



EHF REFEREE CANDIDATE COURSE IN ST. GALLEN

SWITZERLAND

11-16.12.2012

REFEREE COUPLE GBR

M.MOCEVICIUS / E.SAHIN



EUROPEAN HANDBALL
FEDERATION

ΕΠΙΣΤΗΜΟΝΙΚΗ
ΕΠΙΧΕΙΡΗΣΗ



**Procedures before,
during
and after the match**

AT HOME, BEFORE TRAVEL TO MATCH



- ▣ Prepare physically and mentally for the forthcoming match;
- ▣ Analyse both teams (their playing style, mentality, videos if available, previous seasons/objectives);
- ▣ Communicate with home team/federation and EHF Delegate/s;
- ▣ Confirm travel schedule with each other and host representatives, well in advance.

Find about local culture and the city visiting

DAY BEFORE THE MATCH

- ▣ Arrive at venue;
- ▣ Have meeting with EHF Delegate/s;
- ▣ Have the technical meeting;
- ▣ Have initial inspection of the hall;
- ▣ Have any other necessary discussions with your partner and EHF Delegate/s;
- ▣ Prepare and give undivided attention to the coming match.

MATCH DAY

FORGET HANDBALL AND KEEP MIND FRESH UNTIL ARRIVAL AT THE VENUE!!!

- ▣ Arrive at the venue at least 1 hour 15 minutes before the match;
- ▣ Talk with table officials, floor manager and any other key persons...
- ▣ Prepare for the match;
- ▣ Warm up;
- ▣ Final communication with players, team officials, table officials and EHF Delegate/s;
- ▣ Coin toss.



DURING THE MATCH

- ▣ Try to keep a good and sportsmanlike atmosphere at all times during the match;
- ▣ Keep control of the match at all times;
- ▣ In co-ordination with the EHF Delegate/s keep control of the benches behaviour;
- ▣ Keep contact with your partner, EHF Delegate/s and the table officials throughout the match ;
- ▣ Keep mental note of yellow cards and suspensions;
- ▣ Be fair and impartial at all times;
- ▣ Make sure that concentration is constant throughout.

AFTER THE MATCH

THE MATCH IS NOW FINISHED... NO CHANGES CAN BE MADE

- ▣ Sign scoresheet;
- ▣ Be aware of conversations that each team is having with their coaches... it can be useful feedback from the match;
- ▣ Analysis of referee performance with EHF Delegate/s and discussion of any match report needed;
- ▣ Discuss about the situations occurred on the match with your partner and the Delegate, not only talk about negatives. Positives and Special situation can also help. **IT IS ESSENTIAL TO HAVE CONSTRUCTIVE FEEDBACK AND SELF ANALYSIS FOR CONTINUOUS IMPROVEMENT!**



**AT ALL TIMES, REMEMBER
THAT YOU ARE A REFEREE!!!
IT IS PART OF YOUR LIFE!!!**

