocation ,etc)





- **Physical preparation :**

- like a players

- regular trainings

- fitness and nutrition program

- running paths, position on field





- **Mental /psychological preparation :**
 - **Concentration skills**
 - **Reaction ability,
„long arm”**
 - **Anticipation**





- **Teamwork/Cooperation :**

- Position , to get better angle
- different defence- and attack systems
- personality and behaviour
- avoid compensation- consistency



