

# **EHF Top Referee Seminars in the Future**

## **Discussion/Referee Inputs – Summary**

### **1) Which Topics should be discussed?**

- a. Behaviour Training
  - o Mental Training
  - o Media Training
  
- b. Video Analysis
  - o Different concepts defence/offence
  - o New trends
  - o Specific situations from the past season on DVD
  
- c. Physical Preparation, Fitness, Nutrition Topics

### **2) Practical Work with coaches? If yes, which topics should be discussed?**

- a. Practical Training with coaches
- b. Test Tournaments

### **3) What else? Other proposals**

- a. External lecturers
  - o Discussion with referees from other team sports
  - o Psychologist – personality test
  - o Delegate – representative to talk about cooperation
  
- b. Referee of the future
  - o Amateur vs. professional
  
- c. Regular pre-season seminar