



EESTI KÄSIPALLILIIT

# WHAT WORKS WELL IN ESTONIAN HANDBALL FEDERATION

Priit Allikivi

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- **Conclusion → many competition for each age and level group + professional and responsible organizers across Estonia**





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- systematic **communication** with players
- periodic examination of **health and physical form**
- **young talents** added to the team



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- twice a year **30 boys and 20 girls** (started with 2004, now at 2006)
- **handball trainings** by the national team coaches
- specific trainings by **invited (also international) coaches**
- **theoretical and practical knowledge** about
  - health
  - rehabilitation
  - injuries
  - public speaking
  - what it means to be an athlete





# CONCLUSION

- 1 many competitions for all ages and professional levels;  
great organization of competitions thanks to good community of  
reliable and professional people
- 2 constant development of men's national team
- 3 talent camps for recruiting young talents

**Thank you!**  
**Time for questions!**